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		WOMEN'S CENTRE
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202 . de	and the second	Your diary needs You !
	PTEMBER	
MO	N 14	Rape Crisis 8.15pm Open meeting Q Centre "The Law on Sexual Offences - What changes do we want?" Lesbian Link Q Centre 7 - 9.30pm Q's Fightback 8.00 118 Mansfield Road Trades Council Women's Committee 7.30 118 Mansfield Road Q & Film, Midland Group Q & Photography 11.00 - 3.00 The Building
ΤU	E 15	Pregnancy Testing Q:Centre 6.00 - 8.00 Mansfield Health Group 7.00 49 Westhill Drive Q Disco Hearty Goodfellow 8.00
WE	D 16	Lesbian Link Q 7 - 9.30 WONT 8.15 Q Centre Feminist Art Group 7.00 Midland Group Gallery Q & Health Planning Group 118 Mansfield Road 8.00
ТН	UR 17	Pregnancy Testing, Family Centre Bulwell 5 - 7.00
SA	T 19	Pregnancy Testing, Family Centre Bulwell 5 - 7.00 WiRES - 6 monthly meeting. 10.30 am. 9 centre Pregnancy Testing 10.00 - 12.00 Q Centre
MO	N 21	Q & Photography 11.00 - 3.00 The Building Lesbian Link 7 - 9.30 Q Centre
TU	E 22	Mansfield Health Group 7.00 49 Westhill Drive Womanwrite 7.00 Q Centre Pregnancy Testing Q Centre 6 - 8.00 Starting Girls Groups 8.00 Q Centre Q Disco Hearty Goodfellow 8.00
WE.	D 23	Festival meeting 8.00 Q Centre Q & Medical Practice 8.00 Q Centre WONT 8.15 Q Centre
THI	UR 24	Pregnancy Testing, Family Centre Bulwell 5 - 7.00 The New Cinema 7.00 'Occasional Work of a Female Slave'
FR	I 25	NAC Disco (mixed) 8 - 12.00 Late Bar ASRA Raleigh St £1 (unwaged 75p)
SA	T 26	Pregnancy Testing 10 - 12.00 Q Centre Monthly Disco for Q Centre Hearty Goodfellow 8.00 Cris Williamson Concert, Birmingham 7.30
10 M	N 28	Q Centre Discussion - 'Women's Unemployment' 8.00 Lesbian Link 7 - 9.30 Q Centre Q's Fightback 8.00 118 Mansfield Road Q & Photography 11.00 - 3.00 The Building Q & Film Midland Group
TUE	29	Festival Workshop meeting 8.00 Q Centre Q Disco 8.00 Hearty Goodfellow Pregnancy Testing Q Centre 6 - 8.00 Mansfield Health Group 7.00 49 Westhill Drive
WEC		Lesbian Link 7 - 9.30 WONT 8.15 Q Centre
	4.0	n'4 miss this in November, won't you?!

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OCTOBE	R		7 00
THUR	1	Pregnancy Testing, Family Centre Bulwell 5 - WLM meeting The Narrowboat Inn Canal St 8.0 The New Cinema 7.00 'The Role'	
FRI	2	The New Cinema 7.00 'The Role'	
SAT	3	Pregnancy Testing 10.00 - 12.00 Q Centre Dr Katharina Dalton speaking on her work on menstrual Syndrome' Central Library Mansfiel Q & Medical Practice co-ordinating meeting,	d. 2.30
MON	5	Q & Photography 11.00 - 3.00 The Building Lesbian Link 7 - 9.30 Q	a A. V. sting
TUE	6	Lesbian Link 7 - 9.30 0 94 Theatre Spm Queen's Walk Cc. 'Suen' in Mama's Cond Mansfield Health Group 7.00 49 Westhill Driv Pregnancy Testing Open Meeting 8.00 Q Centre Pregnancy Testing 6 - 8.00	e H- minung.
WED	7	Lesbian Link Q Centre 7 - 9.30 WONT 8.15 Q Centre Media Group 8.30 5 Gedling Grove	
THUR	8	Pregnancy Testing, Family Centre Bülwell 5	
FRI	9	Q & Photography 'Revival' meeting 8.00 The A	rboretum pub
SAT .	10	Feminist Strategies Conference 'The Househol inside) Pregnancy Testing 10.00 - 12.00 Q Centre	d' (details
MON	12	Rape Crisis Open meeting 8.15 Q Centre 'Camp rape in marriage' Lesbian Link Q Centre 7 - 9.30 Q & Photography 11 - 3.00 The Building Q's Fightback 8.00 118 Mansfield Road Q & Film Midland Group Trades Council Women's Committee 7.30 118 M	CCTOS
	28.83	Mansfield Health Group 7.00 49 Westhill Driv Pregnancy Testing O Centre 6 - 8.00 Disco 8.00 Hearty Goodfellow WONT O Centre 8.15 NAC O Centre 8.00 Lesbian Link 7 - 9.30 O Centre	e Many thanks
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WED 2	28	WONT Q Centre 8.15 NAC Q Centre 8.00 Lesbian Link 7 - 9.30
THUR 2	29	Pregnancy Testing (Bulwell) 5 - 7.00 * Health - Icc. Room 39. 7.4
SAT 3	31	Disco for Q Centre Hearty Goodfellow 8.00 Feminist Strategies Conference - Q in the Economy (details inside
		Q & Film Day School Theme- 'Witches' Pregnancy Testing Q Centre

The diary this month is rather solidly packed with info. Somy if its not so pleasant to read, but we haven't had any time to do anything but collect in the information - getting in touch with women was quite difficult because of horidays. Still, we hope you find it worthwhile depite the uninspiring format!

It's got to cost 10p instead of 5p...... 'es its twice as thick ! Also the cost of paper has gone up, etc. etc.

