w Greenford i zapowiedzi zwolnień.

Co się zmieniło po podwyżce płacy minimalnej? (Nie za wiele!). Krótkie

ZYCIE PO PODWYZCE PŁACY MINIMALNEJ.

Dołącz do nas, przyjdź na pokaz filmu

naszej grupie nie ma szetów, jesteśmy

rozwiązujemy swoje problemy w pracy, w job centres, czy z landlordami. W

niezależni i nie zbieramy składek.

sachodniego Londynu, wspólnie

Jesteśmy grupą pracowników z

SORTOWNI ŚMIECI W GREENFORD

angryworkersworld@gmail.com

: slism jilèyw dul

DOŁĄCZ DO NAS!

SPRAWOZDANIE Z PRACY W AMEY,

sprawozdanie na temat sortowni śmieci

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TWÓRZMY SIEĆ WSPARCIA I POMAGAJMY SOBIE NAWZAJEM! 4 DARMOWA GAZETA - GREENFORD, PARK ROYAL, SOUTHALL, HEATHROW.

ARTIKUŁ REDAKCYJNY: RODZNINE ZYCIE

czy z kraju do kraju, to wszystko wpływa Długie godziny nisko płatnej pracy i ciągłe przeprowadzki z miastą do miasta

ratuje? Kilka uwag na ten temat... "rodzina", kiedy nas ogranicza, a kiedy na życie rodzinne. Czym w ogóle jest

okolicy!)

POKAZ FILMU NA GREENFORD (PO ANGIELSKU)

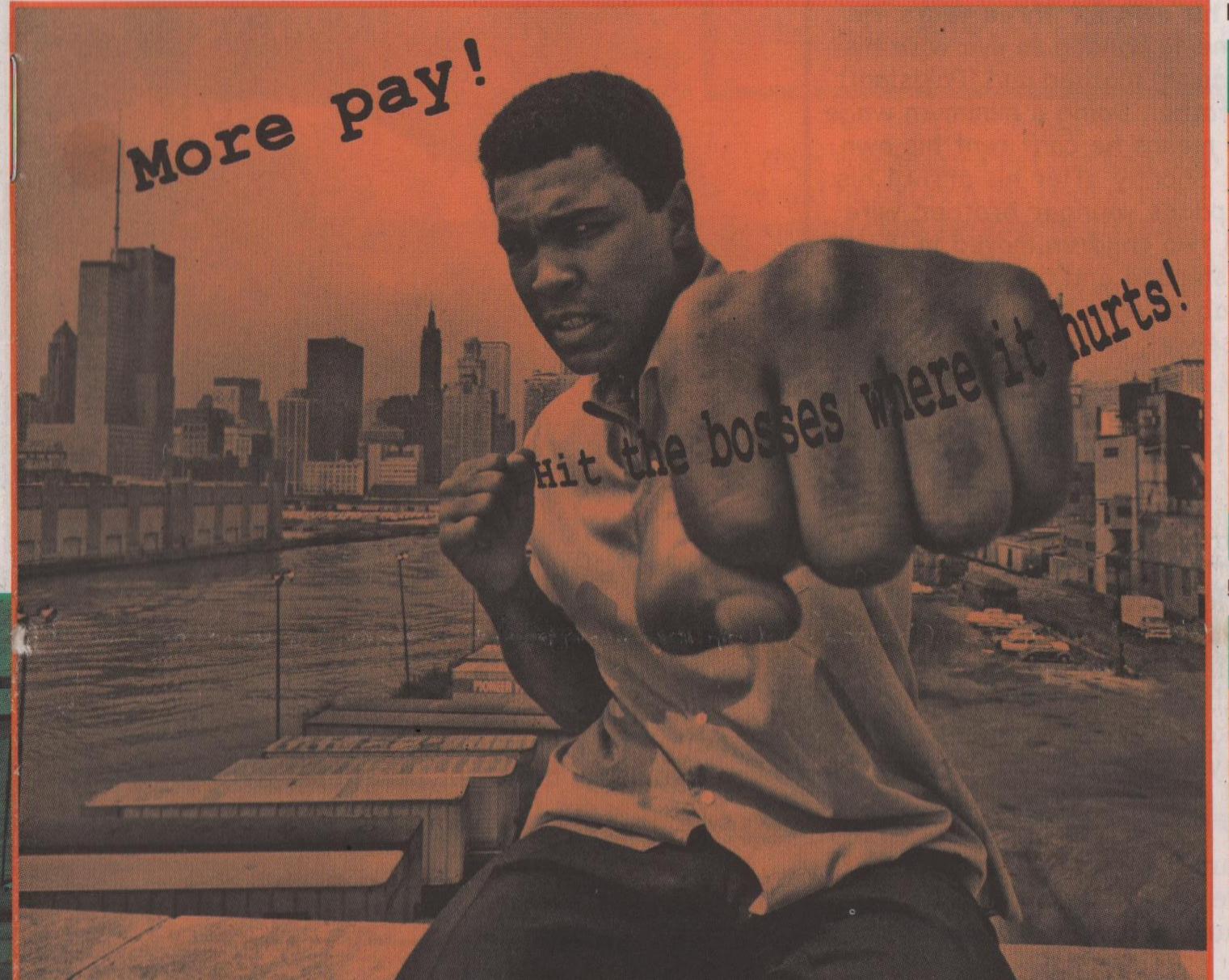
Avenue UB6 9BX w godzinach 19 - 21. darmowe pokazy filmów w Greenford Park Residents Association, 18 Queens "Na Greenford nigdy nic się nie dzieje", to już przeszłość! Organizujemy

24 czerwca 2016: Nuit Debout ruch we Francji i w Polskich specjalnych

29 lipca i 26 sierpnia 2016 2016: TBC (ulotki na ten temat bedą krążyły w strefach ekonomicznych



ISSUE #4 FREE NEWSPAPER FOR GREENFORD, PARK ROYAL, SOUTHALL, HEATHROW LET'S BUILD SOME SOLIDARITY AMONGST OURSELVES AND SUPPORT



JOIN NOW!

We are a coordination of workers in west London, supporting each other with problems at work, job centres and landlords. There are no leaders in this network - we are independent and there is no membership fee. Join up now come to one of the film screenings or send us an email:

angryworkersworld@gmail.cor

EDITORIAL: FAMILY LIFE

Working long hours for low pay and moving from city to city - as well as to different countries - all takes its toll on family life and personal relationships. We write down some of our experiences about living together in west London...

Read more on page 2

CONTENTS:

Life after the minimum wage increase at Greenford Ready-meals and redundancies at Bakkavor, Park Jpdate from a picker at Sainsbury's/Wincanton Save Ealing Hospital campaign update.....p.9 Rebel City: News & views from London town.....p.11 Sauna conversations, Gurnell Leisure Centre.....p.12

FREE FILM SCREENINGS IN GREENFORD

We're hosting free film nights! Greenford Park Residents Association, 18 Queens Avenue. UB6 9BX. 7pm - 9pm. Come along!

24th June 2016: Nuit Debout in France and film about a strike in one of Poland's special economic zones.

29th July and 26th August 2016: TBC (but you'll see our flyers around! Also check our website for details).

VHAT IS THIS PAPER ABOUT? FIND ON PAGE 3

We have a forum where people can post (anonymously) about their work experiences:

FAMILY - CAN'T SHOOT 'EM, CAN'T LIVE WITHOUT 'EM SOME EXPERIENCES ABOUT WORKING CLASS FAMILY LIFE IN WEST LONDON

Nearly weeing yourself waiting for your flatmate to finish his bath? Freaking out between shift-work and trying to find childcare for the kids? Feeling a bit awkward about asking your new flatmate not to leave her toenail clippings lying about on the kitchen table? Living with your parents, although your own hair is getting grey (from worrying about the rent price for a one bedroom flat?!) Any of this sound vaguely familiar ..?

If it does then welcome to the brave new world of working class life in London! The family structure is overstretched and at the same time we might have to share flats with 'strangers'. We can complain about it or try to make the best of this new situation. We wrote down some of our and friends' experiences, some thoughts on family life, the challenges we face, and the need for stronger friendship circles.

"A friend of ours and her husband live in a small double room in Southall. She works day shifts in a distribution centre, he works 12-hour night-shifts in a vegetable warehouse, cash in hand because he is here 'illegally'. Their fiveyear-old daughter is with her grandparents in Punjab, India. They haven't seen her in three years. Their visa application is pending. Even though they would not have any major money problems if they went back to India, the woman does not want to go back because she has "more freedom" here. They have recently had another baby. Now the three of them share their 9 square-metre room. She cannot claim maternity leave because her visa status means that she shouldn't really be working."

"My friend works in a warehouse, her husband works, too. Their four-year-old son spent a year or two with his grandparents in Poland. They decided to bring him here to the UK, but due to lack of childcare the grandmother also came over. She does not speak English and the daughter-in-law is unhappy about living too close together'. The cost of childcare means that many families have to rely on grandparents, whether they want to or not."

"We advertised a room for rent in our flat in Greenford. Every second call came from parents with a small child or baby looking for a room/ shared flat accommodation. Our flatmates didn't want a screaming kid around disturbing their sleep 'cos they do shift work, so we had to say no to them..."

"A friend left Spain to work abroad when the crisis hit, where he lived on his own for three years. He came to London to live with his (Spanish) mother and (Pakistani) stepfather. Doing a minimum wage job means he can't rent his own flat. Shortly after his arrival his stepdad's younger brother, wife and two children moved in. Both the stepdad and his brother work as cab drivers, their wives do the housework and childcare. Initially they stayed as family guests, but then they didn't find an affordable flat to move out to. Since then they argue about who works how much, who uses how much gas and electricity, who pays for the bills."

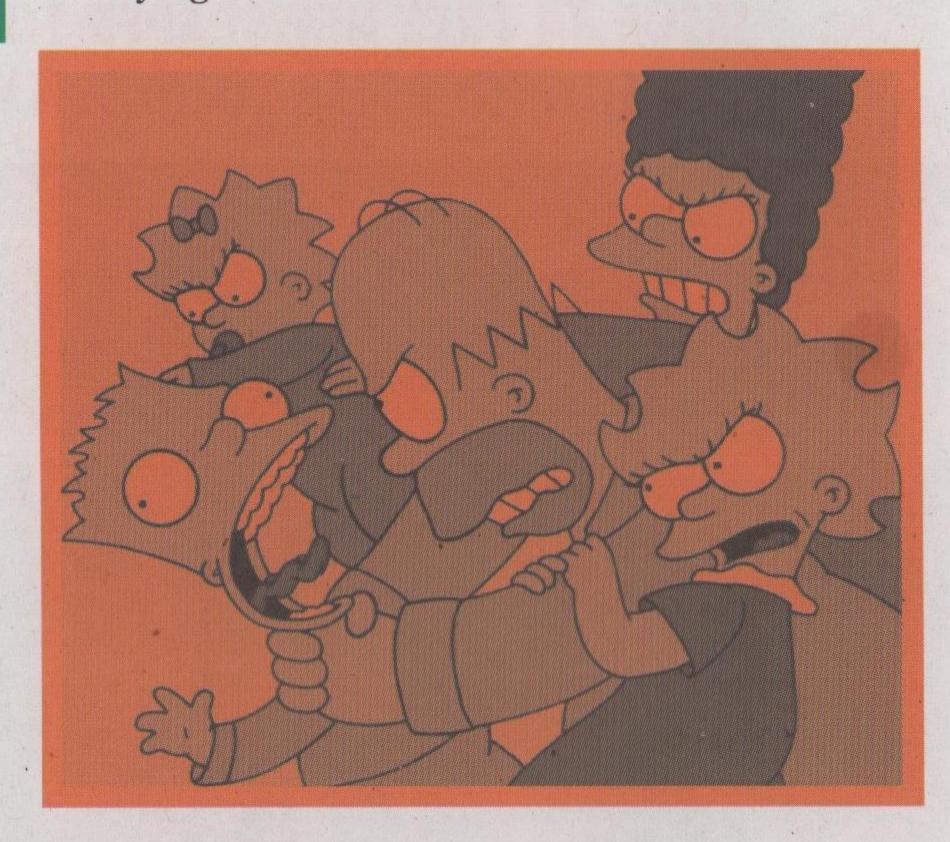
The low-wage London life puts a strain on the expectations and obligations of helping out your family. The 'low wage - high rent' trap does not only affect workers who have come from abroad. Many of our colleagues working as road sweepers in Greenford - men in their 50s who have been born here - share flats or rooms or have had to move back in with their elderly parents because living alone is unaffordable.

