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LOOKOUT

Sept Oct Nov 2013

Issue 68

Editorial:

I guess you might be looking for some words about the lack of what should have been the previous issue. There are none, no excuses, no explanations, it just happened, now it's time to move on.

Lookout for the Future!?!

How should Lookout plan for the future, and evolve in the electronic and social media world? How can Lookout, LinkNotts, QB(Queer Bulletin), The Womens Centre and other networks best complement each other? Is there a future for a quarterly print and email newsletter, and what do you want from this? And, could you help to keep Lookout going? We need women to help for example with reporting, writing, liaising with advertisers, and distribution.

October's Lesbian/bi-women's cafe evening at Nottingham Women's Centre on Monday 14th October (5.30 - 7.30pm) will include time for discussion about Lookout, networking and information sharing. Please do come along and take part in the discussion if you read or send events information to Lookout, or are interested in wider lesbian/bi-women and LGBTQ networks in Notts and E Midlands.

News from the Nottingham Women's Centre

September is an interesting month to be a woman in Nottingham – here's why:

Nottingham Women's Conference, being held on 21st September, is an initiative organised by Nottingham Feminist Action Network with support from Nottingham Women's Centre. The conference aims to bring together women in Nottingham and the surrounding areas to focus on some of the key issues facing women today. The primary motivation of the conference is to promote new ways of thinking about women's rights, to provide an opportunity for networking and most importantly, to reach women who ordinarily would not consider themselves as a feminist.

Conference tickets are now sold out but there are close to 40 different fringe events happening across the city during September so there are still opportunities to participate. The fringe events include:

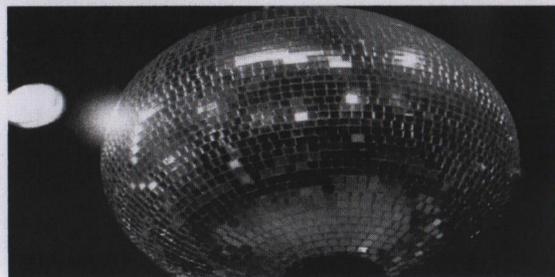
- A performance of 'Lady in Red' at the Nottingham Playhouse on Friday 6th September, 7pm. This is an award-winning play written and performed by Certain Curtain Theatre Company which looks at the story of one woman's struggle to break the 'Chains of love'. Tickets are £6/£3.
- Another Women Stand Up! Comedy Fundraiser at the Maze, Mansfield Road on Thursday 12th September, 7pm. This was a sell out event in March and this time around features the fabulous Kate Smurthwaite. Tickets are £6/£5.
- A discussion on Lesbians and Feminism, followed by the launch of Lesbians in Nottingham, at Nottingham Women's Centre on 20th September from 7pm.

Plus many, many other events (mostly free) – see: www.nottinghamwomensconference.wordpress.com for more info or pick up a leaflet from Nottingham Women's Centre reception.

It's also a great time to be thinking about getting involved with what's on offer at Nottingham Women's Centre. We have our autumn enrolment day coming up here on Wednesday 4th September, 10am – 2pm, with lots of new courses and activities starting. We're also launching a new project – ReNEW – which will strengthen our activities for women with common mental health issues such as anxiety, low self-esteem and depression. ReNEW will be a combination of empowerment sessions, creative therapy and one-to-one counselling. Look out for more information about this on our website: www.nottinghamwomenscentre.com.

LOOKOUT! Is sponsored by CAMPIONS SOLICITORS

WOMEN'S REGULAR EVENTS & SPECIAL ACTIVITIES



Belper Women's Disco

2013 DATES

~~Saturday 15th June 2013~~
Saturday 12th October 2013

8pm til Midnight
(Dj from 9pm)

£5 Entrance on the door

Belper Town Football Club
Belper
DE56 1BA

Email djsixdegrees@googlemail.com for further info

Noted recently that the 12th Oct is being described as the LAST disco to be held at Belper.

