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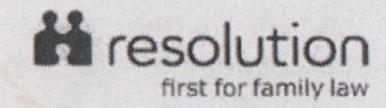
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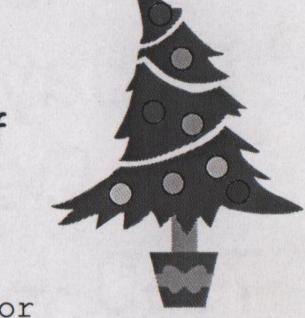


Dec 08 Jan Feb 2009

Issue 49

Merry Christmas

I can feel a strange compunction to conform to the annual wheeling out of festive spirit even though it's only the beginning of November so you'll probably notice a bit of a thread throughout this issue of Lookout.



Disclaimer To All Friends and/or Colleagues and/or Persons



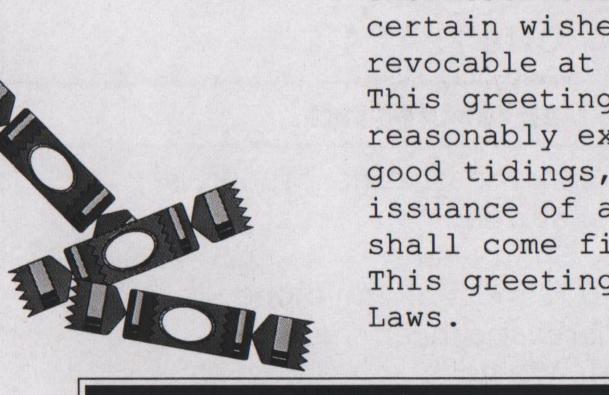
From me ("the wisher") to you ("the wishee") please accept without obligation, implied or implicit, my best wishes for an environmentally conscious, socially responsible, politically correct, low stress, nonaddictive, gender neutral, celebration of the winter and/or summer solstice holiday, practised within the most enjoyable traditions of the religious persuasion of your choice, or secular practices of your choice, with respect for the religious/secular persuasions and/or traditions of others, or their choice not to practice religious or secular traditions at all. I wish you a financially successful, personally fulfilling and medically uncomplicated recognition of the onset of the generally accepted calendar year 2009, but with due respect for the calendars of choice of other cultures or sects, and having regard to the race, creed, colour, age, physical ability, religious faith, choice of computer platform or sexual preference of the wishee.

By accepting this greeting you are bound by these terms that:-

This greeting is subject to further clarification or withdrawal. This greeting is freely transferable provided that no alteration shall be made to the original greeting and that the proprietary rights of the wisher are acknowledged.

This greeting implies no promise by the wisher to actually implement any of the wishes. This greeting may not be enforceable in certain jurisdictions and/or the restrictions herein may not be binding upon certain wishees in certain jurisdictions and is revocable at the sole discretion of the wisher. This greeting is warranted to perform as may be reasonably expected within the usual application of good tidings, for a period of one year or until the issuance of a subsequent holiday greeting, whichever shall come first.

This greeting is made under current UK and European Laws.



LOOKOUT! Is sponsored by CAMPIONS SOLICITORS

WOMEN'S REGULAR EVENTS & SPECIAL ACTIVITIES

Women only

DISCO

Friday 19th Dec

7:30 - 12:00

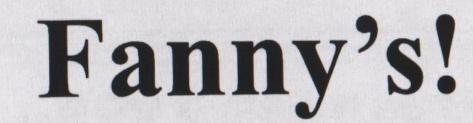
(Bar til 11:00)

British Legion Hall Derby Road Melbourne

Dancing to DJ Mandy

£3 entry (including buffet)

Full travel directions available from lookoutmag@hotmail.com



Women Only Night

Upstairs @ The Canalhouse Bar, Canal Street, Nottingham NG1 7EH (Next to Via Fossa)

Sat 29th November 08 8pm - 1am

Disco starts at 9pm

£5 Entry

Although this venue is upstairs, there is a

Tickets will only be available on the night.

Any queries please email: fannys.nottingham@hotmail.co.uk

Other goings on

Back in the summer we took over the late, lamented Lipstick Lounge.

