

CLEARANCE

Too much stuff?
Would like more space?
or just can't bear to sort
things.....

Clutter Clearance & Co.

are here to help

Call Helen 0115 8498680

Together we can make your
life spaces work for you.

No job too small

HELP

Nottingham Rape Crisis Centre

If you have been sexually
assaulted and need help,
information, or someone to talk to
phone 0115 941 0440.

Confidential, free and
independent.
Run by women for women

Notts LGBT Community Voice (formerly the LGB Forum)

All LGBT people welcome.
Tel 0115 911 0545 for details
or e-mail: chris@outhouse.org.uk

Women's Drug Service

Free and confidential service for
women who use, have used or

are at risk of using drugs.
Tel: 01623 785 444

Outburst! is a group for lesbian,
gay and bisexual young people up
to 21.

Meet at the Health Shop, Hockley,
Nottingham every Friday 6pm-
8pm. A space to meet other
lesbian, gay and bisexual people.

FLAME (Lesbians with ME
support group).

Social & support group for
lesbians with ME/Chronic Fatigue
Syndrome meets monthly. For
more details contact Morag on
0115 9162672 or email:
morag-@ntlworld.com

DEVELOPING SERVICES FOR THE LGB COMMUNITY

For those who haven't heard,
over the last 18 months there has
been lots of work going on in
North Notts in relation to LGB
services. These include:

- Mapping work on services,
support and facilities affecting
Lesbian, Gay and Bisexual
people in North
Nottinghamshire, developed
under the Stonewall
Citizenship 21 initiative.

This report and directory is
available at
www.bcvss.org.uk/lgb.

- The forming of the North
Nottinghamshire LGB
Development Group
- The Nottingham LGB
Switchboard becoming the
Nottinghamshire LGB
Switchboard - now covering
North Notts (Mansfield
number used for North Notts).

- The development of a Notts
LGB website, (work in
progress)

Plus a host of other
developments

For more information contact
LGB Switchboard on
0115 9348485

LOOKOUT!

Dec, Jan, Feb 2003/4

Issue 29



Out and About

Welcome to the Winter edition of
Lookout.

We have included all the news
and events that we are aware of.
If you know of any regular events
or planned events for March
2004 onwards please let us
know and we will include in the
next issue.

You can also advertise, for a
small donation, or place an
advert in the 'Lookout for Love'
column. Also if you have any
suggestions for items you would
like to see included please let us
know. Closing date for the next
issue is 7th February 2004.

We are also urgently looking for
a new, volunteer advertising
coordinator as our current one is
returning to Australia. This
involves liaising with advertisers
on costs and copy and will take
up only a few hours every three
months.

For all of the above please
contact us via

email: lookoutmag@hotmail.com
or post

Lookout
c/o The Women's Centre,
30 Chaucer Street,
Nottingham, NG1 5LP

Nottingham Lesbian and Gay
Switchboard have advised us
that Lesbian Line is no longer
running. However if you have a
women's group, event or
organisation that you wish to
publicize please let the
Nottingham Lesbian and Gay
Switchboard know and they will
pass on to any women callers.
Their contact details are
Tel: 0115 9348485

WOMEN'S CAFE



The long running 'Women's Café'
moved to **George's Wine Bar** in
September and is proving a great
success with over 40 women
attending the re-launch.

For those that haven't been
before it's a **women only**, easy
going space providing a chance
to catch up with friends and make

new ones. Don't be afraid to
come by yourself, just introduce
yourself at the bar and we will
adopt you.

The café is held on the second
Tuesday of every month from
7pm to 10.30pm. Georgina, our
host, will provide hot and cold
food and alcoholic and non-

alcoholic drinks. It's a
reasonably accessible ground
floor venue, opposite the
Broadway Cinema.
George's Wine Bar, Broad St,
Hockley, Nottingham.

Future Dates:
9th December 2003
13th January 2004,
10th February 2004

LOOKOUT! IS SPONSORED BY CAMPIONS SOLICITORS

WOMEN'S GROUPS/EVENT'S

NON-BIRTH MOTHERS

Are you a non-birth mother who would like to meet other women in the same rather unique position?



You and your partner may have entered into the parenting arena together or you may have joined the throng of gay parents quite by accident!

Whatever way you have become a non-birth mother, would you like to meet up with other women to share stories, laughter and even a few childrearing tips over a drink or two? If so, please get in touch.

Email: lizi.thomas@ukonline.co.uk
Phone: 07780 725637

Look forward to hearing from you!



WAG

Women Are Gorgeous

Do you want to meet new friends or extend your social ties?

WAG is a friendly social group for lesbians which meets on the 2nd Friday of each month at the Nottingham Women's Centre, 30 Chaucer Street, Nottingham.