<u>DCTOBER 15th</u>. for information to be put in the November diary the November diary that is, IF one or two women offer to help/take over]

3

ACCOMMODATION, Sr. Annis Lynn Harrison + 2 children 58, Rushworth Close, St. Annis offers accommodation to a woman or woman + 1 child.

NOTTM. Y AID REFUGE 4 REFUGE RAFFLE need women to help with to be drawn at 118, repairs, maintenance etc. 15 manfield Rd. Workshop, on you have any spare time, why OCTOBER 19th. not contact them Don't forget to buy your tikes. 624547

DISCO[mixed] N.A.C. at A.S.R.A. Centre, Raleigh St. fl waged 8-12. FRIDAY 25th SEPT. late 75 p unwaged bar.

CONTACT.	S		Sorry	
DIARY CENTRE	Chris is & Caro	litis da ble bed.e lod to ae to .quotp	45361	the Fun
W I R E S FINANCE GROUP				Lunawidar
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RAPE CRISIS LESBIAN LINK			410652	died
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OPEN DOOR Q & HEALTH Judith / Pipp	0 703396	Pauline Brenda	284478	after a
N A C PREGNANCY TESTING		Jane Mary	866816 583536	prolonged
BULWELL PREGNANCY TESTING		Y HODY YO NG RVGH II		
PREGNANCY TESTING CAMPAIGN		Jane Nikki	5 376 9 606887	illness
RADICAL MIDWIVES Q.& MEDICAL PRACTICE		Pippa Lexie	703396 819166	00
Q & FOOD WAVAW		Carol	46714 (day) 411475	Capito
FEMINISM & NON-VIOLENCE W O N T	:370.	Bee	53587 (daj 411475	n ²
TRADES COUNCIL WOMEN'S COMMITTEE		Gywn	865904	
Q FIGHTBACK		Ann	623527	
Q VOICE BIG FLAME EAST MIDLANDS Q & FILM Carol Jon	es 582636	Jen Wendy	203 088 207 686 58 3 489 (do	(Y)
Q & THEATRE (WITCH THEATRE)		Irene	862 348	
Q & PHOTOGRAPHY		Alex	703628	
FEMINIST ART GROUP		Pauline	251827	
Q & MANUAL TRADES Self Defence		Judy Rachel	620765 583586	
Provide and a second				

WOMEN & MANUAL TRADES no local group, but anyone interested, especially in the problems of women writing in the building industry, contact Judy..... 620765

GA	Y HUMANIST GROUP
No	info' but if you
	interested, contact
Jay	one for details.
	by (96) 380837
4 -	8 pm. Hanna saart

We have been asked by several women to give information again about groups with a brief description of their aims, activities etc. We have contacted as many women as possible for updated information, but because of holidays a few may have been missed out. If you are in a group, or know of activities you want publicised, PLEASE let us know by OCTOBER 15 for details to be put in the November issue - IF we get some help! ! I This list includes October meeting dates and events

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A B CAR

WOMEN'S CENTRE

Many groups meet at the Q Centre so although there are no workers as such, the premises are used a fair amount. The Finance Group sees to the administration of the building, makes sure phone, fuel and rent bills are paid etc but there is also practical work to be done. Several women have started - cleaning out the cellar, some decorating - but it needs a lot more help. Work sessions at the moment are on Sundays from 12.15 onwards. The more women can help, the better the place will be to use.

FINANCE GROUP

MONEY MONEY MONEY

OK so you have enough money hassles of your own. But if the Women's Centre is to stay open it needs to be sure of a regular adequate income. The current state of the finances is this:

DUTGCINGS:	Rent Gas & ele <mark>ctric and Rates</mark> Water	125 per quarter 102 g " " 79 " " 17 " 00 "	
	Total	<u>323</u> = £ <u>108 per mont</u>	h
INCOME:	From groups	52 per month	
	Individual standing orders	135 JTON 00 2 HOAST	
Aan	Total £	87 XJA81H319 Q	

So we are about £20 a month short.

This is an appeal for money, and for interest. We need more standing orders from groups and individuals, one-off donations and fund-raising efforts. And we need more women aware of responsibility for handling the finances. The Finance Group is very small.

It is not a very demanding task - it meets about every 3 weeks for an hour - but it is essential. So please will groups try to send a recresentative. Incividuals are also welcome.

Contact the Finance Group at the Women's Centre-

Penny, Emma and Josie

DISCUSSION GROUPS

Earlier in the year these were on Monday and Thursday of alternate weeks. We don't know if they are still continuing ... any info? -X STOP-PRESS Mon. 2677. has been set for a making about "Women's Unemployment."

These are still on the first Thursday of each month, but are now at 'The Narrowboat Inn' on Canal Street (near Redmayne & Todds) W. I. R. E. S.

This is the National Women's Information, Referral and Enquiry Service. Their office is in the Women's Centre, and they produce a twice monthly magazine. If you want any information or a magazine Contact: Q Centre

SIX MONTHLY MEETING

WIRES as well as being the national women's liberation information, referral and enquiry service also produces the national woman's liberation newsletter. This six-monthly meeting will primarily be concerned with discussing the future of WIRES. We have advertised for a new town to take it on, but to date there has been no response If nobody comes forward the meeting will discuss whether or not it should stay in Nottingham after December and if this would be possible. We currently need a fifth and sixth collective member who can make a firm committment to WIRES at least until December ... please get in touch with us as soon as possible. Either call in (at the Q Centre top floor or phone 411475. WIRES belongs to the WLM - come and support it on 19 September, 10.30am at the Women's Centre

MONTHLY MEETINGS 6 AUGUST - REPORT W.L.M.

Reports were received of progress made in planning a Women's Festival in Nottingham, and current efforts to establish a Q's resouces and information section in the library at 118 Mansfield Road (see info section). It is planned to establish a WAVAW group in Nottingham in the near future, and a number of women have also expressed interest in initiating a project involving training/retraining women in non-traditional skills.