Crisis In The Family - Solitary Confinement

Jobs are stressful and time consuming, we change our jobs and move house frequently. All this puts an enormous strain on friendships in general. People have fewer close friends today than they had 20 years ago. In a recent study one in eight men said that they have no close friends at all. Strikingly, married men are twice as likely to have no friends than unmarried men. For many men the family becomes the main arena of emotional life. At the same time the family and marriages themselves become more fragile. Families and couple relationships are overburdened both economically and emotionally - men (more than women) expect that the partner alone takes care of all the emotional needs.

In a world where people have less time for friendships and the general social environment is cold and anonymous, 'romantic love' and family are seen as a 'safe haven'. But while it is impossible

for any relationship to provide all of a person's emotional needs, nevertheless, if needs are not met it is seen as a personal failure. Again, this is especially by men, who are often taught to believe that the only person they should open up to is their partner. Playing the hard dudes at work and crying into our beers at home.



Family and romantic partnerships are also one of the few places where working class men can feel that they are not the lowest of the low - they have at least one person 'below them', who they can control. So while for many men the family might seem a 'safe haven', for many women (and children) it is place of potential violence. External stress, isolation and power play often escalates.

"I live in a shared flat. There are three couples living in three rooms, but we keep to ourselves. Most of us are not on the rent contract, so we couldn't claim housing benefit if we lost our jobs. The lack of space can be annoying, in particular in the small kitchen and waiting in front of an occupied bathroom. So you try and give each other some space. That goes so far that the boundary between giving each other space' and 'ignoring each other' becomes blurry. So when I hear arguments coming from the room next door I am not sure how best to intervene. The guy seems to bully his partner, I once heard him shouting and hitting her. I asked her about it afterwards, but she said that everything was fine. Her English and job prospects are worse than his. She also stays in her room a lot, glone, waiting for him to come home. So she seems pretty dependent on him, financially and emotionally."

Every week two women in England and Wales die as a result of domestic violence. The home is still the most likely place for women to get raped, injured or murdered. In most cases the aggressor is a partner, 'friend' or relative: only 7% of reported rapes in London are carried out by strangers. Overcrowding and low incomes mean that in a personal crisis working class couples can't give each other space, which means that things can escalate more easily and chances for escape become more difficult. But living close together could also mean that flatmates hear what is going on and intervene - if the wall of 'privacy' does not stop them.

A Better Alternative?

So what to do? Government cuts to social care, housing benefit etc. force many of us to rely on the family, while at the same time the economic strain and stress makes family life way more difficult. This is a deadly trap! At the same time we are often forced to live in close proximity with other people. Let's make the best of it!

To make our lives easier, we need a bigger circle of friends, who can support each other, be it with childcare, housework or the ups and downs of life. What friendship circles mainly need is time and space - and under current conditions in London we have to fight for both. We have to struggle for higher wages, so we can work a bit less. We need some community space where we can

meet, talk, cook, have fun - there are a lot of empty offices around, but the rent is too high. Maybe we could occupy them, so that we can use them together?! But in the meantime there are little things we can do, in our shared flat and beyond.

"Four of us in our flat work on different shifts and days in the week. It was a hassle to go shopping individually, to store stuff individually, to cook your little meals for yourself. We found an arrangement where going on, if your workmate tells you everyone pays £20 per week into a food kitty. We now share the cooking and tend to eat together more often. Instead of every day, you now only have to cook every third or fourth day. We also save money like this. It took some time to find out what each of us likes to eat and so on, but that was no bi

When you share a flat the first step would be to open the books: many working class people rip off other working class people by making extra money by sub-letting. They get 30 or 40 quid per month out of it, but the relationships between flatmates are spoilt. Those who 'pay more' will treat the others as those who 'have to provide or do more'. Share the costs equally and organise the household together!

We can take this further, we can make spaces to live and play, and build a real community out of our shared situation. We can share housework, childcare, and transport, and save money and time and claw some of our life back

from work. We can share skills in maintaining a shared home. We can talk to each other about problems in our homes and try and resolve them instead of trying to impose upon each other. We can try to support each other and not just look away when a flatmate is obviously suffering.

We can also try to help each other in other ways. If you share a flat and hear domestic violence or abuse about trouble at home, get involved. This is easier said than done, but we - as exploited and oppressed people - have to learn to trust each other. We cannot delegate our problems to anyone else, and increasingly, no one else is willing or able to help us. For the men around us: let's stop playing the big bloke around our (work-) mates and trust each other with our emotional shit.

In order to struggle for better conditions at work we need some joy and celebration after work. Let's invite our friends over more often and we'll never walk alone!



WHAT IS THIS PAPER ABOUT?

We live and work in Greenford and Park Royal. We think that workers, wherever they come from, are screwed over and should fight back together. We have to figure out how we can run this world without bosses, bankers, politicians and mind-numbing, boring jobs in the future.

This newspaper is a means for us to exchange our experiences about conditions at work and develop a solidarity network. We have to learn from other people like us. No one else will do it for us. We are fed up hearing or saying: "Nothing can be done", because a lot IS being done, the question is: "What works, what doesn't?"

SUPPORT EACH OTHER!

The newspaper is not (just) about words. We need a local network of workers and residents who support each other: if someone doesn't get their wages or has trouble with the job centre; if some of us are kicked out of our flats; if people need someone to leaflet their workplace or want creative ideas to undermine the management. For the struggle to survive and beyond. Do you need support? - Get in touch! And keep in touch - because others will need your support, too!

Other websites we find useful:

www.labourstart.org www.libcom.org www.labournet.tv

WHERE DO WE GIVE OUT THIS PAPER?

We try to distribute this paper once a month at following places - if you have other suggestions where we could hand it out, let us know.

- Greenford Auriol Drive (Sainsbury's, Tesco warehouses, Wealmoor)
- Park Royal (Bakkavor, Greencore, Premier Park)
- Royal Mail DC (Greenford and Princess Royal)
- Greenford Retail Park
- Ealing & Southall Job Centre
- Greenford Bus and Street Cleansing Depot

CONTACT US

- to share your workplace experiences (anonymously of course!)
- to write about a conflict at work and what the workers did in response - if it made a difference, or not
- if you need support for an action you want to do e.g. getting outstanding wages from the temp agency or distributing a leaflet outside your workplace - if you like the newspaper

Email us at: angryworkersworld@ gmail.com

and want to get involved!

Website: www.workerswildwest. wordpress.com

Forum: https://forum. netzwerkit.de/c/ workerswildwest

WE WANT A PROPER PAY INCREASE!

WORK REPORTS ON THE MINIMUM WAGE - AMEY, WEALMOOR, NOON FOODS

Introduction to reports from various workplaces in Greenford, Park Royal, Southall

The government made a big deal out of increasing the minimum wage in April 2016. Since then, most of us have realised that not much more money ends up in our pockets at the end of the week. Some of us get less working tax credit than before the rise, some have to pay more tax or national insurance contribution. In other cases the landlord - surprise, surprise - increased the rent, creaming off the minimum wage hike. Many companies have reacted to the 'increase' by: cutting our hours (see Wealmoor), or bonuses or whatever little perks they used to give us. Often they use the threat of redundancies to make us swallow worse conditions (see Amey or Bakkavor).

The companies still have big cash and can pay more. If they want to, and it seems good for their image, they miraculously manage to find the money from somewhere. If even a discounter like Lidl can pay £9.35 per hour for shelf stacking, other companies can do at least as much - for the people making the stuff that goes onto the shelves or warehouses pickers that make sure the stuff gets to the supermarket...

But let's stop moaning and get organised to fight for more. As you can see from the short reports, we are all in a fairly similar situation. If only 10% of us would get their heads and bodies together, we would be enough people to support each other and make it clear to our bosses: if you want to cut our jobs or money, if you don't cough up some of your cash, we gonna blockade your business - and we mean it. It's not rocket science, we just have to get out of our corner and bring some of our colleagues along with us.

Come to the film screenings, use the online forum and/or send us an email about what you think!

Pretty Rubbish - Job Cuts at Amey Street Cleansing and Refuse Collection Depot in Greenford

If you live in Ealing,

received your new

by now you will have

wheelie bin from the

council. Whether you

them, the fact is that

Amey - the company

responsible for street

and refuse collection in

Ealing - have announced

cleansing, recycling

cut bin (wo)men jobs, they also plan to

love wheelie bins or hate

reduce the number of street sweepers "because the streets will automatically be so much cleaner with the wheelie bins".

The wheelie bin story is basically an

easy excuse to cut staff and to put the same work on less people. This has been happening at the depot for the last two decades. After the outsourcing to various private companies (May Gurney, Enterprise) the workload has increased and

wages have come down. Nowadays, nearly half of the 300 workers at the depot are not even employed by Amey, but through various temp agencies, amongst others, Hays, Berry Recruitment and Extra Drivers. Often the 'temps' have been working at the depot for several years. Wages are low (£7.41) and they put more and more streets on people to sweep or for collection. In other boroughs of London (e.g. Hackney) agency sweepers and bin (wo)men get paid £9.40 per hour.

Amey is not a poor company. They are part of the Spanish group Ferrovial, which owns, amongst others, Bristol,

Belfast, Glasgow and Southampton airports and 25% shares in Heathrow. The main family behind it owns assets worth \$8 billion. While some people make major bucks while buying up



infrastructure, those who sweep, build or maintain this infrastructure get poverty wages. So yeah, don't come to us with "we ain't got no money!"

