

# FOREST FIELDS NEIGHBOURHOOD LINK

SUMMER 1993 ISSUE NUMBER 10

This is issue number 10 of Forest Fields Neighbourhood Link. It should be delivered to you with a new edition of the Forest Fields Handbook which has been produced by popular demand to provide you with more information about the services groups and activities available in this area. If you have not received your copy please call in to the Neighbourhood Centre and collect it.

Please continue to support this newsletter with your contributions and comments. Help is needed with deliveries and collating the pages as well:

**MEETING FOR ANYONE WITH HALF AN HOUR OR MORE TO SPARE TO HELP WITH THE LINK, WILL BE HELD ON MONDAY JULY 19TH AT FOREST FIELDS NEIGHBOURHOOD CENTRE, ADDRESS BELOW.**

Many thanks again to THE BIRKIN GROUP for the FREE printing of this newsletter without which it could not be produced and circulated to every house in the area.



ترجمہ تحفہ بزرگ اور کمال پر مدد فرمائیے

ਮਨੁਹਾਰ 536 ਏਸਟ ਰੋ. ੳ



# Local News

## **RUBBISH CLEARANCE NOTTINGHAM CITY COUNCIL CLEAN UP CAMPAIGN**

If you live on the following streets you can have all your unwanted rubbish cleared away by the Cleansing Department. Please remember to leave articles outside your front door between 8 - 12 am on the appointed days.

### **SATURDAY 5TH JUNE**

Windermere, Bradgate, Stanley, Tissington, Harcourt, Gibson and Albany Roads.

Laurie, Austen and Beech Avenue.

Hedley, Falcon, Regent, Sturton, Gladstone, Shaftesbury and Alma Street.

East, Ivy, Falcon and Meynall Groves.

Hedley Villas.

Laurie Close.

### **SATURDAY 19TH JUNE**

Berridge, Burford, Russell and Ewart Roads.

Noel and Beaconsfield Streets.

## **G I N G K O S**

**FRESHLY BAKED  
VEGAN AND  
VEGETARIAN  
FOODS**

*Pies, pizzas, sos rolls and cakes*

### **WE ALSO STOCK:-**

*soya milk, fruit juice,  
tofu, pates, spreads  
and toiletries*

**GINGKOS** is situated on the corner of Foxhall Rd and Berridge Rd

Tel No: 856019



## **GREENFIELDS NURSERY**

**HAS SOME VACANCIES  
FOR FULL FEE PAYING  
PLACES PLEASE RING  
785536 FOR INFORMATION**

Greenfields Centre Ltd 139 Russell Rd Reg. Charity No. 702308



# What's going on at the Neighbourhood Centre

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**YOU ARE INVITED TO THE**

**ANNUAL GENERAL MEETING  
OF  
FOREST FIELDS  
NEIGHBOURHOOD CENTRE**

**MONDAY JUNE 7TH AT  
FOREST FIELDS  
COMMUNITY CENTRE  
Sturton Street  
Forest Fields**

From 7.30 – 9.30 pm

This is an opportunity for you to come and give your views about the work of the Centre, and elect the Management Committee for next year.

Guest Speaker: Jane Todd, Deputy Chief Executive, Nottingham City Council, to talk about support from the City to voluntary organisations.

**Free Pregnancy  
Testing and  
Women's Health  
Information  
Sat. Mornings  
11.00am–1.00pm  
Confidential**

**at 69 Wiverton Road Forest Fields**

**FOREST FIELDS SURVEY 1993**

The Forest Fields Survey is now well on the way to completion – it has taken a bit longer than we had at first anticipated. Many of you will have talked with our interviewers about your likes, dislikes and concerns for Forest Fields. We are collecting valuable information to help determine the direction of the Centre's work in the future and making new contacts with residents. Thank you very much to everyone who has so far participated in the survey. If you have had a letter from us but not yet received a visit don't worry – we are on our way! A report of the survey's findings will appear in the next Link

**Housing Survey**

Another survey will be happening soon, about the condition of privately rented housing in the area. This is a joint project between the Neighbourhood Centre and the University Community Action organisation. If you are a private tenant with complaints about your housing conditions or tenancy, you could come to one of our housing advice sessions where qualified advice workers will be pleased to look at how the matter can be resolved.