While there are ideas and enthusiasm for new ventures, several well established groups - including Women's Aid Advice and Support Group in particular - would especially welcome the involvement of more women. Despite repeated invitations for additional, practical help in the production of the Diary, response has been muted, and volunteers are now urgently needed.

The monthly meeting ratified the constitution of the festival planning group and (apparently?) agreed that a letter be sent from Nottingham WLM expressing support for the proposal to set up a new skills centre in St Ann's. Attention was drawn to misleading advertising placed by 'Life' on Nottingham public transport (see Diary)

Future monthly meetings will be held at the 'Narrowboat' pub on Canal Street.

DISCO COLLECTIVE

The Tuesday Disco's are still held every week (30p). Our main aim is to buy better disco equipment - this is quite a task as it will cost a lot - so we hope that the ciscos will continue to be supported as well as they are at the moment.

We are also giving money toward Lesbian Line as it needs as much support as it can get. The lesbian line have a raffle most Tuesdays at the disco. The disco collective have been holding meetings every Tuesday at 7.30. In future we will be meeting in the back bar of the Peacock on Mansfield Road at 8.00. Anybody interested in getting involved will be welcome at any meeting: or contact Josie - 283416 .

LESBIAN LINK

We have recently opened Lestian Link again. At the moment we are a very small group. We are hoping for more women to take an interest; advertising is problem and if any women can help with this, please let us know eg.any available notice boards, and also to help with fund reising as we have no donations. Contact: Josie 283416 Lesbian Link Monday and Wednesday

vy lasting 17 - 9.30pm = 410652 gele slybes y lupne bas leatered.

MEDIA MONITORING

The idea for this group came up at the WLM conference in June. The purpose of the group would be to monitor the media (TV,radio, newspapers and magazines)to pick up on items which are antiwomen and need complaining about or answering; also drawing attention to things that are of interest to Nottingham Women's Liberation Group. Women in the group could each take different publications etc. to monitor, and the group could discuss what responses to make, as well as publicising what is happening in the media generally. Along with this monitoring we could be using the media directly instead of just responding to it. The 2 of us are interested in being part of this group, and want to have a meeting with all other women interested, on Wednesday 7 October 8.30pm at 5 Gedling Grove (off Waverley Street) Contact: Alex and Marian tel 703628

WOMEN'S AID ADVICE & SUPPORT GROUP

We were formerly Rushcliffe Women's Aid but our refuge was taken over by Rushcliffe Borough Council a year ago and we adopted the • new name to insure continuation of our salary grant from Nottingham County Council . We are members of the National Women's Aid Federation and support their aims.

We work in the downstairs room in the Women's Centre from 10.00 -3.00 Monday - Thursday and from 10.00 - 1.00 on Friday (tel 46490) We support battered women who phone or call in by listening and offering practical help such as contact with refuges, solicitors, housing agencies, social security etc. We also visit women who have been in Nottincham or Rushcliffe Refuges, or who have visited the Women's Centre; we arrange social events and go to court with them if necessary.

Our group has one baid worker firanced by the Social Services Committee and the rest of the work is done voluntarily, mostly by refuge ex-residents. Rurning costs - heating, lighting, travelling expenses, rent and stationery - are met entirely by fund raising. Our jumble sale a few weeks ago raised £57 and disco's are also well supported.

We feel that an important part of our role is education about violence to women which we believe originates in the unequal structure of society and we give talks to schools, colleges and other interested groups. We really need more women to take active interest in the group - if anyone has time to spare during the day please get in touch with us at the Women's Centre.



Rewarding position - light clerical duties. Informal atmosphere, flexible hours Varied rasks. Salary: permanently pending. APPLY - Guess where??....

NOTTINGHAM WOMEN'S AID

Nottingham Women's Aid is affiliated to the Women's Aid Federation (England) and works within the aims of the Federation. These aims are:

1 To provide temporary refuge on request for women and their

- children who have suffered mental or physical harrassment. 2 To encourage the women to determine their own futures and
 - to help them achieve them whether this involves returning home or starting a new life elsewhere.
 - 3 To recognise and care for the emotional and educational needs of the children involved.
- 4 To offer support and advice and help to any woman who asks for it, whether or not she is a resident and also to offer support and aftercare to any woman and child who has left the refuge.
- 5 To educate and inform the public, media, police, courts, Social Services and other authorities in respect of the battering of women; meaningful to the effect that this is a result of the general position of women in our society. 6 To support the aims of the Women's Liberation Movement.

In practice this means that we have an 'open door' policy; no woman is refused refuge and if our refuge is full we get in touch with other refuges to see if they can accomodate her. The refuge is run on a self-help basis by the support group and the women in the refuge. There is a house meeting each week where decisions on policy are made and where the women can talk about their grievances etc. The support group consists of women who are interested in, and sympathetic to, the aims of Women's Aid and can offer help and support to the women, which can mean going to court with them or giving advice on Social Security matters, injunctions etc. There are no rules in the refuge except in reference to security where, for example, we do not give out the address. No men are allowed in the refuge because often the women are distrustful of men. These rules are necessary in order to make the refuge a refuge in the true sense of the word. If you are interested in joining the support group or would like advice or refuge ring: 624547

OPEN DOOR

This is a housing association set up by women to house battered women. We meet in the O Centre on alternate Thursdays at 1.00pm We very much need more members as we now have 7 houses. During the summer we organised a successful outing to Rampton. Contact: Pauline 251827

Q SELF DEFENCE

This is initially a 4-week introductory course of basic selfdefence run by Ivy Drysdale who is experienced in both Judo and Karate. If the response is good we can start again in November after Ivy's holiday, or women could join the University group which meets on Mondays on the campus (Portland Building). This is free. Although the course starts before the Diary is out, we need to know if more 9 are interested, especially for a Nov. course . For more information and to arrnge lifts etc. please ring Rachel at 583536. The dicourse starts at 6.30 pm on Friday September 4th at the Centre which is on St Paul's Avenue, Hyson Green. WAVAW ---- Women Against Violence Against Women