This time, by popular demand, we're going Bowling!

Banna Nights are a chance to meet up with old friends and new, but also an opportunity to find out about places to go, things to do and people to meet in Nottingham. All LBT women (and their women friends) are welcome, but especially anyone new to the Nottingham scene. Last time we had a lovely mix of women of all ages, and it was a great night. Friday December 12th, Meeting at Lee Rosy's, 7pm (opposite Broadway Cinema), then onto bowling for about 8, and finally, down to a gay-friendly watering hole. As before, we'll be wearing rainbow badges!

> For more information please email bannahousing@ yahoo.co. uk or text 07770895697

Banna Lesbian Co-op Night Out For those of you not otherwise engaged there's going to be another women only night in Leicester

RUBYFRUIT

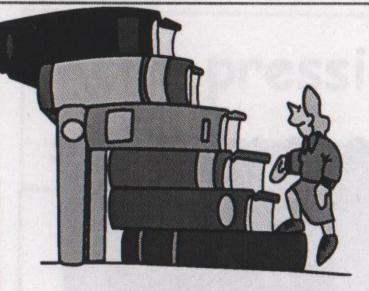
LGBT Centre, 15 Wellington Street, LE1 6HH Saturday 6th Dec from 8pm Tickets in advance go to www.llgbc.com or phone 0116 254 7412

ADVANCE NOTICE

Women only breast cancer fundraiser When? Saturday 14 February 2009 Where? Abbey Sports centre, Slater St Leicester How much? £10 (almost all the money raised goes to breast cancer charities) DJ? We have a new one!

Further details of how to get tickets etc to follow

Midweek Book Group



Issue 49

We are a small (but growing) group of women who meet every six weeks or so to discuss an agreed book (and sometimes even watch the film adaptation of said book).

Our next meeting is on Weds 10th December, upstairs in the Broadway Mezzaine Cafe at 7.30pm. We will be discussing Alice Sebold's The Lovely Bones. If you would like to join us please contact the group

co-ordinator by joining the yahoo discusion group: midweekbookgroup-subscribe@yahoogroups.co.uk

Sapphist Writers:

Informal lesbian writing group, meets third Tuesday of every month at Nottingham Women's Centre. Please email

sapphistwriters@yahoo.co.uk for more info



I'm a lesbian mum with a 20 month old daughter who goes to nursery while I work part time. We like going swimming, to soft play and to parks. We know some other mums and toddlers but they are all straight - the mums anyway. It would be good to meet some lesbian mums so our children can play together and get to know each other and we mums can have a chat and a laugh.

> Please e mail me to arrange something dionneslaney@hotmail.com

For those of you who haven't already heard... it's my sad duty to break the news that Niche Bar in Nottingham has closed and therefore the Lipstick Lounge is no more.

A big thanks to everyone who has supported the night over the last year and a special thanks to all the fantastic performers who have played for us.

With the closure of Niche I am not sure if the night will continue but I will have a look at some alternative venues and if there is enough interest I will do my best to get it up and running again.

In the meantime please come and see us at the monthly 'Girls With Guitars' night at The Wax Bar in Broad Street, Nottingham on the 2nd Wednesday of each month... this Wednesday (12th Nov) sees Sarah Bard, KMF and myself performing... FREE ENTRY from

www.myspace.com/girlswithguitarsnotts

LAFS

Lesbians in Ashfield Friendship & Support

Would you like to meet other women who are lesbian, bisexual or uncertain of their sexuality? Come along to this informal group run by lesbians, for a confidential chat, gain information/support, make new friends and have fun.

Meet last Wednesday of each month 7.00pm-9.00pm At Ashfield Womens Centre, Diamond Avenue, Kirkby in Ashfield In a safe, accessible, women only space

To find out more details phone Cheryl or Alison on 01623 473010 (Mon -Fri 9.30am-1.30pm) Or leave your name & number confidentially on 07849 798802 & Alison or Cheryl will phone back

Badminton VICTORIA LEISURE CENTRE ADJACENT TO



SNEINTON MARKET THURSDAY EVENING 9PM-10PM &/or SATURDAY MORNING

(very occasionally the venue has to change due to other events at Sneinton so please ring first if you're new).