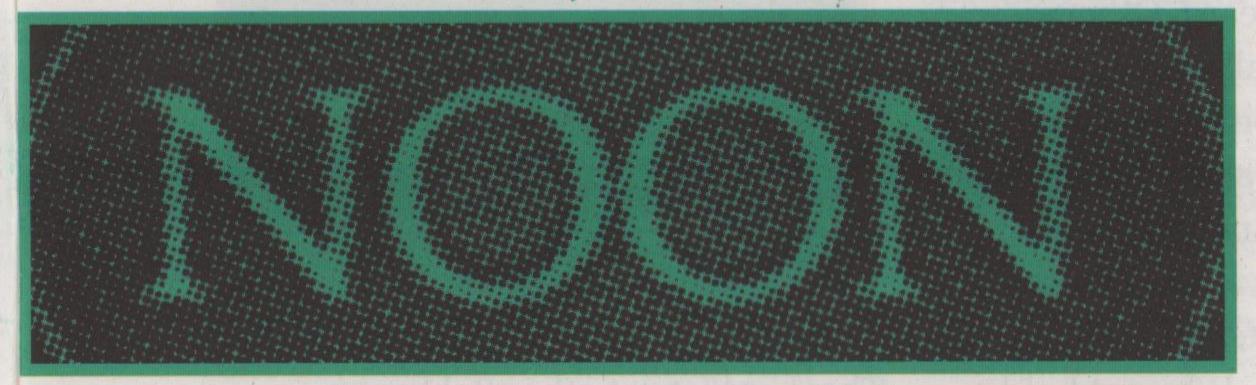
The GMB union called for meetings about the redundancy issue. Only the permanent workers are members and were invited, although the temps are probably the first who would get the sack. At the meeting the external GMB full-timer started by saying that there was not too much to announce and that "he does not know why 'they' asked me to come and hold the meeting', referring to management!

He continued: "Let the refuse people go, I have a list of 60 people who want to take redundancies", he then calculated the redundancy packages. He claimed that you have to be over 55 and working for more than 20 years in the company to get a good package (though even people working there for eight years would only be paid around £3,000).

We can understand that older colleagues want to take redundancy and get their bones into a dry place, but this shouldn't mean that we just let these jobs go! As our GMB man said: "It is tough out there", so we should try to re-fill these jobs, otherwise they are lost forever. A lot of guys say that the union accepts everything management and councillors tell them. But then it is up to us to do what we think is right and necessary. Just complaining won't cut it. Only fighting pays: recycling workers, outsourced to Kier Ltd. for Somerset Council, were getting paid £2/hour less than other workers doing a similar job a few miles away. So they worked to rule, refused overtime and took several days of all-out strike action. Kier backed down in January 2016. An 18% pay rise over three years, front loaded. Everyone will now be paid above a Living Wage (£8.25).

With the support of other local workers we could take Amey on - get in touch! Discuss it while litter picking or rummaging through other peoples' recycling boxes or wheeling around them new bins!

Making Samosas on Piece-Rate at Noon Foods, Greenford & Southall



Job: Samosa

production

Address:

Workers:

Pay: £7.20

Around 700-

Southall

800

Noon Products was founded in 1989 and taken over by Kerry Foods in 2005. The company produces 2.4 million

ready-meals in four Southall and Greenfordbased plants and supplies them to Waitrose, Sainsbury's, Tesco, Morrissons, Ocado, M&S. and spring-roll The four factories employ around 2,200 workers including around 1,000 temporary workers.

Windmill Lane, The agency (GI Group) supplies labour to the four factories according to demand. If there are no orders then you won't get a shift (zero hours). However you may be sent to another factory at short notice, if say someone is injured or calls in sick. This includes being called at 06:40 asking if you can come in for 08:00 - in the first few

months of working there you feel obliged to say yes.

As a factory operative you can be sent to do any kind of job in the production department ranging from washing trays to working on the assembly line. Slightly higher skilled women workers make samosas and spring onion rolls. They are paid piece-rate. Sometimes it takes time for the dough to be supplied, then they lose money. The kitchen workers make the mixtures for the products using huge metal baths. They often work 12-hour shifts according to demand.

Some products are only required to be put into machines. For example the battered chicken is first put in a mincer

then placed on a conveyer belt where it is coated in flour and fed into an industrial fryer. All the workers have to do is separate the chicken pieces so they don't get stuck together. The onion bhajis are made using a large machine. First the ingredients are put in a mixer, then the mixture is placed into a

compactor which churns out onion bhajis balls which are flattened by a roller and taken into the fryer. The speed at which you have to work varies from job to job, but 95% of the time it is unrelentingly fast. On the packaging department assembly line you work as fast as the line goes. If they know you are quick at packing the products then they will often understaff the lines.

I personally worked at 4 different factories and 10 different departments before I was made permanent after 5 months. As a temp I was even sent to work at a different company (Bakkavor in Harrow). Lots of the information is hazy and based on rumours. Lots of workers don't even know the terms of their contract e.g. the overtime rate is £10 per hour at one factory and only £8.71 in another! But the agency pays different from worker to worker. The extra pay for forklift drivers and night time bonus also varies, as do the shift hours and paid breaks.

Permanents mainly complain about the wage. Some work there for seven years and are still on the minimum. Many temps complain about the working times (not enough and random shifts). They also have disputes about (delayed) payments, sometimes they go to the office in small groups. Everyone complains about the work intensity. Overtime on a Saturday is also an issue. Because we work in different factories, we should use the online forum to exchange information between each other: https://forum. netzwerkit.de/c/workerswildwest

Wealmoor Cuts Working-Hours after Minimum Wage Increase

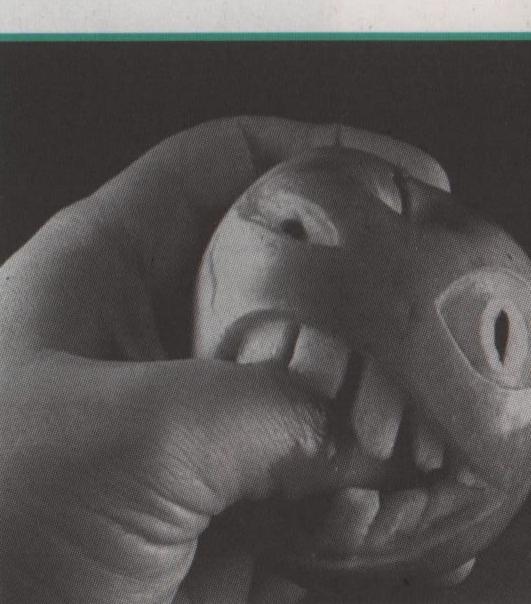
Workers at the Greenford plant unload fruit and veg from trucks and aeroplane containers arriving from Heathrow and package them for supermarkets. Most of us are forced to work long hours from 7am till 9pm – with Wealmoor paying 200 only the minimum.

Job: fruit and veg packing Address: Wealmoor, Unit 5, Auriol Drive, Greenford Workers: Pay: £7.20/hr

There are 4 conveyor 'lines' for sorting and quality checking vegetables. Mainly women work on the lines, standing for 14 hours a day. The intake department unloads the trucks. The aeroplane containers are very low, with the boxes inside weighing up to 30 kilos – it is back-breaking.

After the minimum wage increase in April 2016

management told us that instead of 5 days a week we will only work 4 days in future - which is still 48 hours per week on average. While some might be happy about an extra day off, many worry about the wage cut. Wealmoor could pay us more. They made £13 million profit in 2015!



Job:street cleansing Address: Greenford Rd. Workers: 300, out of which around 100 through agency Pay: £7.41 for sweeping/loading (after 12 weeks), £8.50 for van driving

that they will cut over 80 jobs as a result of their introduction. They claim that less workers are needed with wheelie bins. And they not only

LET'S MASH UP THIS PLACE! REDUNDANCIES ANNOUNCED AT BAKKAVOR, PARK ROYAL

We were told this was a possibility back in November and in January this year, we were told that Bakkavor had lost the Tesco mash contract, worth £32 million. We have been told that this means:

keep making their massive profits?! For many years, they have been paying us poverty wages, thinking

that because we are 'foreign' and can't speak good English, that this was okay.

33 employees at Elveden have to change their shift pattern to Friday-Monday working to a 'banked hours system' which

neans we carry on getting paid for 40 hours but work 38 hours - but then we have to make up the nours during the year when it suits the company for us to take on more responsibilities from the

work that used to be done by agency staff - for 315 staff at Cumberland to work the 4-day Rainbow shift pattern

voluntary redundancies but with a possibility of arge scale redundancies

introducing a nightshift at the Cumberland and Elveden cookhouse

cutting shift and bank holiday premiums

restrictions on annual leave

Why should we accept any of this?! Bakkavor announced £30 million profit in November 2015! Just because they lost the mash contract doesn't mean they're going down. In fact, they just hired 370 new people at their dessert factory in Nottingham! Why should employees have to work more, with the line getting faster and faster, with the moussakas, lasagnas, houmous, vine leaves, ready- meals and samosas flying past our eyes, just so that Bakkavor management can

Some of us have worked here for 20 years and we don't get pay rises. It takes the Government to force them to pay 50p more with the new minimum wage. If you work at the till at Lidl you get paid £9.35 an hour! So why are the people who put the food on the shelves - getting such low pay? They can afford it. We deserve more!

We need to make our voices heard. Otherwise, a deal will be reached

without us having our say. GMB organised a protest about this outside the Tesco HQ on June 17th - but workers in Park Royal will not go all the way to Welwyn Garden City on the outskirts of London. Why not hold a protest more locally so that Bakkavor workers can get involved? This action was not even advertised on the GMB noticeboards at work! Why not?!

Lots of us permanents are in the GMB union but we are not part of the decisions or deals they make with the management. Let's get together and discuss what WE want! For example:

No banked hours. Higher wages!

If you want to cut our hours to 38, fine. We would gladly work less. But we want the same, no MORE money! The London Living Wage is £9.40 an hour!

Good redundancy padages

umours are that someone vorking here 20 years will get £10,000. This is peanuts. When Cadbury's chocolate factory vorkers in Birmingham took oluntary redundancy last year, neir average payouts were £100,000 each!

There are lots of other Bakkavor factories around here. The changes will also affect workers at the Premier Park site - we should try and contact them. We can also use this forum to (anonymously) share experiences:

http://tinyurl.com/jj64mrs

STRIKE AT READY MEAL FACTORY

Two ready-meal factories in the 2Sisters Food Group went on strike recently. 400 out of 900 workers at Pennine Foods in Sheffield - which makes ready meals for M&S - went on strike in May and over half of 800 food workers at RF Brookes in Newport went on a 2-day strike in June. Workers are members of the Bakers, Food and Allied Workers Union. They are fighting against changes in terms and conditions of a new contract workers are being asked to sign

which would mean removing extra pay and lieu days for working weekends and a reduced overtime rate. Under 25s would see their pay stuck at £6.70.

Vorkers feel management are 'scaring people into signing' he new contracts. Their situation is similar to ours at Bakkavor, why don't we get in touch with each other? We can try and do this ourselves if our union doesn't...



CHILL OUT MAN!

UPDATE FROM SAINSBURY'S WINCANTON WAREHOUSE, GREENFORD

You'd imagine that hell is hot, but after you've worked in the chill you start thinking hell must be a cold place. Not much has changed in the Sainsbury's/ Wincanton's warehouse since the last report in WorkersWildWest issue 2, and nothing much has changed for the better, that's for sure. Although they did put the wage up by 30 pence a short time after our slow-down strike last year, this has been cancelled out after the minimum wage increase in April. Templine workers are back to the minimum wage. Prices and rents are going up - the small increase is swallowed up quickly. But Wincanton still manages to pay its core staff an amount close to the 'London Living Wage' and in Northampton permanent to get high targets and most people Wincanton workers get more than £10 an hour, even though rents and prices are definitely cheaper there than in west London. And if shelf stackers in Lidl can get 9.35 p/h then every temp working in a Sainsbury's warehouse deserves at least that much, if not more!