This is a new group forming for all women interested in discussing sexual violence and taking action against it. The structure and activity of the group will be determined by the women who join it but there could be lots of room for trying new things out. The range of actions we can take will be as wide as our imaginations, when you think of how wide the scope of violence against women is, and how many areas of our lives are deeply affected by the violence men do to us. This group could be the place for women who are not sure yet what specific areas of Women's Liberation they want to get involved in, as we can have lots of discussion and information-sharing, and so we will all be learning and breaking new ground. Also it may suit women who can't give a lot of time, or make a long term committment to a group, but would want to get involved in a specific action for a short period of time. A date had been set for the first meeting before the Diary comes out but if you didn't get to that, you can drop a line to WAVAW Group c/o Women's Centre. The next meeting will be at Q Centre at 8.00pm on Thursday 15 October.

There is a National Conference being organised by Central London WAVAW Group for 14/15 November at Starcross School Islington. The publicity says 'to exchange views; information between groups, to make links with Rape Crisis Groups and Women's Aid Groups, to develop theory, to plan actions and publicity, to define what WAVAW is.' Suggested workshops : Prostitution, pornography, sado-masochism, sexual abuse of girls, sex therapy, family therapy, the language of violence, our own sexual fantasies and practice.

Further information will be put into the November diary and transport will be arranged from Nottingham.

RAPE CRISIS CENTRE

9

The Rape Crisis Centre has a phone line open from 11.00 - 5.00 Monday - Friday (410440) for women who have been raped or sexually assaulted in any way and want to talk to another about it/need information. We will also meet women in person, just to talk to or to go with them to agencies like the police, clinics etc

However, we do seeit just as important for the group to work politically to tackle assumptions about sexual violence and to strengthen women's position in relation to this. We have been involved in setting up a defence class, speaking to many women's and mixed groups, organising a day of films and discussions on sexual violence, leafletting 'sex and violence' films etc.

We are, at present, applying for funding from the Inner City Scheme and hope eventually to employ part-time workers. In the meanwhile we are totally dependent on donations to pay the rent and phone bills.

We will be opening the group up again in October for new women & to join. We have already been contacted by some women who want to get involved in the group. Any others who are interested please contact us or come to the meetings. We will organise a series of meetings which will introduce women interested in joining the group to the work of the Rape Crisis Centre and will be an opportunity to talk about what is involved in being in the group. Before starting to take calls we all go through this 'training' so that we learn the relevant information (and how to find it), share ideas on how best to deal with calls and the emotional strain on us, and discuss the work and politics of the centre.

RAPE CRISIS contd. also

We have decided to hold regular meetings which are open to all women, in order that we can discuss the issues that come up in our work with a wider group of women who are interested in them. We plan to hold one month, at the Womens Centre 8.15pm.

Monday September 14th

Open meeting to discuss the present law on sexual offenses, the changes proposed by the Criminal Law Revision Committee and the changes we would like to see. WOMEN & MEDICAL PRACTICE

Monday October 12th

Open meeting to discuss proposed campaign about rape in marriage and the issues it raises, see WIRES 117.

WOMEN & HEALTH

- Report from the May Q and Health Conference This report will be available very soon probably early October. It covers almost 1 all of the workshops and should be of interest to both those who did and did not attend the conference. Some of the topics are:. menopause, ageing, premenstrual tension, childbirth, mental health and vaginal infections .
- There was a lot of interest at the Conference in following up 2 with a series of discussions/information sessions. The first of these have now been arranged, starting in October: the last Thus.

PROVISIONAL LIS	T OF TOPICS	of the month. (except Dec. which
OCTOBER 29%.	Menstruation	will be on 17th).
NOVEMBER	Menopause	I.C.C. Mansfield Rd.
DECEMBER	Women, Food & Body Image	7.45pm. Room 39.
JANUARY	Mental Health	PAREGNANC
FEBRUARY	Alternative Medicine	
MARCH	Women & Cancer - focussing or	n alternative therapies

APRIL Sexuality

It is hoped that the evenings will be in the format of informal discussions and exchange of ideas and experience, but there will be women at each session with a particular interest/knowledge in the topic, who are willing to start off the sessions.

Plans are also in progress for setting up a Women's Health Advice and Information Centre. Because it involves considerable administration and funding and needs a reasonable amount of research done before opening, this will start hopefully early next year. The Planning Group will be meeting regularly - the next meeting is on Wednesday 16 September at 8.00pm at 118 Mansfield Rd

Conta	acts:	Judith / Brenda	/Pippa	703396 284478	or via the Diary	
Noțe	Q	& HÈALTH	DAY CONF	ERENCE - SATU	RDAY 24 OCTOBER	
lhî est adva lest lest	Real HERRY	OGRAMME -	What do What is of healt How to c how to	we mean by Q the role of th service pro ampaign for a improve the	reet London NW1 Health? Well Woman Clinic in the so vision we want? Well Woman Clinic and facilities already provideo r reaching women in the	

community

MANSFIELD WOMEN'S HEALTH

Mansfield Women's Health Group are organising a public meeting on Saturday 3 October at 2.30pm in the Lecture Theatre of the Central Library, Westgate, Mansfield, when Dr Katharina Dalton will talk about her work on the pre-menstrual syndrome. All welcome (mixed). The Health Group will continue to meet as before on Tuesday evenings from 8 Sept onwards at 49, West Hill Drive. We have discussions a give advice on various \$2's health problems.