For more details

Contact Cate on 07796 581651

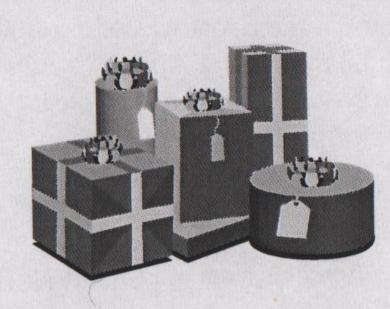
HIDDEN TALENTS

@ The Maze Mansfield Road Next dates Wed 17th December Thurs 22nd January





Affordable Seasonal gifts for the dyke in your life



St Anns Allotments Heritage Project

I know there are a number of Lookout readers who have an interest in local history, and others who are keen on gardening, so here's a chance to be involved in an exciting history project at St Anns allotments. Our allotment site was established around 1835 - probably the oldest and largest in Europe. We have recently secured funds from the Heritage Lottery Fund to help us preserve the heritage of the site and there are lots of opportunities for being involved in this exciting through

- Recording oral history
- Researching: people, places, plants
- Archiving

Practical help on the heritage plots

There are also opportunities to volunteer with

- Habitat and wildlife conservation
- Renovation of overgrown gardens

Uncovering and restoration of heritage features

For more information contact Mo Cooper

Tel 0115 911 0207, e-mail: mo_heritage@staa-allotments.org.uk or visit our web site on http://www.staa-allotments.org.uk/





International Women's Day 2009- advance notice

Marking our history

We are planning a women's history talk in Nottingham to mark International Women's Day. Date and route still under development – probably late February. This means the next Lookout will be too late to promote the event. So if you are interested please contact Mo on mocooper@yahoo.co.uk or tel 07950472022 with your details and we'll contact you when we've finalised details.

Million Women Rising

There will be another Million Women Rising march for international women's day 2009 in London. The march is a response to the continuing impact of all forms of violence against women. Details still being ironed out. For more info contact http://www.millionwomenrise.com



Dancing Dyke
snazzy socks
leather sole shoes
jewels
magic knickers
light sticks
'phone credit

Running Dyke fluorescent vest

Walking Dyke
waterproof gloves
hand warmer
mini gaiters
thermal headband
'phone credit
waterproof map cover
trek poles
folding mat to sit upon
multi tool
compass
hat or very stoopid hat
thermos flask

Woodworking Dyke

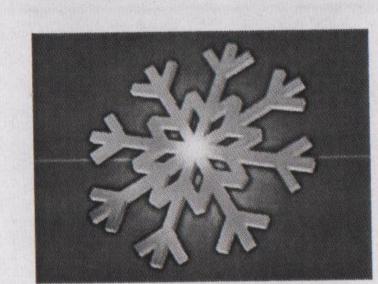
wood chisels
sharpening stone
1-day workshop fee or
evening classes
block of wood
tree trunk

Chainsaw Dyke chainsaw gloves chainsaw oil

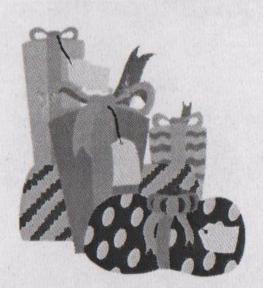
News, articles, forthcoming events, sporting fixtures, clubs, groups and any miscellaneous items of interest for the next issue of Lookout to lookoutmag@hotmail.com by February 7th please

More pressies

Issue 48



dog bowl
low fat treats
collar and lead
brush
rubber chicken
balls
car boot liner
waterproof
car seat covers
collapsible dog bowl
rainbow umbrella
scented plastic bags
place mat
water bottle



Nottingham PRIDE

A message from Ian Robson, Chair of Nottingham Pride

Nottingham is proud to have a Pride which is a FREE annual LGBT (Lesbian, Gay, Bisexual, Trans) festival which is run in The Arboretum Park in Nottingham on the last Saturday in July.