Boot camp

We could complain about a lot of things, including the low pay and cold working conditions. But what bothers people the most is the boot-camp management style. The managers treat workers like trash, especially the agency workers. They cancel your shift one day and call you in during your day off the next. They often don't give enough hours of rest between shifts, e.g. when you work until 8pm and then they ask you to come in for the morning shift at 6am. We should have 11 hours rest between shifts so what they are doing is mile

Even though you are, in practice, a zero-hours agency worker, they don't let you take vacation when it's busy or you don't give them enough notice. They demand you stay and work overtime until the job is finished, but when we finish early they send us home without paying us the full eight hours. On top of that when we are finished and they no longer need us they tell us to log out of our scanner watch (meaning you no longer get paid), but then we still have to wait around to give our scanners back to the managers in order to clock out. That means we don't get paid for the three, five, ten or even fifteen minutes after every shift while we wait to clock out. Over time, that adds up. We should be paid for every minute of work and because we cannot leave the site until we have clocked out, this qualifies as work time. So we should be paid. We are not, and this is also

Sports Direct was recently in all the papers about something similar. Their 3000 agency staff had to go through a rigorous security check after each shift but because this took up to half an hour, which workers weren't paid for, they were effectively losing money and getting paid LESS than the minimum wage. The company was then forced to announce a (small) pay increase.

More stick than carrot

In April Wincanton recruited for half a dozen permanent positions in the warehouse. Agency temps who applied had some motivation to work harder. But for all the temps who did not get the job, there is no more reason are not going to break their backs to be the "temp of the month" for a minimum wage. So now, managers have to rely more on threats and disciplinary procedures to keep us working hard. They are giving out warnings for anything they can come up with, be it under-performance, spending one extra minute on your break, "excessive" sickness (let's not forget we are working in temperatures that range from -24 degrees Celsius in the freezer, 2 to 5 degrees in chill and produce and room temperature in ambient and we are often exposed to sudden temperature changes when we move from one department to another, which this can have a serious effect on our health!)

Sooner or later people get fed up and because there are plenty of other crappy minimum wage jobs around here (where you don't have to work in such horribly cold temperatures) people leave. But the next job is usually no paradise either and there are normally similar problems to face... If we are going to leave anyway, why not try and do something together to try and improve things? If you think it never works, check out the cleaners at Middlesex University, close to here, who have struggled to win the London Living Wage of £9.40! If they can do it, why can't we?

Job: Picking in chill (cold!), freezer (even colder!), ambient (driving a LLOP), and produce (heavy banana boxes!) Workers: Mix of agency staff (majority of the pickers), permanents and drivers. Around 400 in total. Pay: Agency staff get £7.20 p/h, £8 after 6pm. Permanents get over £9



Not long ago Wincanton had to pay £20,000 to a worker they unlawfully fired after she had a work accident in the Sainsbury's warehouse in Northampton. The injury she suffered during work 4 years ago was the result of management disregarding health and safety measures. After the accident she had health problems and could not do her original job, but instead of finding her easier work to do, Wincanton hired private detective companies to spy on her to prove she was not disabled and finally fired her in 2014. This shows how low employers like Wincanton will stoop to avoid any responsibility towards their workers. It is no surprise that there are almost no Wincanton core staff picking in Greenford's produce department. Why? Because stuff in produce is too heavy and some products are impossible to properly manually handle, so Wincanton gives this work to expendable agency workers who they can fire more easily.

Sainsbury's is in a price war with all the other supermarket chains. Managers give us pep talks about how "we" are working for Sainsbury's and we need to keep the costs low if we want to beat "our" competition, warning us that "our" jobs are at risk if Sainsbury's doesn't come out as a winner. But what does lowering the costs mean for us? Well, it means more pressure to achieve higher pick rates, to work faster, to do MORE for LESS money. And why should we care if Sainsbury's loses the war? The winner will also need warehouse workers through temp agencies, so why should we have any special loyalty to Sainsbury's? (And across the road Wincanton organises the distribution for Waitrose, their supposed competitor!)

So why are we still behaving like a bunch of scaredy cats? What we should be doing is trying to figure out how work LESS for MORE money. If we want to make our lives a little easier we'll have to stand up for ourselves together with our colleagues and workers in other warehouses and shops, but we'll need to start talking to each other first. Only when we've built trust amongst ourselves can we face management and get more pay and better conditions.

THINKING ABOUT A JOB AT ROYAL MAIL? THE LOWDOWN FROM A XIMAS SORTER AT CREENFORD MAIL GENTRE

Job: Sorting post and parcels Workers: Royal Mail directly hires the vast majority of the Christmas sorters but there are also some existing Angard staff working too.

Shifts: 6am-2pm, 2pm-10pm, 10pm-6am

Pay: It was £7 p/h during Christmas 2016. New Angard staff got £6.70 which was the minimum wage at the time. Angard staff who had been working for longer than 12 weeks got the same as Royal Mail permanents (around £13 per hour). People on nightshift got paid around a pound more than dayshift people.

Breaks: 2 x 20-minute breaks - unpaid

I was expecting a bit more from Royal Mail. Even though it has been privatised and sold off for much less than it is worth, even though posties aren't making £600 a week anymore like they could in their heyday, I always had the impression that it still paid its' workers reasonably well and getting a Christmas job there was worth trying for. Loads of people around here apply for jobs there at Christmas time - there must be a good reason why, I

thought. Sorry to burst the bubble folks, but at £7 an hour as a direct Royal Mail employee in the Greenford mail centre and single rate for overtime, it's similar to a lot of other warehouse jobs around here! This is especially bad because we know that a few years ago, Royal Mail were paying temporary Christmas staff £10/hour. What in the hell happened?!

Applying

Royal Mail start recruiting in September. I got a postcard from them through the letterbox advertising the jobs locally. You have to fill out a ridiculously detailed online application form, even if we worked there last year. Then we have to go to some office in Feltham to get processed like we're some ready-meal going along an assembly line. Then we have to wait for 6 weeks or something to actually start the job.

Workmates

As always, my co-workers made the job bearable, sometimes even fun! An

interesting mix of people worked there as Christmas casuals, which seemed to reflect the changes in the UK economy and employment in recent years: e.g. quite a few British people who had fallen on hard times having been made redundant from other long-standing jobs like in construction or the public sector or retail chains that had gone bust. They were looking for other work but finding the job market tough sorting post was definitely a step down, but maybe 'Royal Mail' still has a certain prestige to it that makes it seem better than other near minimum-waged jobs? There were some students; mothers juggling childcare; ex-posties and others who had come from other mail companies like whistl who had laid people off; people who saw this job as a stepping stone to getting something better; the Sri Lankan lady gang; older



people with a lot of work experience and young people with a hardly any...

Parcel centre vs. Mail Centre?

A few hundred casuals were in the parcel centre and some were in the mail centre, the shifts were 6am-2pm and 2pm until 8pm and 10pm until 6am. You got a better deal in the mail centre, you worked more with the permanents so they were a bit more relaxed with the casuals in terms of breaks and getting off a bit early, plus nice cheap canteen and games room and comfy seats! At the parcel centre though, if we were one minute late back from our break we'd get barked at. We sat at folding tables on some ratty chairs, and we had 2 microwaves that never seemed to get the food hot, and some hot water! Thanks Royal Mail, no expense spared!

Overtime - Is it worth it?

I, as well as a lot of other newbies, thought we would be paid a good overtime rate. But it was no different to the single rate of £7 an hour. They

did not tell you how much the overtime was until after we had started. The contract did not specify and on our induction when someone asked, they said, "Someone else should have told you that!" Er, well, they didn't! Probably because they know how crap it is!

Basically, the only way to make real money being a Christmas casual is - like any other job - to work EVERY SINGLE BIT OF OVERTIME YOU POSSIBLY CAN! You end up like a zombie at the end but so what?! I never worked overtime because, why bust my ass for £7?

What was good and what was a pain?

Even though the job is hard on your feet (they will be very sore for the first week!) I did get very good at UK geography and postcodes so if any questions ever come up in the pub quiz, that prize money is mine!

The signing in and signing out procedure, however, was a joke. Over a hundred people having to wait in line and elbow each other to scribble your signature next to your name - on ONE sheet of paper. It was difficult for them to check whether people who had signed in actually stayed for the whole shift, you could just sign out at the same time as signing in, and there were too many people to keep tabs on all of us. A week or two in though, the managers started spreading stories that they had caught people doing this and sacked them on the spot - but I never found out who these people ever were...

Mostly the managers didn't bother you while you were sorting so this was good. You can chat to your 'bullring' partner the whole time too. A few weeks in though, they came around a couple of times to time how fast you were sorting. (The rumour is that people who scored the highest were the ones who were then offered a place with Angard after Christmas.) The target



was to sort 17 parcels a minute, which is actually pretty do-able (although some of the older workmates were quite a bit slower!) You could usually see when they were coming around to time you so you could speed up a bit then. But they have no way of monitoring you individually all the time so you can be fairly relaxed the rest of the time...

But when things were not so busy, be warned: they send you home early without paying you for the full shift. This happened 4 or 5 times. When some people complained about this, the next day, when work dried up, managers tried extra hard to find stuff for us to do and not send us home early. So it pays to complain together!

Wage theft

LOTS of people had problems with their pay. Back in 2011, Christmas casuals had been employed through Angard, Royal Mail's temp agency. But it proved unable to handle the volume of employees and the workers didn't get paid! So that is probably why Royal Mail took this back in-house for the busy Christmas period. But the pay problems have continued. Some workers were not paid for whole shifts that they worked.

Finally, be prepared for a sudden departure! One day, as the shift was ending, with no warning we were told it was our last day and 'Thanks for all your hard work but Goodbye!'

Angard

Being with Angard over Christmas on the higher rate means you can earn the really big bucks. (But you must have worked there for 12 weeks already). But once the Christmas rush ends they call you less: most workers said they get 1 or 2 shifts a week on average so you would still need another job.

What can we do next time round?

I can understand if the permanents couldn't be bothered too much with the new Christmas temps - after all, we are only there for a few weeks and we are a reminder that management can undermine them by getting hundreds of people working for minimum wages. This is why we should get the same pay as permanents straight away. And we are only working for around 8 weeks so to make it worthwhile, we should be paid more! Also, casuals recruited to other mail centres nearby e.g. Feltham were paid more than us. But because we are only there for such a short time and it takes time to get to know each other, by the time we get our asses into gear, Christmas is over. Next year, how could we come together earlier on to demand more money..? Maybe people can use the Royal Mail christmas casual chat forum to discuss more?

http://www.royalmailchat.co.uk/community/index.php

TIPS FOR XIVAS CASUALS

*AWAYS SEN AND OUT, even if managers say they will do it for you. Royal Mail stole a lot of peoples' wages last christmas, saying they did not have 'proof' that they worked because the sign-in sheets weren't signed. So people did not get paid for whole days that they worked. The sign-in sheet is the only way to prove you were there.