It's not long now! We have missed dancing with you over the summer and cant wait for another night of fantastic tunes, meeting you and your friends, chatting and dancing. This night is for all women - black or white, older or younger, lesbian, straight, bi or trans, on your own or with your friends. We try to make it very welcoming especially to those of you who venture out alone, you will soon feel at home and enjoy yourself. DJs Dor and Sarah are always willing to give women the chance to do a guest set to do your own thing and mix it up. So if you already DJ or have always wanted to then get in touch. Hoping to see you on the 7th. We have to finish at 1 so come early to fit all the dancing in

Venue: The federation Club, Claremont Road, Nottingham, NG5 1BH (between Sherwood Rise and Hucknall Rd). We're on Facebook Juicenottingham. 8pm to 1am

JUICE

WAGED: £5
UNWAGED: £3

SATURDAY:
13TH APRIL
7TH SEPTEMBER
7TH DECEMBER
8PM-1AM

FREE PARKING
ACCESSIBLE

FEDERATION CLUB CLAREMONT ROAD
NOTTINGHAM NG5 1BH
(between Sherwood Rise and Hucknall Road)
For more info email:
juicenottingham@yahoo.co.uk or
join Facebook: [juicenottingham](https://www.facebook.com/juicenottingham)

satursday
5th october
8pm - 12.30am

GET UP!

Julie Felix
international Folk Artist
of Distinction

MILLION WOMEN RISE

The Polish Centre
Clumber Avenue
Off Sherwood Rise
Nottingham NG7 6JN

Natalie Duncan
singer/songwriter,
Alternative Brit
Award nominee

women only
all women welcome

DJs from Juice
Compere: Pam Burrows

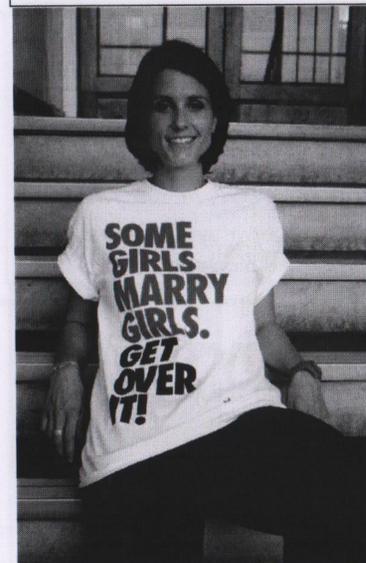
Tickets £10 / £7 / £3
at the door

Find us on
facebook

East Midlands Million Women Rise
Contact: Mo 07970 420713

Benefit

ODDS & ENDS



No doubt many women/girls will be disappointed that Heather chose to re-visit the Guitar Bar as part of her acoustic tour in October. With only 50 tickets available the venue was sold out within half an hour of them going on sale. I thought about tweeting & suggesting she hop over the road to the Polish Centre but it was too late. Should be a great evening - it was last time she appeared there a few years ago.

BITS & BOBS

Derby Assembly Rooms Nov 1st



Long-standing host of Radio Four's News Quiz and Excess Baggage and regular QI panelist, Sandi will be performing her uniquely witty evening of stand-up, stories and fascinating facts.

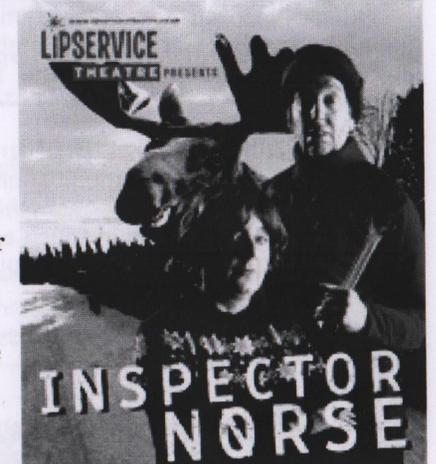
Nottingham Playhouse 5th September

A self-assembly Swedish crime thriller

It is bitter mid-winter. Ex-pop-star recluse Freya looks out of her log cabin at a rural winter scene. She smiles and turns back to her meatballs. But who is the stranger Nordic walking across the frozen wastes? In a fur hat. With a chisel. Days later a man is found dead in a barn nearby with a bizarre message carved on his forehead.