WOMEN & MEDICAL PRACTICE

These groups are made up of women who have had bad experiences of the medical profession and are angry about the attitude to and "treatment" of women patients. Both those involved in the profession - doctors, nurses, homeopaths, osteopaths etc. and those on the receiving end are in these groups. A lot of interest has been expressed since our national conference in April and there are now ten groups throughout the country. We have also received letters of support from Germany, Canada, America, Australia and nearer home, from Ireland and Wales. We offer support to women suffering from the medical profession and aim to change the attitude towards the female patient. We campaign about unnecessary surgery - unnecessary hysterectomies, mastectomies etc.; join with N.A.C. for a woman's right to control her own fertility and are trying to re-learn medical skills which the male dominated medical profession has seized from us. We want to see more unbiased research into women's medical problems.

There will be a co-ordinating meeting of W.A.M.P. in Sheffield on October 3rd.

The next full conference will be in the Spring, possibly in Scotland, Contact : Lexie 819166 top rinders . 2.00

PREGNANCY TESTING CAMPAIGN

Various women from the Birth Group, NAC and Pregnancy Testing Group have been campaigning for early tests to be available on the NHS. This arose because doctors had been advised in a circular to cut down on early tests which were 'frivolous and 'unnecessary'. This has led to refusals of tests to some women who needed to know for urgent medical, social or personal reasons. We also objected to the circular on the grounds that it is in every woman's interest to know early that she is pregnant, for health reasons or should she want to.consider an abortion. Meetings are irregular - if interested please write c/o Q Centre or contact Jane 53769

NOT TINGHAM PREGNANCY TESTING

We are a group of women who run free Pregnancy Testing sessions twice-weekly, Tuesday 6.00 - 8.00 and Saturday 10.00 - 12.00 No appointments are needed and because the results are available immediately we talk through the issues as much as the woman wants and have a wide range of information on pregnancy, contraception. abortion, adoption etc and any problems. Within the group we have discussions on various health problems related to pregnancy. This is important to us as we do not want to just provide a service. We meet regularly on alternate Tuesdays and hold open meetings once a month for any women who are interested in the issues and/or want to join the group. At the moment we are looking for at least 2 new members; the meeting on Tuesday 6 October is particularly for women who want to discuss joining the group.

Contact: Mary 583536 or Q Centre at session times.

BULWELL PREGNANCY TESTING

We are voluntary group of 6 women who provide a free pregnancy testing service at The Family Centre, 50, Langclose Court, Crabtree Farm Estate, Bulwell. We are open Thursdays 5.00 - 7.00pm. All women welcome. Contact: 751710

BIRTH GROUP

We are a group of women who came together about 5 years ago, primarily to support each other in attempts to get home births. This has become increasingly difficult, but we are still active in pushing for the option to have home births. We have produced a leaflet - 'Having a Baby At Home' - which explains the procedures. More recently we have become interested in all aspects of birth, including hospital birth and we are also discussing more general health issues. Meetings tend to be sporadic depending on activities, so if you are interested or want to talk about your own problems Contact: 606887

THE ASSOCIATION FOR POST-NATAL ILLNESS

The Association for Post-Natal Illness (7 Gowan Avenue, Fulham, London SW6) was formed in 1979 with the aim of helping those women who suffer from post-natal depression. The Association is run by a Committee which contains a Professor of Chemical Pathology, a Consultant Psychiatrist, a Consultant Obstetrician, a Genreal Practitioner and a Biochemist. There is also a Scientific Advisory Committee which contains 5 Consultant Psychiatrists, 2 Consultant Obstetricians and a Pharmacologist.

A leaflet which describes the Baby Blues and Post-natal Depression is available to Health Authorities, maternity units and ante-natal instructors. The leaflet seeks to make women more aware of the illness without alarming them. It is hoped that women who read the leaflet and subsequently develop the illness will seek medical care earlier.

The Association has set up a register of women who have suffered from post-natal depression and are now well. These women make telephone contact with mothers who are currently depressed, this contact is maintained throughout the illness and period of recovery.

The Association is always prepared to offer advice to depressed mothers on a wide range of issues concerning the management and treatment of post-natal illness. Our Committee and advisors are available when specialist advice is requested. The Association works in co-operation with other organisations such as the National Childbirth Trust, the Meet-a-Mum Association and the Federation of Women's Institutes.

The Association is a registered Charity committed to raising money to support research into post-natal illness. All funds received above the running costs of the Association are devoted to research.

The Association welcomes anyone interested in the illness to its membership. Membership is free and requires only an application in writing to the Secretary. Donations are our only source of income, every donation, however small is both urgently required and very much appreciated. Cheques should be made payable to the Association for Post-natal Illness. Newsletters are published every April, August and December. To receive these publications 3 SAEs should be sent to the Secretary annually. Contact. Diane: 223652

RADICAL MIDWIVES

Our overall aim is to restore the role of the midwife for the benefit of the childbearing woman and her baby. Our objectives are:

- 1 To re-establish the confidence of the midwife in her own skills
- 2 To share ideas, skills and information
- 3 To encourage midwives in their support of a woman's active participation in childbirth
- 4 To reaffirm the need for midwives to provide continuity of care
- 5 To explore alternative patterns of care
- 6 To encourage evaluation of development in our field

National Meetings are held 6 - 8 weekly in different parts of the country. There are no regular meetings held on a local level as yet but watch this space! Regional Contact for East Midlands is Pippa MacKeith, 71 Forest Road East, Nottingham Tel 703396

NATIONAL ABORTION CAMPAIGN

Abortion - A Woman's Right to choose.

This is the basis on which N.A.C. was set up some time ago, &

we've fought to see that the anti-abortionists have not had things all their own way. They have tried through various Private Members Bills in Parliament--remember White, Benyon & Corrie?--to restrict our already restricted rights to abortion. N.A.C. has helped to organise massive campaigns in defence of the 1967 Abortion Act & has made " A Woman's Right to Choose" an issue that the labour movement takes seriously.

Now we're looking at ways of extending women's rights inthis field--after all you don't actually have the right to choose if you live in the wrong area, or have an unsympathetic doctor, or lack the money to pay.