*They were always messing up pay so MEPARECORD of exactly when and for how long you worked so you don't get diddled!

*Instead of working a whole extra day OVERTIME - where you will get your break time deducted - work a couple of hours overtime each day. That way, at the end of the week you have made a full 8 hours pay extra instead of 7 hours and 20 minutes!

Support the Save Ealing Hospital ampaign

The rich millionaires who run our government are killing our health service.

We've had a free Health Service in Britain for so long people take it for granted and think it can't be taken away. But it is, one step at a time.

Many years ago you had to pay money for a doctor. If you couldn't pay you got sicker, your illness got worse or your child wasn't treated. People were desperate – they borrowed money to pay.

Then in 1948 the NHS was set up. Why? Because people put pressure on the government, demanding better work and living conditions. Soldiers came home from fighting a war and they expected improvements. Working class people across Britain insisted on free health and education otherwise there would have been trouble. Today it's our turn - if WE don't make trouble, we're going to lose the NHS bit by bit.

Hospital departments are closing steadily. Here in North West London the Accident and Emergency departments have closed at Hammersmith Hospital and Central Middlesex Hospital. The Maternity Department has closed at Ealing Hospital and they are closing the children's ward, so children can't go to Ealing A&E. And they plan to close more – including 500 much needed hospital beds.

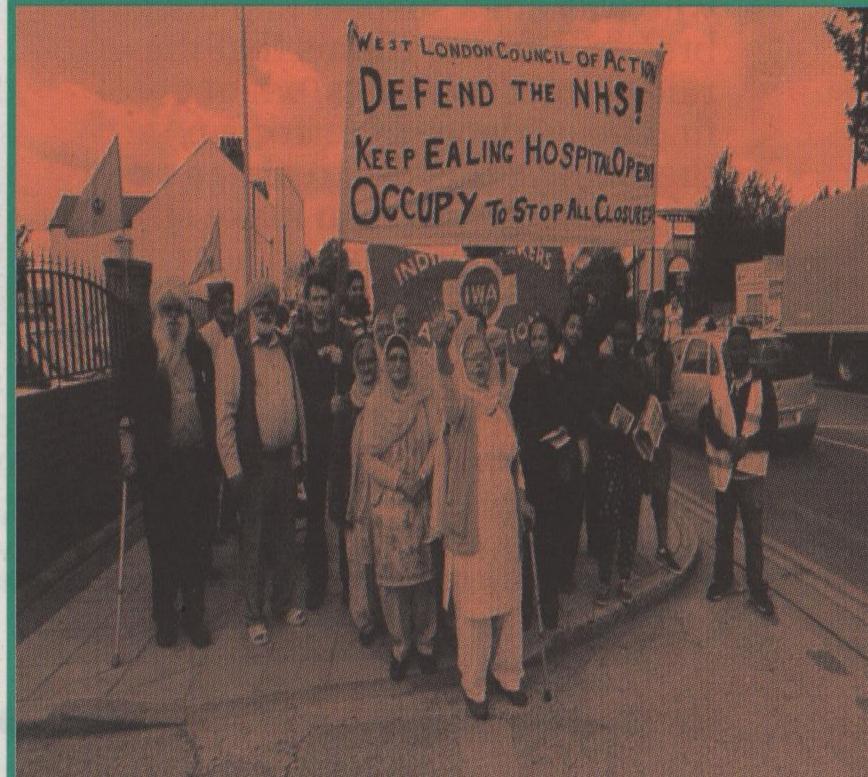
At the same time private companies are being allowed to take over health services. These vultures are being allowed to choose which parts of the Health Service they can make money from. These companies and the Government are finding ways to exploit health workers. It's so bad even the doctors had to go on strike.

Here in west-London people are fighting back – we have held many demonstrations and protests.
We have given out hundreds of

thousands of leaflets on the streets and we are using social media and other ways to tell the truth.

What we need now is big angry movement of people to defend the Health Service and the hospitals that we pay for and which are there for us.

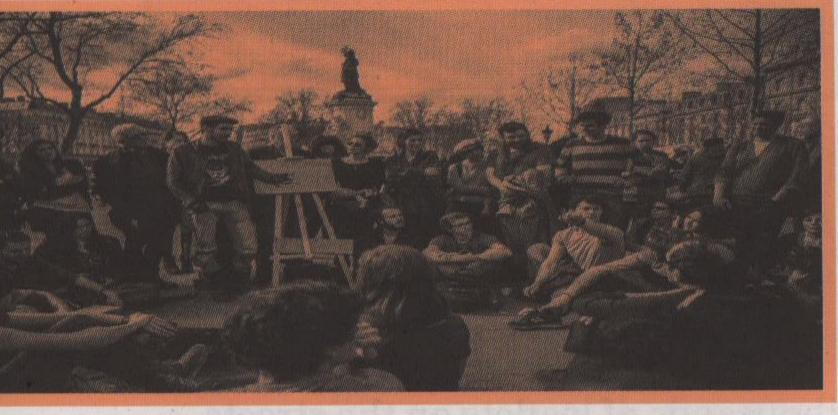
Please check out Ealing Save Our NHS on Facebook or www. ealingsaveournhs.org.uk



HEADS HELD HIGH IN FRANCE

In the last issue we wrote about the grim situation after the November terror attacks in Paris. This looked set to stir up a storm of patriotic flag waving and racism, which have always been the favourite way governments have tried to distract people from other problems - corruption in government and business, unfair laws, cruddy jobs or no jobs at all. We are told not to worry about these problems, that we must accept them and fight whoever the government says is the enemy.

So not surprisingly, the French government wasted no time in scapegoating all French Muslims for the acts of a handful of terrorists. The French government declared a state of emergency, which, at the time of writing, is still in effect, more than 6 months after the attack. This allows French authorities to carry out police raids and put people under house arrest without prior authorisation from a judge. These powers have mostly been used against French Muslims. Over 3000 searches and between 350 and 400 house arrests had been approved, often with shaky or no evidence.



House arrest has ruined many people's lives, stopping them from working, screwing with their social lives and turning their neighbours against them. The raids have at times been brutal, in some cases the police have broken down doors despite being offered the keys. Innocent people have been hurt. A child was injured by flying wood splinters when the police raided the wrong address. An old man who was not a suspect had his teeth broken. Despite claims that these raids target terrorists, when police find no evidence of terrorism in these raids, they try to pin any petty crime charge they can make stick to the unlucky occupants. The result of this heavy-handed response that has harmed the lives of thousands of following leaders. The movement people? Only five terrorism related investigations...

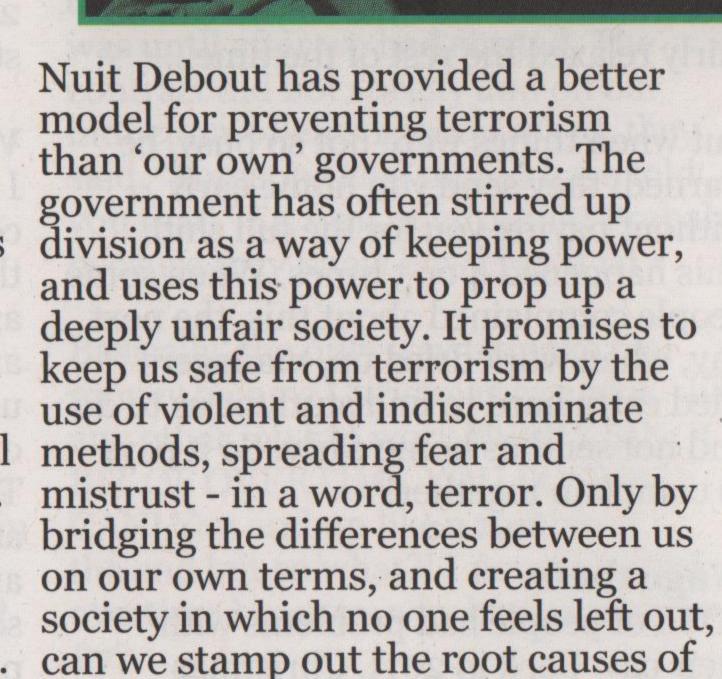
These tactics have not found many terrorists, but they may have

created some. Islamic terrorism feeds on fear, mistrust and hatred, and having armed men break down the doors of innocent people and rough them up is a great way to spread them. Groups like ISIS want Muslims in the west to feel isolated from, and wronged by, the countries they live in, so that they can raise funds and recruit fighters from those places. They launch terror attacks knowing that it will provoke a government crackdown, which will methods, spreading fear and only push Muslims into their hands. Western governments and Islamic terror groups feed off each other's violence to gain more power for themselves, and we all pay the price.

Won't Get Fooled Again

However, many working class people in France have not allowed themselves to be distracted from their other problems by patriotic chest beating, or allowed mistrust to stop them from coming together to fight against those problems. On 31st March France was swept by a huge wave of protests over the "El Khomri" law, a change in French labour law that would make it easier for employers to fire workers and increase the legal hours that can be worked in a week. A general strike was declared and over a million workers and students took the stree in protest in over 250 cities.

Out of this mass protest, a group of protesters decided to occupy the Place de la République in Paris, setting up camp in the square. The British media has mostly ignored this, perhaps out of fear that it might give us ideas, but it has continued to grow despite police repression. Occupations and protests inspired by this act have since spread throughout France and into neighbouring countries. This movement, dubbed Nuit Debout, is now protesting against the Establishment in general, including austerity, the use of emergency powers, and the treatment of migrants. Hundreds, often thousands of people have spent the night together in the squares, eating together, discussing, planning actions against the government attack on workers. People decide together instead of is also working against the fear and mistrust that divides us, trying to create spaces where people can talk to each other about politics and work together as equals.



A Brief Timeline

terrorism.

9th March - Half a million people protest against the new labour law. From this point on, there are spontaneous occupations, blockades, and clashes with police, mostly by students. Students blockade nearly a quarter of the 190 colleges in Paris.

Sist March = Over 1 million people come out all over France to protest new labour laws. Unions go on strike. Fights break out with police. Buildings and public spaces are occupied, including the Place de la République that will become the centre of Nuit Debout.

28th April - Wave of protests, with 100,000-200,000 throughout France. More occupations.

10th May = - Under threat of a revolt by MP's, French government uses Article 49.3 of the constitution to force through labour laws without a vote in parliament. Thousands take to the streets. More police clashes.

13th May = Railway unions go on indefinite strike. Square occupants gather in front of the Renault factory and discuss the aim of the movement with Renault workers.

18th May - A procession of students and unions invaded a Paris train station and blocked the tracks. 130 workers at another train station had a general meeting and unanimously agreed to extend the strike. All 8 oil refineries are on strike. There is massive police repression.

2nd June - French air traffic controllers go on strike so many flights are cancelled.

REBEL CITY NEWS AND VIEWS FROM LONDON TOWN

News about working class people struggling against bad conditions and government cuts often don't make it into the big media and even more rarely arrive here on the fringes of the city. Below some news against the 'nothing can be done' attitude!

KIDS STRIKE!