The next get together will be on the 12th December 2003 - Xmas party with quiz. Bring drinks and nibbles.

Dates for 2004 are:

9th January
13th February

From 8pm.

For more information telephone the Nottingham Lesbian, Gay & Bi Switchboard on 0115 9348485

SWIFT

Single Women Into Food 'n' Talk

Do you fancy meeting 24 other single gay women? Do you enjoy good conversation and delicious food?

Next dates:

10th January 2004 (Restaurant)
14th February (Restaurant)
19th March (Restaurant)
27th March (new people)

For further information contact Pam on 07789 720251 email: pam_belper@hotmail.com

GARDENING

Calling all women who would like to join a sociable gardening group.

We look after a walled garden behind the women's centre in Nottingham growing our own fruit and flowers organically.

We have trips to other gardens, put on social events and organise training.

Please come and join us!

Everyone welcome, no skills needed.

If you would like to be part of a social gardening group please phone Chloe Griffiths on 0115 9799227 for more information about our get togethers.

HIDDEN TALENTS

18th December, 8.30pm onwards

@ The Maze (behind the Forest Tavern Pub, Mansfield Road, Nottingham).

Performances, by women, will include a selection from music, dance, poetry and comedy. Entry fee on door.

EVENTS

ETERNITY

Women's Only Disco

Last Saturday of the Month

Check out
www.ernityforwomen.co.uk

ROTUNDA CAFÉ BAR,
Standard Hill (near the Castle),
Nottingham.

From 8pm till late.

£2.50 on door.



ETERNITY NEW

YEAR'S EVE DISCO AT ROTUNDA

WEDNESDAY 31ST DEC.

WITH DJ TWINKLE (New Pop,
Chart Anthems, Dance)

8pm till 1am (2am subject to
late licence)

Advance - £6.00 members/
£8.00 non-members. On door
£8.00. Please book in advance
to avoid disappointment.

Ticket hotline 0115 9413548
(open 2pm-10pm Mon-Fri,
12-10pm Sat & Sun)

Folk Dancing In The Pink

11th January 2004 (2- 5pm)

We are hosting a one off folk dancing afternoon at the Queens Walk Community Centre, The Meadows, Nottingham. Cost £3.00. Come and have some fun, beginners welcome. The event is for men and women—with a pink flavour. Bring food to share. For more information contact Mo on 07950 472022

LOOKOUT FOR LOVE

Early 50's, woman seeking inspiring women. Interested in therapies, offering/attending workshops, self development (heal yourself—heal the world). Like meals out, theatre, cinema, some dancing, reading. Working on closeness issues. Can you relate to this ad? Why not get in touch? Box No.1

To reply to an advert...

Write your letter and place it in a stamped addressed envelope with the box number written on the front. Place this in another stamped envelope and post to:
Lookout! Personals replies, c/o
The Women's Centre, 30 Chaucer Street, Nottingham NG1 5LP.

Quirky intellectual, 45, 5ft 10', non-smoker, with strong sense of the absurd, enjoys theatre, cinema, good food and good conversation, seeks similar lesbian, solvent, 35-50 or thereabouts. Box No.2

Nobody will read your reply and it will be forwarded directly to the advertiser.

Don't forget to enclose your reply address!

To place an advert send to the above address or email to lookoutmag@hotmail.com
Please make a donation to help with printing costs, cheques made payable to the NLC Centre. Happy hunting for Ms Right ♥

SAFETY FIRST

Meeting new friends requires caution. Please make sure that you have taken precautions to ensure your safety at all times.

Try to arrange meetings in public places, not your own home. It is often best to meet in a crowded place, e.g. a restaurant or a pub.

Don't give your address until you are absolutely sure that you want to continue the relationship.

Trust your instincts and don't meet again if you have any doubts. On your first meeting, it is best to make your own way to and from the venue. It is best not to accept an offer of transport. These points may seem over-cautious, but we believe you should be safe, rather than sorry. If the person you are meeting is genuine, they will understand.

WALKING GROUPS/HOLIDAYS

HYKING DYKES

This is a walking group for female born lesbians only. They walk every month, usually the third Sunday, over 6 to 8 miles often in Derbyshire, but also Leicestershire and Nottinghamshire.

Full details of walks are on www.nottinghamhd.homestead.com

All walks are a 10.30am prompt start

Forthcoming walks are

21st December

Meet at Arkwrights Mill (Cromford) near to tea shop (GR298570) for mid winter potter and last minute festive shopping.

18th January

Meet at Newstead Abbey (Pay and Display Car Park). Off A60 between Nottingham and Mansfield (GR543537).

15th February

Meet at Sawley Marina car park off the B6540 (GR469307). 7.5 mile walk, could be muddy. Crossing busy road and fields with livestock so please note dogs need to be under control.