**HOUSING ADVICE**

**MONDAY 10.00 – 12.30 AM  
WEDNESDAY 5.00 – 6.30 PM  
At 69 Wiverton Road.**



# Racism

## Do you want to stop Racism in Forest Fields

Yes, Good, so does a group called, **Forest Fields Anti-Racism Action Group** who had a meeting recently about some race attacks that have taken place locally.

We are writing this article to let people know what is available in the way of support to people experiencing racism and to give an update on the recent fire on Beaconsfield St that has caused us all a lot of concern.

### Support available

Members of the group would like to support people experiencing racial harassment or attack, the sort of help we can offer is:

Practical help if you are in danger.  
Advice on your right to rehousing.  
Support in dealing with the police.  
Asian Language interpreters.  
Legal Advice.

You should phone 608456 and ask for Kaneez Saddique or 780217 and ask for Mohammed Yaseen, if you would like to find out what help is available.

### New Police Approach

The Police at Radford Rd tell us they are committed to new style of work around racial incidents, and have written to the Link with information about their policy. They are offering to listen sympathetically to your complaint and take no action without your full agreement. They are concerned about the low level of reporting of racial harassment and invite you to ring them on 420999 with any complaints. Stuart Pearson, Superintendent at Radford Road told us that there is a high detection rate for racist incidents, but that he knows many go unreported because people are scared to complain. He says he would like to help change this situation.

You may qualify for an alarm to be fitted in your home, if you are subject to repeated threats or attacks. This alarm is connected directly to the police station.

There is also a Nottingham-wide helpline called Nottingham Link-Line that provides support to people experiencing racial attacks. Asian Languages are spoken. Tel 856333.

If you wish to report an incident to the police, both Link-Line and the Forest Fields Group would be glad to come along and support you.

### Beaconsfield St Fire

This was a serious attack on a black couple which could have resulted in fatal injury if there had not been a smoke detector in the house. The police are treating this as a racial incident but have not yet detected the perpetrator(s). The couple have now left the area. No further racial incidents have been reported on that road.

It seems that, although several acts of violence were done against this household, this activity has ended now the victims have been forced out of their homes.

Serious attacks like this cannot be allowed to continue in Forest Fields. At the moment serious injury is still rare, but minor incidents including assault, verbal abuse and graffiti are common. All these acts are illegal and unacceptable, and they make people's lives hell.

**IT'S TIME THOSE OF US WHO LIKE LIVING IN A MULTI-RACIAL AREA GOT TOGETHER TO SAFEGUARD OUR HOMES AND OUR ENVIRONMENT**

**JOIN US TO WORK AGAINST RACISM**

**LET THE GROUP KNOW IF YOU CAN OFFER SUPPORT TO HOUSEHOLDS EXPERIENCING RACIAL VIOLENCE**

**NEXT MEETING:  
FOREST FIELDS ANTI-RACIST ACTION GROUP  
WILL BE ON TUESDAY 22ND JUNE AT 7.30 PM  
AT FOREST FIELDS NEIGHBOURHOOD  
CENTRE**







# Womens Issues

My name is Kaneez Saddique. I am an Asian Community Development Worker based at Forest Fields Neighbourhood Centre. If you have any problems and would like any further information please contact me at the centre or phone me on 608456.