Enter Inspector Sandra Larsson in her authentic, rustic knitwear. With her own personal life unravelling before our eyes, it is up to her to follow the pattern of a mystery with many holes.

Cast on multi-award winning comedy duo LipService, Maggie Fox and Sue Ryding. Cast off your preconceptions as we weave a web of mystery that will have you in stitches!



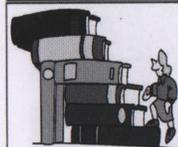
Alison Moyet Royal Concert Hall 27th Oct

New album The Minutes released in May of this year. The iconic voice in the 1980s synth-pop duo Yazoo, revives her electronic roots here, merging with an experimental blend of synth sounds that express modernity, technology and introspection. Producer Guy Sigsworth has built brilliant moments into the album's fabric, demanding listeners be armed with good headphones.

DELICATA
14th September @ 9pm
King William, Milford
Near Belper

You can send your own reviews, requests for further information, donations, adverts, articles and details of social events (by 7th Nov please) to lookoutmag@hotmail.com or to
Lookout C/o The Women's Centre, 30 Chaucer Street, Nottingham NG1 5LP.

Sports & Socialising



Midweek Book Group

Read a set book and then join in with the discussion group

Meeting at 7:30 Canalhouse Bar

If you would like to join us please contact the group co-ordinator by joining the yahoo discussion group: link now on please check on the LinkNotts group email facility

28th August- The Hundred-Year-Old Man Who Climbed Out of the Window and Disappeared- Jonas Jonasson

9th October- Pigeon English- Stephen Kelman

27th November- The Clothes on their Backs- Linda Grant

8th January- Bel Canto- Ann Patchett

Sapphist Writers

Nottingham Based Women's Writing Network

Meets Second Monday of Every Month, 7.15pm
For more info email sapphistwriters@yahoo.co.uk
<http://sapphistwriters.blogspot.com/>

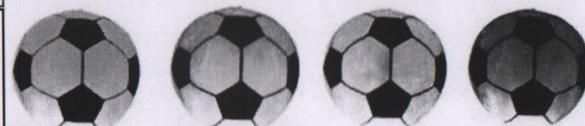
Lezzie Family Group

Meet on the second Sunday of the month at Stonebridge city farm

Talking of football check out the forthcoming tournament on page 5

Lesbians in Nottingham konnected:

An online community/ email group in Nottinghamshire for lesbians to keep in touch and informed
<http://groups.yahoo.com/group/linknotts>



Sherwood Ladies 5-a-side footie

Meet every Tuesday 6 - 7 at the Forest Astro Turf (Goose Fair site)
Suits all levels of fitness & ability, everyone welcome

More info Julie Bennett 07790 998205 or email joolzy_joolz@hotmail.co.uk

WOMEN'S BADMINTON
PORTLAND LEISURE CENTRE
Newcomers please check for details



THURSDAY EVENING or possibility of **SATURDAY MORNING**
For details of either session contact Ruth or Rachel on 0115 982 6952

Sunday Walking

NOTTINGHAM HIKING DYKES walk 3rd Sunday of the month at 10:30.

See the brilliant new web site at www.nottinghamhd.org.uk

15th Sept : Youlgreave, meet at Coldwell End car park, not free but cheap. 7 mile walk

For full details of the various walks and camping events please make contact direct with the group

or www.peakhd.webs.com or ring Lesbian and Gay Switchboard 0115 9348485

Future dates 17 Nov, 15 Dec, 19 Jan, 16 Feb, 16 March.....walk leaders wanted. Contact Notts HDs direct



Derby Walking Women

Walks are normally on the 1st Sunday of the month, meet at 10:45 for 11:00 start, each walk is organised by volunteer(s) and full details are given out on the walk the month before or check out the website <http://www.derbywomenswalkinggroup.webs.com>

Sun 1st Sept

Hathersage meet at the car park Oddfellows Road S32 1BN for a 5 mile walk

Loads of interesting things to see on the way with picnic lunch at a very gruesome spot

Afterwards we'll go to a pub or coffee shop depending on general consensus.