21st March

Meet at the Derbyshire tea rooms on the A623 at Calver. Park nearby, not in the tea room car park (GR248745).

SHEFFIELD HIKING DYKES

This is a walking group for lesbians and women questioning their heterosexuality.

Most of the walks are in Derbyshire and vary from short walks plus social to 12 miles!

Further details are available from Deena tel: 0114 2686409 and Kate tel: 0114 2218426.

The web site

www.hikingdykes.co.uk gives further information on other local walking groups.

All walks start at 10.30am unless otherwise stated.

Forthcoming walks are

7th December

Grindleford 8 miles. Meet at Grindleford Station (GR250788).

21st December

5 mile walk (start 12 noon) and social (from 3pm). Bring food

and drink to share. Phone for details.

4th January

White Edge 8 miles. Meet Curbar Gap car park (GR262747).

18th January

Bakewell 7 miles. Meet Bakewell car park (GR220686) - north side near the ducks.

There is also a Youth Hostel weekend, March 26th—28th, 2004 based at Scarborough.

WOMEN'S HOLIDAY CENTRE THEME WEEKENDS

5th—7th December 2003

ART weekend - Led by Dona. Mainly card making, drawing and painting. A chance to be creative in a relaxed positive space.

16th—18th January 2004

DRUMMING Weekend
Details to be confirmed.

6th—8th February 2004

WRITING weekend - Clare Shaw

A friendly weekend for women who want to have a go at writing and reading poetry (mainly). No previous experience required!

5th—7th March 2004

AFRICAN DRUMMING weekend - With Eli & Lynx. No experience necessary.

Cost, sliding scale £7-£20 per night each. For details and bookings tel: 01729 860207.

The Old Vicarage, Horton-In-Ribblesdale, Settle, North Yorkshire BD24 0HD

GUEST HOUSE FOR WOMEN

Stylish, comfortable en-suite rooms, delicious organic breakfasts
The Seaside
Whitstable
Tel: 01227 772143
email: theseaside@zoom.co.uk
www.theseasideguesthouse.com



WOMEN'S CENTRE COURSES

Nottingham Women's Centre

Charity Registration Number 701157

Free Careers Advice & Guidance

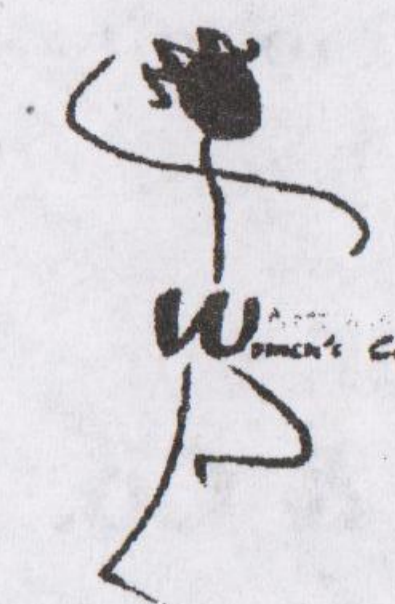
Free Business Start Up Advice
Free Training Courses*

Anxiety Management
Stress Management
Confidence Building + Assertiveness
Coping with Depression
Counselling 1 + 2
Deaf Awareness
Sign-A-Song
First Aid
Food Hygiene
Personal Safety
Yoga
Holistic Health

Art + Jewellery Making
Sewing
Business Start Up

English, Maths + IT
IT for Beginners and the Utterly Bewildered
NEW OCR CLAIT
ECDL
WebPage Design
Desk Top Publishing
Photoshop
Practical Computers
Basic Multi Media
Internet + E-mail Short-Courses
Taster Sessions
Drop-In Sessions

*Course fees will be free to all but those not on a means tested benefit who will be required to pay for exam fees.



Please contact us for more information, start dates, access details and enrolment procedures.
Crèche
Facilities for 2 – 5 year olds

30 Chaucer Street, Nottingham, NG1 5LP

Tel: 0115 924 0041 or 0115 947 5212

Fax: 0115 947 6815

e-mail:

tedproject@nottinghamwomenscentre.com

www.nottinghamwomenscentre.com

SPORT

BADMINTON

Thursdays at 9pm, Saturdays at 9am. Usually at Victoria Leisure Centre, nr Sneinton Market, bottom of Hockley, Nottingham. Any level of skill welcome.

Contact Rachel on 0115 9826952

VOLLEYBALL

This will start in the New Year. Fridays at 8pm at Portland Leisure Centre, Muskham Street, The Meadows, Nottingham. Any level of skill welcome.

Contact 07971 177576 or 0115 9826952 or email: restless_al23@yahoo.com

ROOM TO LET

Large room to let in Forest Fields (sorry no DHSS)
£200 per month + bills
Immediate availability
Telephone 07980 893434