If you are interested we meet regularly sharing ideas & tasks so that everyone is fully involved.

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CONTACT: Jane 866816

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LIFE POSTERS

"Life is an anti-abortion group and yet its posters claim to offer 'pregnancy testing, advice and counselling'. Women have turned to them expecting unbiased counselling and the opportunity to talk this situation over but have been met with a moralising lecture on the evils of abortion.

*

These misleading posters are now prominently disolayed on City Transport buses. If you want to complain (remember that the City Council is now Labour controlled and that the Labour Party policy is for abortion on request from the NHS) write to the City Labour Group at the Council House, Nottingham. NAC has already sent a letter of portest to the Labour Group and to the Transport and General Workers Union. We are also getting local Labour Parties to take up this issue. . Add your voice to the protest!

IN MEMORIAM.

Nottingham Women's Diary. Feb. - Oct 1981. Will be sailly missed. No flowers. Donations to.. The Association of Distressed Diarists.

N.A.C. conta.

ABORTION FACILITIES BILL

Anti-abortion critics of the 1967 Abortion Act claim that it offers "abortion on demand" - a far cry from the truth. In fact recent figures show that it's becoming a case of "abortion if you can pay for it". Whereas in 1971 56% of all abortions were carried out on the N.H.S., this had declined to 46% by 1979. The combination of cutbacks in the health service and unsympathetic G.P.s or consultants leave women in some parts of the country with very little choice. Although entitled to a legal termination they must either continue with an unwanted pregnancy or turn to the private or charitable clinics. Can you think of any other operation where this is the case ?

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"t was to try and overcome these regional inequalities and to make it a duty of the Area Health Authority to provide abortion facilities that Labour M.P. Jo Richardson introduced the 10 minutes Facilities Bill in Parliament on 1st July. Despite very little advance warning of when such a Bill would come up, it was possible to organise a lobby of Parliament and to get the issue publicised in the press.

Although the Bill was defeated by 215 votes to 139 (with Margaret Thatcher voting against it) it has shifted the emphasis. Instead of continually fighting against restrictive laws we are now fighting for <u>positive legislation</u> for changes which will give women the Right to Choice.

FEMINIST STRATEGIES

3 workshops are planned at Kingsway Princeton College, Sidmouth Street, London WC1 for 10 and 31 October and 21 November. Their purpose is to discuss a more coherent strategy for the Women's Movement which would express the links between the disparate groups of the movement. The titles of the workshops are:

- 1 The Household In this workshop we will be discussing the links between legal, economic and social politics defining women's position in relation to work and homs. We would like to produce political demands which challenge existing structures and reconstruct the household as a new unit in which women are no longer the caretakers and dependents of men. The workshop's introduction will cover: the composition of households; discrimination against women in taxation, NI and Social Security policy; family law (divorce, custody and domestic violence); the status of child-care and how provision (or lack of it) affect women's lives; the effect of housing policy on women's access to housing; the political implications of these issues. For further information ring Sue 01 249 6861
- 2 Women in the Economy The areas and some of the ideas we would like to discuss are: education and training; skill and gender; pay and income. For further information ring Hilary Ann 01 586 4163
- 3 Sexuality and Social Policy. The workshop hopes to concentrate on 2 areas currently in the forefront, the legal status of rape and the age of consent. It is hoped that the discussion will deal with how these issues relate to wider issues within the movement - strategies and choices about sexuality, contradictions between liberal protection of the individual and the interests of women, etc. For further information ring Nanci 01 482 0404

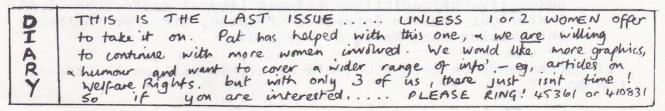
All correspondence to: A Women's Place, 48 William IV Street, London WC1

FESTIVAL & Festival & FESTIVAL & Festival

At the meeting on Thursday August 13 it was clear that if we want to apply for money from the Councils and other bodies then we must do it NOW. There has already been a meeting with the County Council's Director of Leisure Services who has told us that we must submit an application with full details of activities, venues, dates and costs by the beginning of September at the latest. When we have a guarantee of a grant from the Council, we can then apply to the Districts and other bodies for funding. The skeleton plan is in its early stages. It is to take place from Feb 27-March6 (near Q Day Lots of exciting ideas and possibilities are being discussed. These include:

- 1 travelling exhibitions in which groups would advertise their activities and the festival itself (Other displays could include the work of the photography group, women writers, wonen's crafts,);
 - 2 films a series of films at the New Cinema and also different films to be shown at other venues eg Community Centres around the city and county. These however depend on a group of women coming forward, prepared to organise it.
 - 3 theatre and revue there is already a women's theatre group but a revue preformed in pubs etc is also planned. If you are interested in a comic feminist revue contact Cathy 816632
- 4 poetry evening it was suggested that we ask Fay Weldon and/or Zoe Fairbairns. We also already have access to some material. It all needs organising - Anyone interested?
- 5 workshop weekend there will probably be a demand for these to take place on both the first and last weekend and venues for both are being sussed out. There will be a meeting to talk about the workshops (everything from discussions to practical sessions) on Tuesday September & 2 at 8.00pm at 0 Centre
- 6 rally it is hoped that the rally will also include theatre, music, stalls and speakers. There whould be an emphasis on local women's issues. There are no women to organise it so far This would take place on the last Saturday.
- 6 music besides hoping to encourage local women musicians to perform eg on the folk club circuit etc. we would like to get a couple (or maybe 3) big women's rock bands. One would play mid-week to a mixed audience and one for the women only social on the Saturday night. Perhaps we could get local clubs eg Rock City to book someone "tig" during that week. Again this needs to be costed as soon as possible. Anyone interested?
- 7 sport events all week at various centres, finalising with a marathon on the Saturday.
- 8 radio local radio programmes on women's issues and the events

If there is something you would like to see happening, come to the meetings. We are especially anxious to involve young women and women from ethnic minority groups.