Details can also be obtained by contacting the overall co-ordinators on 07786 803455 (or an email can be sent on to them via lookoutmag@hotmail.com)



North Nottinghamshire Walking Group

The group is not able to do regular walks at the moment but make contact direct to find out the latest.

Phone Julia 07961 847091 or email nnwalkers@yahoo.co.uk for more details.

SHEFFIELD HIKING DYKES All Sunday walks start at 10:30 unless otherwise stated. Contact the group direct for details of locations and other walks. A full & varied programme of walks throughout the year. Check out their website <http://hikingdykes.webs.com/sheffield/> or phone Deena on 0114 268 6409 or Sandra on 01226 767179 or email sheffield-hd@hotmail.com

Peak Ruffy walks: These walks are for women who like walking longer and faster and over more challenging ground. Hikes are usually about 10 to 14 miles in the Peak District on the last Saturday of the month.

Information about forthcoming walks is posted to members of the peakruffies yahoo group. You can join this group by emailing: peakruffies-subscribe@yahoogroups.com

<http://peakhd.webs.com/walks.htm> ALL the walking group dates in calendar format

Almost like walking.....FOOTBALL

Football v Homophobia Tournament

University of Nottingham Sports Centre
University Park

Saturday 7th September

Teams are 6 aside with unlimited subs and the player fee is £5 per player. There is a male and female tournament as due to FA rules, we cannot accept mixed teams. England Women's football captain Casey Stony will be joining us at the event as our guest. For more information or to book a team, please email lgbtq-staff-network@nottingham.ac.uk.

See You Next Tuesday!

for girls who like girls

NEW VENUE

meet. chat. laugh.

Every Tuesday 8pm
Broadway Media Centre

[facebook.com/syntgirls](https://www.facebook.com/syntgirls)
syntgirls@hotmail.co.uk

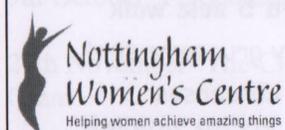
INTERESTING STUFF

Nottingham Women's History Group Celebrate, promote and research the contribution of women to Nottingham's history

We run a series of talks, walks, visits – why no join us – open to all who have an interest in women's history
Next talk Saturday, 28th September 2013, 2pm - 4pm at the ICC, Mansfield Road, Talk on Children of the Croft, based on research into the 1960's project for unmarried mothers.

For further information contact
Nottingham Women's History Group

www.nottinghamwomenshistory.org.uk
nottmwomenshistory@gmail.com
Tel Mo 07950 472022



Lesbian/Bisexual Women's Cafe

Second Monday of each month 5:30 - 7:30 meet in a relaxed atmosphere & catch up with old friends, meet new people. Food & non-alcoholic drinks available for small donation.
Newcomers always made welcome.

Thanks to everyone who's already given feedback about the Community Stage at Pride - some helpful comments about possible improvements, and I'm glad to hear that people mostly enjoyed it :-). All very useful to feed back to Pride, and for our own discussions of how it went.

If anyone else wants to chip in with your thoughts before then, you still can and it would be much appreciated.

The survey link:
<http://www.surveymonkey.com/s/JVLWJJR>

THE Lesbian Music & Arts Festival



Lfest was fab.....be amazing if we could all go next year....the entertainment was brill. Dance classes, meditation, discos, karaoke, Claire Summerskill's cabaret show, etc.....brill weekend....oh & Delicata too

Hi lovely Notts Link women. We are organising another great benefit night for the women of the East Midlands to support the Million Women Rise campaign to end violence to women and girls. We have a brilliant line up including Julie Felix a true blast from the past and still in fine voice at 75! She has been headlining for more years than I care to remember and has an amazing stage presence. Natalie Duncan is a rising star with a beautiful voice. She recently appeared on Later with Jools. As usual we have the DJs from Juice to keep you dancing all evening, Pam Burrows will entertain you all between sets and the glittery raffle vendors will be coaxing the last pennies out of your pockets for this very good cause and some exciting prizes. Be there at 8 so you don't miss a minute.