Here are some of the activities that are taking place for Asian women in this area:-

Mondays 10-12 noon  
Patchwork class\*  
Forest Fields Neighbourhood Centre

Tuesdays 10-12 am  
English Language class\*  
Forest Fields Neighbourhood Centre

Tuesdays 1-3 pm  
Designing and Cutting Class (sewing)\*  
Forest Fields Neighbourhood Centre

Wednesdays 1-3 pm Cooking class\*  
Berridge Centre

Thursdays 1-3 pm Cooking class\*  
Berridge Centre

Friday 1-3 pm Prayer (for Moslem Women)  
Forest Fields Neighbourhood Centre

\* Supported by Clarendon College

ਮੇਰਾ ਨਾਮ ਕਨੀਜ਼ ਸਦੀਕ ਹੈ। ਮੈਂ ਇੱਕ ਏਸ਼ੀਅਨ  
ਕਮਿਊਨਿਟੀ ਡਿਵੈਲਪਮੈਂਟ ਵਰਕਰ ਹਾਂ ਜਿਹੜੀ  
ਫੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ 'ਚ ਕੰਮ ਕਰਦੀ ਹਾਂ।  
ਜੇਕਰ ਤੁਹਾਨੂੰ ਕੋਈ ਸਮੱਸਿਆ ਹੋਵੇ ਅਤੇ  
ਤੁਸੀਂ ਹੋਰ ਜਾਣਕਾਰੀ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਮੈਨੂੰ  
ਸੈਂਟਰ ਵਿੱਚ ਆ ਕੇ ਮਿਲੋ ਜਾਂ 608 456 'ਤੇ  
ਫੋਨ ਕਰੋ।

ਇਸ ਵਿਲਾਹੇ ਦੀਆਂ ਏਸ਼ੀਅਨ ਔਰਤਾਂ ਦੇ  
ਚਈ ਚੰਡ ਵਿਧਿਆਂ ਸ਼ੁਰੂ ਹਨ: —

ਸੋਮਵਾਰ 10-12 ਘੰਟੇ ਰੇਖਿਯ  
ਪੈਚਵਰਕ ਦੀ ਰਲਾਸ ●  
ਟੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ ਵਿੱਚ

ਮੰਗਲਵਾਰ 10 ਤੋਂ 12 ਘੰਟੇ ਸੁਫੇ  
ਅੰਗ੍ਰੇਜੀ ਜ਼ਬਾਨ ਦੀ ਰਲਾਸ ●  
ਟੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ

ਮੰਗਲਵਾਰ 1 ਤੋਂ 3 ਘੰਟੇ ਰੇਖਿਯ ●  
ਡਿਜ਼ਾਈਨਿੰਗ ਅਤੇ ਕੱਟਣ ਦੀ ਰਲਾਸ (ਸਿਲਾਈ)  
ਟੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ

ਬੁੱਧਵਾਰ 1-3 ਘੰਟੇ ਰੇਖਿਯ  
ਕਾਨਾ ਪਰਾਉਟ ਦੀ ਰਲਾਸ ●  
ਬੈਰਿਜ ਸੈਂਟਰ

ਵੀਰਵਾਰ 1-3 ਘੰਟੇ ਰੇਖਿਯ  
ਕਾਨਾ ਪਰਾਉਟ ਦੀ ਰਲਾਸ ●  
ਬੈਰਿਜ ਸੈਂਟਰ

ਸ਼ੁੱਕਰਵਾਰ 1 ਤੋਂ 3 ਘੰਟੇ ਤੌਰ ਨਮਾਜ਼  
ਮੁਸਲਮਾਨ ਔਰਤਾਂ ਦੇ ਚਈ  
ਟੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ  
ਰੈਗਨਡੈਨ ਰਾਜਨ ਨੇ ਇਸਦੀ ਮਦਦ ਕੀਤੀ ਹੈ।