Festival contd.

During the meeting with the Director of Leisure Services it was recognised that this was a very ambitious project to plan in such a short space of time. He also suggested that if it goes well this time then we might be able to get funding for a part-time organiser for one in 1983.

WE NEED LOTS OF WOMEN TO HELP IF THIS IS GOING TO BE A SUCCESS. THE MORE WHO ARE INVOLVED THE LESS THERE WILL BE TO DO FOR INDIVIDUAL WOMEN.

DON'T BE SHY - GIVE IT A TRY!

WOMEN OPPOSED TO NUCLEAR TECHNOLOGY

WONT is a women's group concentrating on the fight against nuclear power and weapons. We believe that a feminist analysis is necessary to get to the roots of the arms race and centralised energy systems. Our main aim is to contact other women and break the silence imposed on them over these matters. We have prepared a tlak to give to various women's groups and have done a lot of street theatre and leafletting, organised demos and helped with the Peace Festival. Our group is part of a growing national WONT network.

WONT puts a lot of emphasis on how we work and relate personally withing the group and on building an atmosphere of trust. We welcome new members. Meetings are every Wednesday at 8.15pm at the Q Centre. CONTACT: WONT, Q Centre or phone 53587.

There will be a Women's Section on the October 24 CND demo in London. Please join us then. Tickets from Ouroboros, Mushrcom or Environmental Fact Shop. Please get one as soon as possible.

WOMANWRITE

We are looking for women who like writing to join a new group. The group will, of course, evolve according to who joins it but these are the ideas we would like to start with. We want the group to be small and close, to help us feel confident enough to read out our poems and stories. We want encouragement to take our writing seriously. The writing we do is about things we are living through, or have done in the past, so discussing our writing in the group would help us to be clearer about our lives. The feed-back and support we get from the group would be giving us the power to make changes in our lives.

We would be looking at whu we write about what we do and at the ways we choose to express our ideas and feelings. Hearing women's comments about our work and talking them through will help us to write with more impact and clarity. We could work towards a publication in say, 9 - 12 months (we can apply for funding) The next meeting for the group is set for Tuesday September 22nd at 7p.m. in the Women's Centre. This is the first meeting after the summer break and we are still looking for new women to join The group is now up to five members so we can start work on a booklet so there's still time to write your first best seller. Bring along some work if you feel brave enough.... but there is lots of time to build up your confidence, so no need to rush into anything. Contact : Marjan 703628 or write to Wendy at 18, Waterloo Rozd, Beeston.

EAST MIDLAND WOMEN & FILM

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A breakaway group from the Independent Filmmakers Association, we have a varied history of film programmes of interest to women and have held a series of workshops on practical film-making. We are holding a Day School on the theme of 'Witches' on Saturday 31 October, with films, talks and workshops. There will be a disco in the evening - Watch out for posters!

WOMEN & PHOTOGRAPHY

There are about 10 women involved at the moment and we hire out the darkroom at 'The Building' (Arts and Crafts Centre in Hyson Green) every Monday from 11.00am - 3.00pm; and sometimes we book an evening session (7.00 - 9.00pm) We also neet about once a month to have informal discussions about what we're doing or or what we would like to do. Our 'skills' are varied, some have cameras and some don't (you can hire them from The Building) but mainly we hope to give support and criticism so that we gain more knowledge and confidence in our work... next meeting Friday 9 October 8.00pm at the'Arboretum' pub, Arboretum Street Contact: Alex 703628

WOMEN'S THEATRE

We now go by the official title of 'Witch Theatre'. We are a group of about 14 women who have found that working collectively on productions and workshops is a lot of fun and very satisfying. Our last production about women and work was performed to a wide variety of audiences and we found that on the whole it was successful. We are thinking of working on something for teenagers to be ready in the new year.

We meet most Thursdays at Queen's Walk Community Centre but are sorry we feel we have enough women at the moment as a larger group could make collective working difficult. We have invited 'Siren' - a feminist group from Brighton - to bring their production called 'Mama's Gone A-Hunting' to Nottingham. This will be on Monday October 5 at 8.00 at Queen's Walk Community Centre. It sounds interesting so try to get along.

FEMINIST ART GROUP

Plans are being made for an exhibition to be held at the Midland Group Gallery next Spring. Dates suggested are: February 13 -March 13 (to coincide with Nottingham Women's Festival)

Our next meeting will be or Wednesday September 16 7.00pm at the Midland Group Gellery. For further information and details of meetings contact Pauline Lucas 251827

TRANSACTIONAL ANALYSIS <u>For</u> WOMEN <u>W.E.A.</u> CONSE run by Ann Scholter starts Oct. 2nd. (Friday) Application form from W.E.A. Shakespeare St. 20 meetings 10.15am. £10.65.

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Midland Group, Carlton Street

For the autumn the New Cinema is presenting a season of films with 3 main themes. Firstly, a series of talks and films entitled 'German Cinema is designed to highlight a tradition in German filmmaking which focusses on analysis of German society and the presentation of radical social and political ideas. A second them for the latter part of the season is that of 'Domestic Drama' - a selection of films concerned with the internal structures of the family and the ways in which the institutions of the family and the cinema intersect. 'Indian Cinema', the third main theme introduces something of the variety of Indian cinema, for the greater extent concerned with its more contemporary aspects.

Synopses of some of the films to be featured during the season are given below. These are films which may hold particular interest for may women and illustrate a number of issues relevant to the women's movement.

7.00pm

> 'OCCASIONAL WORK OF A FEMALE SLAVE!

Director: Alexander Kluge West Germany 1974 90 mins

years-old housewife and former nurse, supports her children and husband by performing abortions until a rival abortionist reports her activities to the police. propelling her into a life of political activism.