Over 40,000 parents signed a petition calling for a boycott of the national SATs tests and many kept their kids at home on May 3rd in protest against over-testing. Kids are branded as failures before they are 7 years old. Parents and teachers They were demanding £10 an came together against the continuin attacks on our education system.

Hospital deaners strike

On March 21st nearly 200 cleaners and domestic staff employed by Aramark at four mental health facilities in South London went on strike. hour, sick pay and payment for working unsociable hours.

EVICTION PREVENTED

On the 8th April the residents of a squat in Grenville Street, Bloomsbury, along with a hundred supporters, managed to stop an attempted eviction. Bailiffs finally gave up after 5 hours trying to get through barricades erected by the protesters and supporters.

Libraries campaign

Lewisham Library workers have balloted to go on strike after the council decided to cut £1 million from the library budget and remove staff from four libraries. In Lambeth, Carnegie Library was occupied by local residents to protest its closure, and a gym near Oxford Circus, run by Greenwich Leisure Ltd, which is in line to run the gyms that will replace two local libraries, was also briefly occupied.

Cleaners win London **Living Wage**

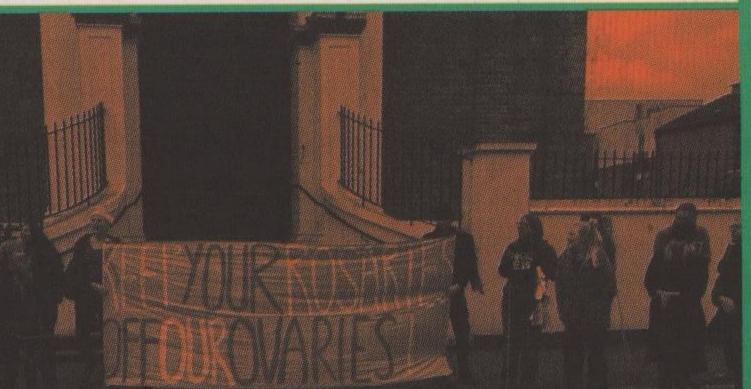
After a 6 month campaign, cleaners at **Middlesex University** will be paid the **London Living Wage** of £9.40 from January 2017. They are cleaners in an outsourced company (meaning they are agency workers). If they can get £9.40, maybe we could too...

The Topshop 2

On April 16th there were protests against fashion retailer, Topshop, demanding one of its contractors, Britannia Services Group, reinstate two of its cleaners who were fired for being involved in a campaign to get the London Living Wage (£9.40/hr). There were more protests on May 14th across 17 cities in the UK, which included a blockade of Oxford Street. Workers are organising as a grassroots union, United Voices of the World.

Student rent strike

More than 1000 university students across London have decided to withhold over £1 million in rent to protest against extortionate rents and poor living conditions. Management have also cut bursaries by up to £1000, increasing the amount of student debt, which is hitting the poorest of us the hardest. Students are demanding an immediate rent cut, student control over rent policies and full transparency of management's accounts.



Church blockade

On April 16th Feminist Fightback blockaded St Johns Church in Stratford, preventing an antiabortion group from harrasing women at the local clinic. To watch a short video of the action go to: www.feministfightback.org.uk

BURSARIES FOR NURSES

On June 4th 2016 several thousand nurses, midwives and supporters demonstrated against the cuts of bursaries. The government wants students nurses to get into £24,000 worth of student debt when training.



Courier strike eCourier has agreed to a 28% pay rise, an increase in the weekly bonus cap, free uniforms, and 10p per mile compensation for costs for its cycle couriers after a campaign by a grassroots union called the Industrial Workers Of Great Britain (IWGB). Just the threat of a protest caused management to negotiate a better deal for workers. Workers are fighting back and winning!

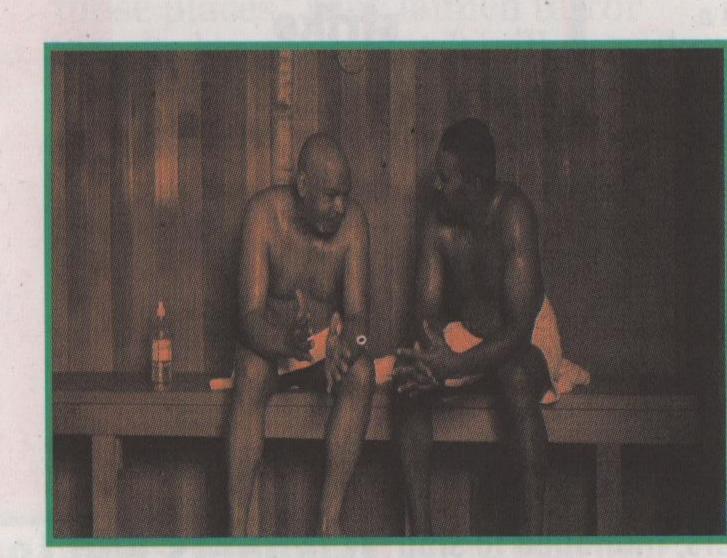
ITS GAING HOT IN HERE!

CONVERSATIONS FROM THE SAUNA IN GURNELL LEISURE CENTRE, GREENFORD

Strangers hardly ever speak to strangers and because in London everyone is a stranger, nobody ever speaks to no one! People stare into their mobile phones on the tube or sweat in awkward silences in the waiting room of their GP or at the job centre. But if you know where to look, there are places where people talk freely - little islands of random chats between people who often haven't seen each other before...

One such island is the sauna in Gurnell Leisure Centre in Greenford. Me and my friends like to go there after a week in the chill, going nuts on the assembly line, or after pushing brooms in the drizzly Perivale rain. Most people there are working people from around Greenford, Ealing and around the world. People talk about life, about politics. Older geezers tell young guys from Poland how they arrived from Jamaica in the 1970s to work in

industrial laundries in Acton or for Royal Mail. Gujarati ladies talk about the fact that the picking at the H&M warehouse in Wembley aggravates their arthritis and exchange experiences about natural remedies from Kenya. We discussed the



situation of mining workers near the frontline in Ukraine with a Ukrainian forklift driver and his Bulgarian friend. We discussed the NHS being sold off and how much worse the situation is in America where one guy

had lived for a while, that if you get sick there, you end up bankrupt.

We might disagree about putting too much mint-oil on the stove (not allowed!), but most of us agree on some basics: the politicians cannot be trusted, the poor are getting poorer, the rich are getting richer and something has to been done. There are not many of these places for these types of conversations. Maybe you have to be in a semidark room for it, with a dozen of so half-naked sweating people? In any case, we have to create more of them and defend them: Ealing council has agreed to sell the leisure centre land to a real estate developer. The leisure centre will be closed and demolished in 2017. The real estate developer has promised to build a new one (together with unaffordable flats), but who knows if that will actually happen. We should defend the leisure centre as long as it exists!

GURNELL - REDEVELOPMENT

Some of you may have heard that the council is planning a massive redevelopment of Gurnell Leisure Centre. They want to hand over public land to a private property developer so that they can build market-rate flats to finance a state-ofthe-art leisure centre. A new leisure centre sounds great. The bad news for us is that Gurnell will be knocked down in April 2017, and not re-open (supposedly) until January 2019.

Councillors say that the roof will cost £10 million to repair in the shortterm, so it makes financial sense to knock it all down and start again. However we have the following concerns:

1. The council has already sunk £1.34m into this Gurnell redevelopment project before even asking us what we think about it. We need to get involved NOW to get

assurances that this development will benefit US, and not just greedy property developers.

2. Unaffordable housing will be built on the leisure centre site in return for a contribution towards the cost of improving the swimming pool. But shouldn't this be really 'affordable'/ social housing instead?

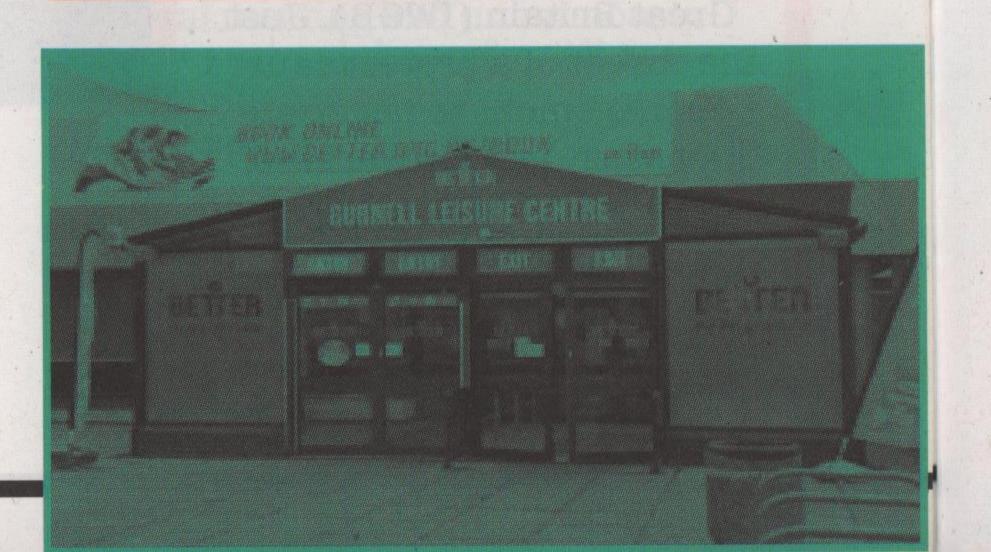
3. While a state-of-the-art leisure centre sounds brilliant, we would like concrete assurances that it will remain accessible to local people. Admission prices should remain the

4. Detailed financial information has not been made publicly available. This is OUR land and OUR leisure centre. We should have open access to all information about this process. Why can't we?

5. What guarantees are there that the council retains control over the quality of rented accommodation, treatment by landlords and rent levels? And if the leisure centre itself is run by a separate company, but the tax payer has paid £12 million for it, what role do we have in how it is run?

Let's go and voice our concerns and press for some assurances at the next public meeting:

Date: 14th July Where? Hathaway Primary School, Hathaway Gardens. Ealing. W13 oDH. When? 6.30pm. Focus on: Housing



workerswildwest https://forum. netzwerkit.de/c/ Forum:

wordpress.com www.workerswildwest. Strona internetowa:

angryworkersworld@ Email:

ulotek pod zakładem pracy gazetę bądź bardziej się zaangazować! od agencji czy rozdawniu wsparcia w planowanych przedsięwzięciach np. - jeżeli potrzebujesz w miejscu pracy i działań robotników - w celu opisania konfliktu (iomomimoms) z pracy (oczywiście - w celu przedstawienia swoich doświadczeń

do siebie częściej przyjaciół, a nigdy

świętowania po pracy. Zapraszajmy

potrzebujemy trochę przyjemności i

emocjonalnych problemów.

ufać sobie w przypadku naszych

zgrywać silnych kolesi przy naszych

mężczyzn dookoła nas: przestańmy

lub nie jest w stanie nam pomoc. Do

innych, co więcej, nikt inny nie chce

przerzucać naszych problemów na

i uciskani ludzie, musimy się

nadużyć, jeśli twój kolega z pracy

z innymi i dochodzą cię odgłosy

niz zrobić, ale jako wyzyskiwani

opowiada tobie o problemach w domu,

przemocy domowej lub jakichkolwiek

w inny sposób. Jeśli dzielisz mieszkanie

Mozemy tez spróbować pomagać sobie

gdy jesteśmy pewni, ze współlokator

wspierać, a nie tylko odwracać wzrok,

presję. Możemy starać się wzajemnie

zamiast wywierać na siebie nawzajem

rozmawiać ze sobą o naszych domowych

problemach i starać się je rozwiązać,

Możemy dzielić się umiejętnościami

oszczędzać w ten sposób pieniądze.

nad dziećmi, środkami transportu,

prawdziwej społeczności. Możemy

wspólne zamieszkiwanie w budowę

Możemy iść dalej i tworzyć przestrzenie

do życia i zabawy, przekształcając

dzielić się pracą domową, opieką

w prowadzeniu domu. Mozemy

nauczyć jak sobie ufać. Nie możemy

zajmij się tym. Łatwiej to powiedzieć

kolegach (z pracy) i zacznijmy

Zeby walczyć o lepsze warunki pracy,

nie zostaniemy sami!