ਸਿਰਾ ਨਾਮ ਨਿਜ਼ਰ ਸਦੀਕ ਹੈ - ਮੈਂ ਔਰਤਾਂ ਦੀ ਸਹਾਇਤਾ ਦੇ ਕੰਮ ਕਰਦੀ ਹਾਂ।  
ਔਰਤਾਂ ਨੂੰ ਕੋਈ ਸਮੱਸਿਆ ਹੋਵੇ ਜਾਂ ਕੋਈ ਗੱਲ ਚਿੰਤਾ ਦਿੰਦੀ ਹੋਵੇ ਤਾਂ ਉਹ ਜੀ ਆਪਣੇ  
608456 - ਮੇਰੇ ਨਾਲ ਸੰਪਰਕ ਕਰ ਸਕਦੀਆਂ ਹਨ। ਮੇਰਾ ਕੰਮ ਔਰਤਾਂ ਦੇ ਸਮੱਸਿਆਵਾਂ ਨੂੰ ਹੱਲ ਦੇਣਾ ਹੈ।  
ਸੋਮਵਾਰ = 10 ਵੇਂ ਤੋਂ 12 ਵੇਂ ਘੰਟੇ (ਪੈਚਵਰਕ ਕਲਾਸ) ਫੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ -  
ਮੰਗਲਵਾਰ = 10 ਵੇਂ ਤੋਂ 12 ਵੇਂ ਘੰਟੇ (ਅੰਗਰੇਜ਼ੀ ਬੋਲਣ ਦੀ ਕਲਾਸ) ਫੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ -  
ਮੰਗਲਵਾਰ = 1 ਤੋਂ 3 ਵੇਂ ਘੰਟੇ (ਸਿਲਾਈ ਕਲਾਸ) ਫੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ -  
ਬੁੱਧਵਾਰ = 1 ਤੋਂ 3 ਵੇਂ ਘੰਟੇ (ਕਾਨਾ ਪਰਾਉਟ ਕਲਾਸ) ਬੈਰਿਜ ਸੈਂਟਰ -  
ਵੀਰਵਾਰ = 1 ਤੋਂ 3 ਵੇਂ ਘੰਟੇ (ਕਾਨਾ ਪਰਾਉਟ ਕਲਾਸ) ਬੈਰਿਜ ਸੈਂਟਰ -  
ਸ਼ੁੱਕਰਵਾਰ = 1 ਤੋਂ 3 ਵੇਂ ਘੰਟੇ (ਨਮਾਜ਼) ਫੋਰੈਸਟ ਫੀਲਡ ਨੇਬਰਹੁਡ ਸੈਂਟਰ -  
ਮੇਰੇ ਕੰਮ ਨੂੰ ਸਮਰਥਨ ਦੇਣ ਵਾਲੇ ਸੰਸਥਾਨਾਂ ਨੂੰ ਧੰਨਵਾਦ ਕਰਦੀ ਹਾਂ।



# Womens Issues

## Poem adapted from "Phantom Warrior" by Dorothy J Reyna

I sleep ever so lightly with tiredness  
burning in my chest  
Waiting for the footstep, the  
interruption of my rest  
I cling to the memories of what went  
before  
The tenderness we had is here no more  
The pounding of footsteps grows  
louder in the hall  
The turning of the key is the warrior's  
call  
The terror of the night is the slamming  
of the door  
Lying still feigning sleep, praying there  
be no more.

At once painful fingers tearing in my  
hair  
Being thrown to the walls, as if he  
didn't care  
The love that was so tender grows  
painful in the dark  
The territory claimed by the patriarch.

And then there is stillness pounding in  
my head  
Too frightened to move, I lie on the  
bed  
His heavy breathing tells me he is  
asleep  
In the still of the night I silently weep  
A shattered hope, dying feeling inside  
But there's no place to run; there's no  
place to hide.

Today there is sunshine, tomorrow  
there's rain  
Yesterday's gentleness becomes  
today's pain  
When it is done they're one and the  
same  
How long will it be till it happens  
again?



## Fresh Fields

### Domestic Violence Support Group

Have you ever suffered from domestic  
violence? Are you in a violent  
relationship?

We are a women's group that meets  
on a Friday morning from 10.00 – 12.00  
am. We offer a playgroup for your  
children and help with transport if you  
need it.

Our aim is to offer each other support  
and advice in a safe environment.

If you want to phone, either to find  
our where the meetings are, or just  
talk to someone, one of us will answer  
your call on Thursday from 4.00 – 6.00  
pm on Nottingham 856516. There is  
an answer phone to take messages  
at other times.

If you feel that we can help you in any  
way, please get in touch with us. We  
look forward to meeting you.