Filon S.

Thursday 22 October

7.30pm 'PLACE OF WORK'

> Director: Margaret Tait GB 1976 37 mins

Images of a house and garden an evocation of the family home, but with the family and childhood long since gone. plus 'SCENES FROM UNDER CHILDHOOD' & 'JUBILEE'

Thursday, Friday 1/2 October

7.00pm

'THE ROLE (BHUMIKA)'

Director: Shyam Benegal India (Hindi) 1977 140 mins

Based on the biography of a famous Indian film star of the forties, 'The Role' is designed to examine the place and oppression of women in Indian society against the background of the history of popular cinema in India and the images of society it produces.

OUR COLOURFUL LIVES plus (HAMARI RANGILY ZINDAGI) A tape slide show by Laxmi Jamdaqni GB 25 mins

A show based on 2 years research with 13-16 year old Asian girls living in the Midlands. It aims to question some of the stereotyped notions which exist about the lives of Asian girls in Britain.

TRADES COUNCIL WOMEN'S COMMITTEE

The Trade Union Women's Committee was set up as a sub-committee of the Nottingham Trades Council in January 1981. Its aims are : 1. to strengthen the position of women in the Trade Union movement by adopting the T.U.C. Charter on "Equality for Women in Trade Unions " and actively seeking ways to provide these aims 2. to be a focus for united action on issues relating to women at work as set out in the T.U.C. charter for Women at Work. In order to pursue the work of the committee we are seeking to set up a comprehensive section on women's issues in the library at 118, Mansfield Road. The next practical session will be at 118 on Sunday 27th September at 11a.m.

All women, from any union or who are unemployed are welcome to join.

Meetings are held at 118 Mansfield Road at 7.30p.m. The next one is to discuss 1) participation in the Nottingham Women's Festival and 2) Trades Council Centre for the Unemployed. The dates for the next two meetings are : Monday 14th September and Monday 12th October. Contect : Gwyn 865904

WOMEN'S FIGHTBACK TRADES COUNCIL WOMEN'S COMMITTEE

- RIGHT TO WORK EXHIBITION

Wonen's Fightback and Women's Trade Council are getting together to produce an exhibition on 'A Women's Right to Work' to be shown during the Women's Testival. Any women interested contact Ann 623527

WOMEN'S VOICE

Women's Voice is a socialist women's organisation. We support the 7 demands of the Women's Movement, but we believe that we cannot fight for women's liberation in isolation, that it must be allied to the fight for socialism. One issue of particular concern at the moment is the issue of Women's Employment - many women in Nottingham are being made redundant (particularly at Raleighs) We hope to have regular meetings and activities again soon. For further information contact: Jen Carter 203088 (Nottingham) or write c/o P.O. Box 82 LONDON E2

BIG FLAME

Big Flame is a revolutionary socialist organisation that takes feminism seriously. Women in 'Big Flame' nationally have produced a trochure,'Walking on a Tightrope', about women's lives and deals with issues such as waged work, housework and battered women. Nottingham women in Big Flame meet regularly. For details contact: Wendy 207686

FEMINISM & NON - VIOLENCE

There isn't a feminism and non-violence group in Nottingham though there a few women who are interested in the connections (and the contradictions!) between feminism and non-violence. We are mostly involved in the Women Opposed to Nuclear Technology group which sees non-violence as an important part of its ideology and strategy. If you would like to talk generally about feminism and nonviolence please contact: Bee at 34 Elm Avenue, Nottingham Telephone: 583536 (evenings) 53587 (daytime) Note - There is an International Feminism and Non-violence Newsletter from 168, Hamilton Road, Manchester 13.

STARTING GIRLS' GROUPS

Are you fed up with seeing girls sitting on the side lines in mixed group situations and worried about the lack of opportunity there is for girls to be other than the usual stereotype?

If so, how about coming along to a meeting on 22 September at 8.00pm at the Q Centre to talk about this and discuss what we can do to improve the situation. If you can't make that date, but would like to be involved, leave your name and address at the Q Centre and we will get in touch eith you.

WOMEN'S HOLIDAY CENTRE

A Women's Holicay Centre has now opened in Horton in Ribblesdale, Settle, Yorkshire. The charges per night for full board are as follows :

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Women	£2.50	£3.50	HIGH WAGES £5.00
Deperdent; children	50p)))(50p)/6/	£1.00

Children under one year old are free. The Diary has full details of accommodation, map etc. so contact us for further information or write direct to The Old Vicarage, Horton-in-Ribblesdale, Near Settle, Yorkshire.

WOMEN'S STUDIES

Frank Walter, at the Worker's Education Association on Shakespeare Street, is trying to get a group together to plan and extend Women's Studies courses at the WEA. There will be a meeting sometime in September for anyone interested in participating in this group. Contact WEA 45162 if you are interested.

EWOMEN'S CENTRE MONEYEEEEEEEEEE

The Women's Centre Account is used to pay bills, repairs etc (see Finance Group) Groups using the Centre pay towards costs BUT we need more! If you can afford a regular amount please send the form to your bank.

STANDING ORDER AUTHORITY - TO THE MANAGER:

Please make payment to the debit of the account specified as per details given:

ACCOUNT TO BE DEBITED (NAME & NUMBER)

PAYEE : Nottingham Women's Liberation Group

A/C NUMBER: 97021350 NATIONAL WESTMINSTER BANK LIMITED UNIVERSITY PARK, NOTTINGHAM

AMOUNT TO BE DEBITED FREQUENCY

This order cancels all previous orders made by me to the same payee and will continue until written notice is received by you.

WOMEN'S LIBERATION Monthly Meetings

have changed

SOLIDARITY WITH AFRICAN WOMEN IN STRUGGLE



The Narrowboat Canal St. [nr.RedmaynerTodd Thurs. Ist October 8 p.m