The purpose of pride is to provide a safe focal point to bring together our community to celebrate our diversity and a sense of pride which for some people may be difficult in every day life, due to prejudice and injustice.

Nottingham Pride is a registered charity run entirely by volunteer Committee members. We are self funding and each year have to raise the finances to cover the costs of providing such an event. We are able to do this by applying for grants and from the amazing support we receive from our local LGBT businesses that support us in fundraising events. However this takes a lot of time and effort on behalf of the committee.

We are looking for individuals who may be interested in joining our trustee board or would like to be a volunteer on the day to get in touch with us by emailing me on chair@nottinghampride.co.uk or ringing us on 07599524087. We are actively supporting applications from both the younger and mature members of the LGBT community as they are under represented at present and we would like to explore ways in which we can be more inclusive to these groups.

loads going on in leicester

Are you a parent, carer or guardian who is lesbian, gay, bisexual or transgender?

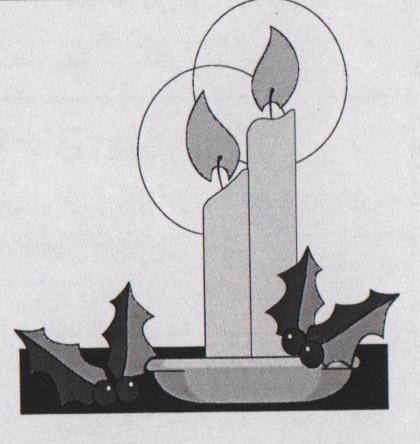
A family support project ran successfully at the Centre several years ago and we're now looking at the possibility of setting a similar project up. In the meantime, we'd love to hear from any parents, carers or guardians who'd be interested in an initial informal social meet-up. Please reply to this email with your contact details if you are interested and we'll be in touch in the next few weeks.

For more information on all groups and services, visit our website at www.llgbc.com, email info@llgbc.com or call us on 0116 2547412.

Take the Lead – Get It On – for World AIDS Day 2008
A whole host of events culminating in
Monday 1st December – World AIDS Day 2008

Join staff in Rainbow & Dove and Dover from 8pm for a special World AIDS Day 2008 fundraiser event

For full details visit our website <u>www.tradesexualhealth.com</u> and click on World AIDS Day or contact the Trade office on 0116 254 1747.



Walking Groups

NOTTINGHAM HIKING DYKES walk on the 3rd Sunday of the month at 10:30.

Sunday 21st Dec Bakewell 6 miles meet on town side of pedestrian bridge GR 221684

Sunday 18th Jan Baslow meet by the Village Hall at the P&D car park GR258722

Sunday 15th Feb Bonsall meet at the Old Queen's Head GR 280580

Sunday 15th March Wirksworth meet at the National Stone Centre GR 287552

Details of these and further walks from

Lesbian and Gay Switchboard 0115 9348485 or www.nottinghamhd.homestead.com



Derby Walking Women

Sunday 7th December meet 11:15 for 11:30 start in Glenwood Road off the A514 Swarkestone Road, Chellaston for an easy, flat walk of 4 to 5 miles.

(Walks are normally on the 1st Sunday of the month, each walk is organised by volunteer(s) and full details are given out on the walk the month before).

Details can also be obtained by contacting the overall co-ordinators on 07786 803455 or an email can be sent on via lookoutmag@hotmail.com)

North Nottinghamshire Walking Group

This is a friendly group open to all Lesbian and Bi-Sexual Women living in or near North Notts. Walks are held on the second Sunday of each month and are generally 4-8 miles long. The walk organiser suggests that all participants bring appropriate clothing, waterproofs & footwear, and refreshments for each walk.

Sunday 14th December 11.00am - Fiskerton Meet at a parking area/picnic area by the River Trent on the left if coming via Rolleston or the right if coming via Southwell. Postcode is NG25 0UL.

Phone Julia 07961 847091 or email nnwalkers@yahoo.co.uk for more details.