Lezzie Family Group

We still meet on the second Sunday of the month, not sure when next date is this time. We meet about noon at the Stonebridge City Farm. Its a smallish group, usually just a few mums/grannies and their kids who tend to be from new born to about 10 now. We are open to suggestions about meeting someplace else if that's what women want. The farm is free (tho donations are always welcome), there is a cafe selling hot and cold food, a small play area, animals to feed, a fruit and veg garden and plant/veg sales. Women can ring Judi on 07888657916 if they want before they come or just turn up.

HELP & SUPPORT — this hasn't been updated for a while

Nottingham Rape Crisis Centre

If you have been sexually assaulted and need help, information, or someone to talk to phone 0115 941 0440. Confidential, free and independent.
Run by women for women

Outburst! Is an LGBT group for young people aged 11 to 25. Meet at NGY Myplace every Wednesday from 6:00 to 8pm.

Contact details
Info'outburst.org.uk
0115 952 5040

Nottingham Police LGBT Consultation Group.

Meets every 3 months (usually at the Adams Building in the Lace Market). Representatives from local lesbian/bi groups are welcome. Details via Switchboard or the GAI Project.

Broken Rainbow Helpline 020 8539 9507 for lesbians experiencing abuse from their partner.

FLAME (Lesbians with ME group) Support & social group for lesbians with ME (Chronic Fatigue Syndrome) contact Self Help Team, Ormiston House, 32-36 Pelham St. 0115 911 1661 or Morag on 0115 847 1544 or email: morag-@ntlworld.com or nottslesbiancentre@ntlworld.com

Relate Nottinghamshire

The Relate counselling service is available to all adult couples experiencing problems in their central relationship, including gay and lesbian couples. Tel: 0115 950 7836.

Services include Family Counselling, SexTherapy, Relationship Education and training courses

Nottingham LGBT Consultation Forum

(formery Notts LGBT Community Voice)

(and before that the LGB Forum)

meets every 3 months, and can be contacted via Switchboard (0115 934 8485), the GAI Project (0115 947 6868) or the City Council

Tipping the Velvet

Advice for women who have sex with women. Advice & help with sexual health, drug use, domestic violence, etc. Service is free & open to women of all ages. For more info contact Donna. The Health Shop, 12 Broad Street, Hockley, Nottingham NG1 3AL or 0115 947 5414 or healthshop@nottinghamcity-pct.nhs.uk

Nottingham & Nottinghamshire Lesbian & Gay Switchboard

Confidential info, advice & support from trained volunteers.

C/o VAC, 7 Mansfield Road, Nottingham NG1 3FB or e-mail notts@lgswitchboard.fsnet.co.uk

0115 934 8485 or 01623 621 515 Mon - Fri 7.00 - 9:30 pm

Domestic violence within Lesbian and Bisexual relationships

Roshni Community Outreach service for ALL women 0115 988 1414

Monday to Thursday: 9-5 pm

Friday: 9-4.30 pm

Broken Rainbow helpline

08452 60 44 60

Monday: 2 - 8pm Wednesday: 10 - 1pm Thursday: 2 - 8pm

Every Thursday Evening 6:30-7:30pm

At Self Help Nottingham
2nd Floor, Ormiston House
32-36 Pelham Street
Nottingham NG1 2EG

For more details contact the Self Help Nottingham Information Line on 0115 911 1661 (9am-1pm Mon-Fri) or email info@selfhelp.org.uk

This group is supported by The Recovery Network at Self Help Nottingham. For more information about finding, joining or starting a self help group contact: 0115 911 1662 therecoverynetwork@selfhelp.org.uk



We can help you break free
Confidential help - 24 hours a day
7 days a week, 365 days a year
Freephone 0808 800 0340
Textphone 0808 800 0341
Office 0115 947 5257
www.wais.org.uk