- Greenford Bus Depot

Centre - Ealing i Southall Job

- Greenford Retail Park

(Greenford i Princess - Royal Mail DC

Greencore, Premier Park) - Park Royal (Bakkavor,

i s'yrudsnis ynysegem) - Greenford Auriol Drive

daj nam znač. Jeszcze warto ją rozdawać, Jezeli masz pomysł gdzie dystrybuować co miesiąc w poniższych miejscach. Staramy sie Ja

IE GAZEIE?

Twojego wsparcia... inni tez potrzebują Skontaktuj się z nami... Potrzebujesz pomocy? To walka o przetrwanie. miejscem pracy ulotki. rozdałby pod naszym potrzebujemy kogoś kto kierownictwa lub Jeśli w ograniczeniu zapędów pracy, potrzebuje pomocy nas został wyrzucony z w job centre, jeśli ktoś z wypłaty lub ma problemy Jeśli ktoś nie dostał się nawzajem wspierać. pracowników, którzy będą Potrzebujemy lokalnej sieci chodzi tylko o słowa. W tel gazecie nie

jutro? w pracy, co mozemy zrobić kolegami czy koleżankami dzisiaj z dwoma, trzema działa? Co możemy zrobić na tym: "Co działa, a co nie da zrobić". Pytanie polega sluchania, że "nic się nie po prostu. Mamy dość otępiającej pracy. Tak bankierów, polityków i stworzyć świat bez szefów, znależć sposoby jak walczyć razem. Musimy poty, dlatego powinnismy wyciska się z nas siódme Jesteśmy wyzyskiwani i tu przybyliśmy, wszyscy Londynie. Nie ważne skąd Greenford i Park Royal w Zyjemy i pracujemy w

GAZETA?

lubi jeść itd., ale nie było to nic wielkiego". czasu zanim nauczyliśmy się co kazdy z nas oszczędzamy pieniądze. Zabrało nam trochę lub czwarty dzień. Ponadto w ten sposób małych posiłków, każdy z nas gotuje co trzeci Zamiast codziennego przygotowywania gotujemy i razem spozywamy posiłki. zywnościowej. Teraz częściej wspólnie zostawiał £20 tygodniowo w kasie rozwiązanie, polegające na tym, iz każdy dla siebie było uciążliwe. Znależliśmy przechowywanie rzeczy, gotowanie tylko tygodnia. Indywidualne robienie zakupów, pracuje na inne zmiany i w inne dni "W naszym mieszkaniu, czworo z nas

dom wspólnie! Dzielcie koszty po równo i utrzymujcie są dostarczyć lub zrobić "więcej". pozostałych jak tych, którzy zobowiązani którzy "płacą więcej" będą traktować między współlokatorami są zepsute. Ci, 30-40 funtów miesięcznie, ale relacje podnajmowanie. Zarabiają na tym innych osób z klasy robotniczej poprzez rachunków): wielu robotników zdziera z być wyłożenie kart na stół (wyłożenie mieszkanie, pierwszym krokiem może Na przykład, gdy dzielisz z kimś

mieszkaniach oraz poza nimi. robić w naszych wieloosobowych mniejszych rzeczy, które możemy wysokie. W międzyczasie jest kilka pustych miejsc, ale czynsze są zbyt gotować, bawić. Dookoła jest mnóstwo moglibysmy się spotkać, rozmawiać, wspólnej przestrzeni, w której aby mniej pracować. Potrzebujemy

Musimy walczyć o wyzsze pensje, Londynie musimy o nie walczyc. я м оресиусь магипкась w przede wszystkim czasu i miejsca, upadków. Krąg przyjaciół wymaga podczas zyciowych wzlotów i dziećmi, obowiązkach domowych, się wzajemnie w opiece nad przyjaciół, którzy mogą wspierać Potrzebujemy większego kręgu

Wyciągnijmy z tego co najlepsze! w dużej bliskości z innymi ludźmi. często jesteśmy zmuszeni do zycia śmiertelna pułapka! Jednocześnie staje się coraz trudniejsze. To sprawiają, że życie rodzinne obciążenia finansowe i stres oparcia w rodzinie, podczas gdy itd., zmuszają wielu nas do szukania społecznej, zasiłków mieszkaniowych przez rząd cięcia w sektorze opieki Co w takim razie robić? Przeprowadzane

Lepsza Alternatywa?

mur "prywatności" ich nie powstrzyma. mogą coś usłyszeć i interweniować, jeśli blisko siebie oznacza, że współlokatorzy trudniejsza. Z drugiej strony mieszkanie a ucieczka z domu staje się coraz przez co konflikty łatwiej eskalują, stworzyć sobie nawzajem przestrzeni, kryzysów, robotnicze pary nie mogą oznaczają, że podczas osobistych obcych. Przeludnienie i niskie dochody Londynie dokonanych Jest przez tylko 7% zgłaszanych gwałtów w jest partner, "kolega", lub krewny: większości przypadków napastnikiem gwałcone, ranione lub mordowane, w

RODZINA?! NIE MOŻNA ICH ZABIĆ, NIE MOŻNA BEZ NIC ŻYĆ...? UWAGI NA TEMAT RODZINNEGO ŻYCIA, PODNAJMOWANIA POKOI I POTRZEBY UTRZYMYWANIA PRZYJACIELSKICH WIĘZI

Niemal posikałaś się, czekając na współlokatora, biorącego kąpiel? Wariujesz przed rozpoczęciem zmiany, szukając opieki dla dzieci? Czujesz się niezręcznie, prosząc współlokatora, aby nie zostawiał obciętych paznokci na stole kuchennym? Żyjesz z rodzicami i siwiejesz na myśl o czynszu za kawalerkę? Brzmi znajomo...?

Rodziny rozchodzą się po całym świecie, a równocześnie musimy dzielić mieszkania z "obcymi". W takiej sytuacji możemy narzekać albo próbować jakoś żyć. Poniżej przedstawiamy nasze przemyślenia na ten temat:

"Nasza przyjaciółka wraz z mężem żyją w małym pokoju w Southall. Ona pracuje na dziennej zmianie w centrum dystrybucji, on na 12 godzinnych zmianach w magazynie z warzywami, gdzie jako 'nielegalny' jest zatrudniony na czarno. Ich 5 letnia córka żyje z dziadkami w Pendżabie w Indiach. Nie widzieli jej przez 3 lata. Ich wiza niedługo się kończy. Pomimo że w Indiach byliby klasą średnią, ona nie chce wracać, ponieważ tutaj ma 'więcej wolności'. Niedawno urodziło im się kolejne dziecko. Obecnie żyją w trójkę na 9 metrach kwadratowych. Ona nie może ubiegać się o urlop macierzyński, ponieważ oficjalnie nie może pracować".

"Mój przyjaciel pracuje w magazynie wraz z mężem. Ich 4 letni syn żyje od 2 lat z dziadkami w Polsce. Zdecydowali się go sprowadzić do UK, lecz ze względu na problem z opieką nad dzieckiem musieli sprowadzić babcie, która nie zna angielskiego. Synowa nie jest zadowolona z życia razem. Koszty opieki nad dziećmi są tak wysokie, że młodzi często zależą do swoich rodziców czy tego chcą, czy też nie".

"Daliśmy ogłoszenie o wynajmie naszego pokoju w Greenford. Co drugi telefon był od pary z małym dzieckiem. Nasi współlokatorzy nie chcieli głośnego dziecka, przez które nie można się wyspać przed zmianą, więc odmawialiśmy..."

"Kiedy zaczął się kryzys, wyjechałem z Hiszpanii, gdzie utrzymywałem się samemu przez 3 lata. Zacząłem żyć w Londynie z moją hiszpańską matką i pakistańskim ojczymem. Zarabiam płacę minimalną, więc nie jestem w stanie samodzielnie wynająć mieszkania. Wkrótce po moim przyjeździe do mieszkania wprowadził się także młodszy brat ojczyma z żoną i dwójką dzieci. Ojczym i jego brat pracują jako taksówkarze, a ich żony zajmują się domem i wychowują dzieci. Początkowo mieli zatrzymać się u nas tylko jako goście, ale nie znaleźli taniego mieszkania, do którego mogliby się przeprowadzić. Od tego czasu stale spieramy się o to, kto ile pracuje, ile zużywa gazu, czy prądu lub czy opłaca rachunki".

Niskie płace w Londynie ograniczają oczekiwania i obowiązki związane z utrzymaniem własnej rodziny. W pułapkę "niska płaca-wysoki czynsz" nie wpadają jedynie pracownicy pochodzący z zagranicy. Wielu naszych znajomych pracujących w Greenford jako zamiatacze ulic (50 letni mężczyźni, urodzeni w Anglii) dzielą mieszkania lub pokoje albo wracają do mieszkań swoich rodziców w podeszłym wieku, ponieważ życie na własną rękę jest za drogie.

Kryzys w rodzinie - izolatka

Praca jest stresująca i czasochłonna, często ją zmieniamy i przeprowadzamy się do innego mieszkania. Wszystko to wpływa na nasze przyjaźnie. Aktualnie ludzie mają mniej przyjaciół niż 20 lat temu. W przeprowadzanych niedawno badaniach 1 na 8 ankietowanych mężczyzn stwierdziło, że w ogóle nie ma bliskich znajomych. Uderza fakt, iż zamężni mężczyźni dwa razy częściej cierpią z powodu braku przyjaciół niż niezamężni. Dla wielu osób rodzina staje się głównym polem życia emocjonalnego. Jednocześnie rodziny i małżeństwa stają się coraz bardziej kruche. Są one przeciążone zarówno pod względem emocjonalnym jak i ekonomicznym, mężczyźni (częściej niż kobiety) oczekują od partnera, aby zadbał o ich wszystkie potrzeby emocjonalne.

W świecie gdzie ludzie mają mniej czasu na przyjaźnie, a szeroko pojęte społeczności są anonimowe "romantyczna miłość" i rodzina wydają



się "bezpieczną przystanią". Niemożliwe, aby jeden związek zapewnił wszystkie potrzeby emocjonalne człowieka, niemniej brak ich zaspokojenia odbierany jest jako osobista porażka. Ponownie dotyczy to przede wszystkim mężczyzn, którzy nauczeni są wierzyć, że jedyną osobą, przed którą mogą się otworzyć to ich partnerka/partner. W pracy grają twardzieli, w domu płaczą przy piwie.