SHEFFIELD HIKING DYKES

Sunday 7th December meet at Carlton Lees the Chatsworth Garden Centre car park 7.5 miles

Sunday 4th January meet at Edale car park 6 miles

Sunday 18th January Rivelin Valley meet at car park GR 292 874 6 miles

Sunday 1st February meet at Hathersage station 7.5 miles

Sunday 15th February meet at Bamford station 6.5 miles

All walks are on Sundays and start at 10:30 unless otherwise stated.

Contact the group direct for details of locations and definitive times for evening walks.

A full & varied programme of walks throughout the year, for further details check out their

website http://www.freewebs.com/hikingdykes/sheffield/index.html or

phone Sandra on 01226 767179 or email sheffield-hd@hotmail.com



Peak Rufties are for women who like walking longer and faster. Hikes are usually about 10 to 12 miles in the Peak District on the last Saturday of the month. The next dates are Nov 29th, Dec 27th, Jan 31st, Feb 28th, Mar 28th & Apr 25th For details of upcoming hikes, email jeanelle@degruchy.co.za or vivpointon@hotmail.com or phone Viv on 0115 973 3717.

Crimble Bimble - the gentle Peak Rufty Christmas wander that's open to all.

Meet at Grindleford café for breakfast from 8:30 or ready to walk at 10:00. Exact route will depend on numbers but it'll be approx 8 miles of relatively easy walking.

Contact Viv on 0115 973 3717.

You may be interested in this mailing list - chatty, worldwide, helpful and lesbian!

All you do to subscribe is send an email to: mailinglist-subscribe@lesbiangardens.net.

Website at lesbiangardens.net too

HELP

Nottingham Rape Crisis Centre

If you have been sexually assaulted and need help, information, or someone to talk to phone 0115 941 0440.
Confidential, free and independent.
Run by women for women

Women's Drug Service

Free and confidential service for women who use, have used or are at risk of using drugs.
Tel: 01623 785 444

Outburst! Is an LGBT group for young people aged 11 to 25. Meet at Base 51 every Monday from 5:30 to 8pm.

Contact details 07940 761160 0115 915 882

Nottingham Police LGBT Consultation Group.

Meets every 3 months (usually at the Adams Building in the Lace Market). Representatives from local lesbian/bi groups are welcome. Details via Switchboard or the GAi Project.

Broken Rainbow Helpline 020 8539 9507 for lesbians experiencing abuse from their partner.

FLAME (Lesbians with ME support group).
Social & support group for lesbians with ME/Chronic Fatigue Syndrome meets monthly. For more details contact Morag on 0115 916 2672 or email: morag-@ntlworld.com

Please feel free to send us updates to this list

Relate Nottinghamshire

The Relate counselling service is available to all adult couples experiencing problems in their central relationship, including gay and lesbian couples. Tel: 0115 950 7836.

Services include Family Counselling, Sex Therapy, Relationship Education and training courses

Nottingham LGBT Consultation Forum

(formery Notts LGBT Community Voice)
(and before that the LGB Forum)

meets every 3 months, and can be contacted via Switchboard (0115 934 8485), the GAi Project (0115 947 6868) or the City Council Action on Diversity Team (phone John Cowings on 0115 915 7244).

Citizen's Health Panel

Nottingham City's Primary Care Trust is setting up a Citizen's Health Panel – in the interests of diversity and participating in shaping our local NHS, I'd like to encourage any of you who are City residents to join the Panel

If you would like to join the Citizens' Health Panel contact the PCT on 0115 912 3320 or email <u>citizenshealthpanel @nottinghamcity- pct.nhs.uk</u> and they will send you an application form. See: http://www.nottingh.amcity-pct.nhs.uk/patient--public-involvem.ent/chp

House to Let

MORRIGAN LESBIAN HOUSING CO-OPERATIVE

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How much? £346.66 per calendar month (£80.00 per week).

Why Apply?:

Better tenancy conditions than the private sector; you are in control of your own housing How? The tenants of Morrigan are also it's landladies. In practice tihis means the tenants meet monthly to oversee the administration to keep the properties in good repair and set/ collect the rent.

Be politically active.

An opportunity to learn how to manage property.

For more information contact: morrigancoop@aol.com or phone 0115 9781906 and leave a message of your contact details so we can send you an application form.