## DO YOU HAVE AN IDEA FOR A BUSINESS?

The Neighbourhood Centre offers you the chance to:

DISCUSS YOUR IDEA

COST IT OUT

IDENTIFY SUITABLE TRAINING

LOOK FOR FINANCIAL SUPPORT

For a chat ring Margaret Gardner on 608456

Forest Fields Community Enterprise Project  
working with you to promote the local economy

WHERE CAN I .....?

SAVE REGULARLY

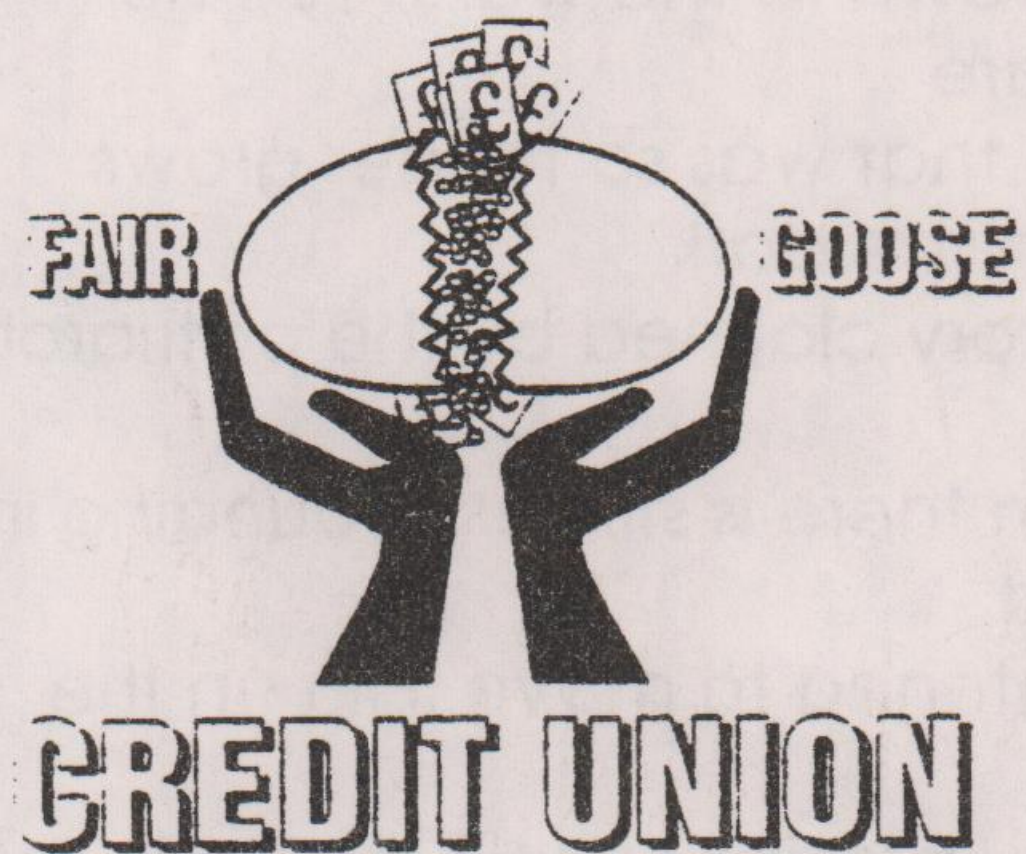
BORROW MONEY  
CHEAPLY

MAKE MONEY GO FURTHER

BUILD A BETTER  
COMMUNITY

**FAIR GOOSE CREDIT  
UNION**

Fair Goose Credit Union, FFNC.69 Wiverton Road, Forest Fields NG7 6UN Tel: 608456



### COLLECTION POINTS

FOREST FIELDS COMMUNITY CENTRE, STURTON STREET

WEDNESDAYS 11 AM - 2 PM

NEW BASFORD COMMUNITY CENTRE, ZULU ROAD

THURSDAY 9.30 - 10.30

ST. STEPHENS CHURCH, BOBBERS MILL ROAD

FRIDAY 10.30 - 12.30 PM