Rodzina i romantyczne związki stanowią także jedną z niewielu sfer, w których mężczyźni z klasy robotniczej mogą przestać czuć się, że są na dnie. Wtedy co najmniej jedna osoba jest "niżej" od nich i mogą ją kontrolować. Tak więc, kiedy wielu mężczyznom rodzina jawi się jako "bezpieczna przystań", dla wielu kobiet stanowi ona źródło potencjalnej przemocy. Zewnętrzny stres, izolacja i gra sił, często przybierają na sile.

"Mieszkam we wspólnym mieszkaniu. Zyją w nim trzy pary, z których każda posiada jeden pokój. Większość z nas nie widnieje na umowie najmu, jeśli więc stracimy pracę, to nie dostaniemy zasiłku mieszkaniowego. Brak miejsca bywa denerwujący, szczególnie w małe kuchni lub wystając na korytarzu w oczekiwanie na wolną łazienkę. Dlatego staramy się dać sobie trochę wolnej przestrzeni. Dochodzi do tego, że zaciera się granica między 'dawaniem sobie przestrzeni' a ignorowaniem się. Kiedy słyszę kłótnię dobiegającą z pokoju obok, nie wiem w jaki sposób reagować. Mam wrażenie, że facet znęca się nad swoją partnerką, kiedyś usłyszałem, jak na nią krzyczał i ją uderzył. Później zapytałem ją czy wszystko w porządku, ona odpowiedziała że tak. Jej angielski i możliwości zdobycia pracy są gorsze niż w jego przypadku. Dziewczyna spędza bardzo dużo czasu, siedząc w pokoju i czekając, aż on wróci z pracy. Dlatego wydaje się od niego zależna, zarówno finansowo jak i emocjonalnie. Zycie z kimś w jednym pokoju oraz izolacja od innych (nawet w wieloosobowym mieszkaniu) oznacza, że aby uciec, musiałaby wykonać olbrzymi krok do przodu".

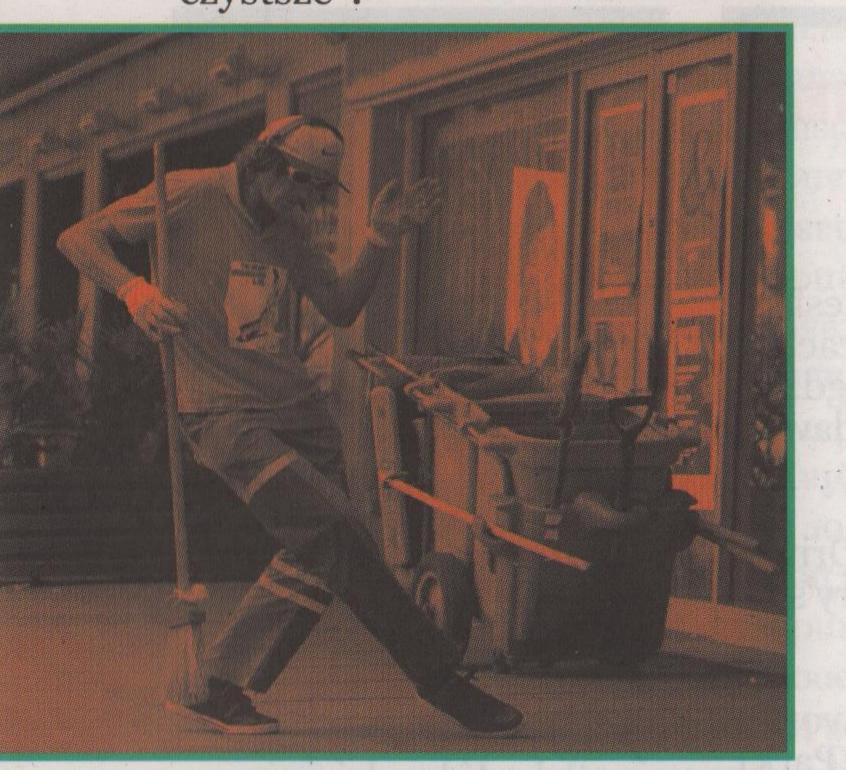
Co tydzień w Anglii i Walii na skutek przemocy domowej umierają dwie kobiety. Dom to wciąż najczęstsze miejsce, w którym kobiety są

COZABURDEL

ZWOLNIENIA W AMEY STREET CLEANSING I REFUSE COLLECTION DEPO W GREENFORD

Greenford Road
300 pracowników w tym 100
agencyjnych
Płaca 7,41 £ zamiatanie/
załadunek (po 12 tygodniach),
8,50 £ prowadzenie ciężarówki

Jeżeli mieszkasz w Ealing, to z pewnością otrzymałeś informację od rady dzielnicy o wprowadzeniu kubłów na śmieci na kołkach. Nieważne czy je lubisz czy nienawidzisz, problem polega na tym, że Amey (firma sprzątająca w Ealing) zapowiedziała zwolnienie 80 pracowników. Twierdzą, że do obsługi kubłów na kółkach potrzeba mniejszej ilości ludzi. Nie dość, że zwalniają kobiety i mężczyzn ładujących kubły, to jeszcze zapowiadają ograniczenie liczby zamiataczy ulic "ponieważ wraz z kubłami na kółkach ulice staną się automatycznie znacznie czystsze".

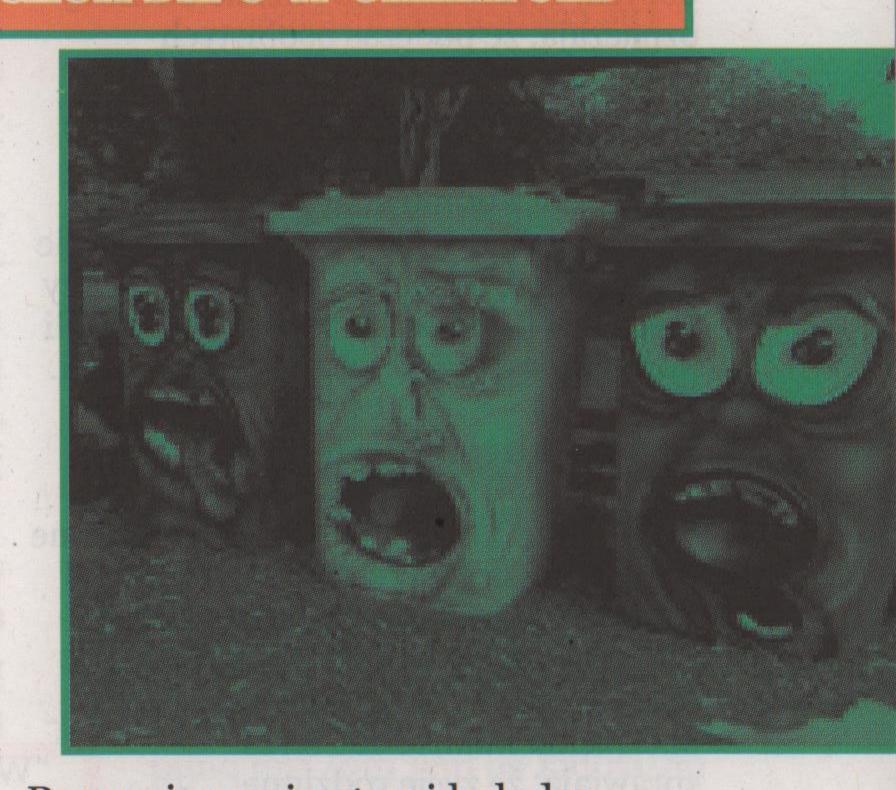


Historia z kubłami na kółkach służy im za pretekst do zwolnień i zmuszenia mniejszej ilości pracowników do wykonywania tej samej pracy. To dzieje się w depot od ostatnich 20 lat. Po wprowadzeniu prywatnych podwykonawców (May Gurney, Enterprise) wzrosło obłożenie pracą, a płace spadły. Obecnie prawie połowa z 300 pracujących

w depot nie jest zatrudniona przez Amey lecz przez różne agencje pracy tymczasowej m.in. Hays, Berry Recruitment, Extra Drivers. "Tymczasowi" w depot zwykle pracują po parę lat. Płace są niskie (7,41 £) a ulic do zamiatania i kubłów do ładowania wciąż przybywa. W innej gminie Londynu (np. w Hackney) agencyjni zamiatacze dostają 9,25 £ na godzinę.

Amey nie jest biedną firmą. To część hiszpańskiej grupy Ferrovial, która m.in posiada lotniska w Bristolu, Belfaście, Glasgow, Southampton i 25 proc. udziałów w Heathrow. Stojący za tym wszystkim główni właściciele posiadają aktywa szacowane na 8 mld. \$. Kiedy jedni zbijają krocie na posiadaniu infrastruktury, to inni, którzy zamiatają, budują czy utrzymują tę infrastrukturę i dostają za to głodowe płace. Nie wciskajcie więc nam, że nie macie pieniędzy!

Związek zawodowy GMB zwołał spotkanie dotyczące zwolnień. Związek zrzesza tylko stałych pracowników i tylko oni zostali zaproszeni, pomimo że pracownicy tymczasowi są pierwszymi do zwolnienia. Na spotkaniu biurokrata związkowy z GMB, który jest spoza firmy, zaczął od tego, że nie ma wiele do powiedzenia i że "nie wie, dlaczego prosili go o prowadzenie spotkania", miał na myśli kierownictwo. Następnie powiedział, że "niech zbędni ludzie odejdą, mam listę 60 osób, którzy chcą przyjąć zwolnienie", następnie zaczął liczyć wysokość odpraw. Doszedł do tego, że dobrą odprawę otrzymasz, jeżeli masz ponad 55 lat i pracowałeś ponad 20 lat w firmie, a ci którzy pracowali nawet 8 lat, dostana jedynie 2000 £.



Rozumiemy, że starsi koledzy chcą wziąć odprawę i przenieść się do suchej pracy, ale to nie znaczy, że zgadzamy się na cięcia miejsc pracy! Zgodnie z tym, co powiedział związkowiec z GMB "nie ma lekko", więc te miejsca powinny zostać obsadzone, w innym wypadku zostaną stracone na zawsze. Wiele osób stwierdziło, że związek jest za miękki, że zgodzi się na wszystko, co powie kierownictwo i radni. Niech im będzie. W takim razie wszystko zależy od nas, od tego, co uważamy za dobre i konieczne, narzekanie nic nie zmieni. Tylko walka się opłaca. Śmieciarze podnajmowali przez Kier Ltd w Somerset, dostawali o 2 £ mniej na godzinę niż ci, którzy wykonywali taką samą pracę o kilka mil dalej. Zaczęli więc pracować zgodnie z zasadami bhp, odmawiali nadgodzin i przerwali prace na kilka dni. Kier złamała się w styczniu 2016 r. Płace wzrosną o 18 proc. w czasie 3 lat i każdy będzie dostawał więcej niż Living Wage.

Z pomocą innych pracowników możemy zmusić do tego samego również Amey – bądź w kontakcie! Można o tym rozmawiać w czasie zbierania śmieci, pojemników na surowce wtórne czy prowadzenia nowych pojemników na kółkach!