HELP

Nottingham Rape Crisis Centre

If you have been sexually assaulted and need help, information, or someone to talk to phone 0115 941 0440. Confidential, free and independent. Run by women for women

Notts LGBT Community Voice (formerly the LGB Forum) All LGBT people welcome.

Tel 0115 911 0545 for details or e-mail: chris@outhouse.org.uk

Women's Drug Service

Free and confidential service for women who use, have used or are at risk of using drugs. Tel: 01623 785 444

Outburst! is a group for lesbian, gay and bisexual young people up to 21. Meet at the Health Shop,

Hockley, Nottingham every Friday 6pm-8pm. A space to meet other lesbian, gay and bisexual people.

FLAME (Lesbians with ME support group). Social & support group for lesbians with ME/Chronic Fatigue Syndrome meets monthly. For more details contact Morag on 0115 916 2672 or email: morag-@nthworld.com

NON-BIRTH MOTHERS

Are you a non-birth mother who would like to meet other women in the same rather unique position?

You and your partner may have entered into the parenting arena together or you may have joined the throng of gay parents quite by accident!

Whatever way you have become a non-birth mother, would you like to meet up with other women to share stories, laughter and even a few childrearing tips over a drink or two? If so, please get

in touch. Email: lizi.thomas@ukonline.co.uk



Women's Welcome Centre

welcoming women from around the world

You might be, or know of, a refugee or asylum seeker who would like someone to talk to or share your experience. You can meet other women and have lunch together or share your skills. You can get advice on a variety of issues.

Open every Friday 10am - 3 pm St Peter's Church, entrance from St Peter's Gate, St Peter's Square, Nottingham NG1 2NW

For more details contact Bilfer Ecin 0115 941 8552

LGB Youth Groups in North Notts Worksop: 01909 479191 or info@centreplace.org.uk or www.centreplace.org.uk Ashfield: Phone/txt 07990 585647/2 or 01623

Mansfield: 01623 652031 or northnottsoutreachproject@hotmail.com

727476

Newark: 01636 701526 or matt@uniquecoffeebar.com

Co-parenting

Are you involved in a relationship with a partner who has children? Is this brilliant, difficult, both or something else? Fancy talking with others in the same situation? If so there's a new group being contemplated. If you would be interested then contact: 'I'm Free' by calling 0115 911 0545 or imfree_editor@hotmail.com

07780

Love counts more than gender

3 useful web sites // email Isits Uncharted Worlds bi-educational page http://www.uncharted-worlds.org/bi/ East Midlands Bi Network http://groups.yahoo.com/group/embn/

Nottingham Bi-Women's Group http://groups.yahoo.com/group/nbwg/

LOOKOUT!

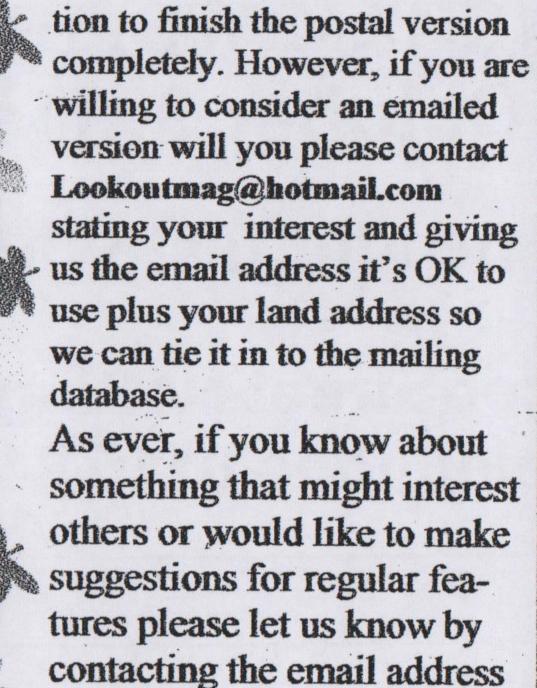
these reasons it is not our inten-

Sept, Oct, Nov 2004

Issue 32

Editorial

We've been asked to try another appeal for our readers to give serious consideration to taking Lookout in future by email. The benefits of this should be obvious: it cuts back dramatically on paper & printing, envelopes & postage not to mention money, which of course we only generate from the limited amount of advertising in the magazine. An additional benefit is that we could distribute shorter in-between issues with details of events which crop up after the deadline eg The Lesbian & Gay Film Festival On Tour, which has just finished at the Broadway cinema. Obviously, not everyone has access to email, or they use a work address and would prefer not to receive such mail, so for



or by post

C/o The Women's centre 30 Chaucer Street Nottingham

WANTED

Nottingham area. 30 year old WLTM persons of any age with GSOH, good listening ear and friendly disposition for 121 chats on a regular basis! Good telephone manner essential.

Yes, Nottingham & Nottinghamshire Lesbian & Gay Switchboard is 30 this year and is looking for new volunteers for the next training session beginning in the autumn we especially welcome women and people from ethnic minorities. Our office has wheelchair access. For more details, please contact us by phone 0115 934 8485 or 01623 621515 7 - 10pm Mon - Fri or write to NLGS, 7 Mansfield Road, Nottingham NG1 3FB or nottingham@lgswitchboard.

let's talk about it

Nottinghamshire Domestic Violence Forum launched its information leaflet on violence in same sex relationships at Pride this year. We are enclosing a copy of the leaflet - keep hold of it. As many as a quarter of our community have had an abusive relationship so you never know when the information may come in useful for you a friend or family member!

We are still waiting for the launch of the national LGBT help line - more information as it becomes available.

Chrys, who looked after advertising in Lookout, is returning to Australia soon so we wish her bon voyage. This job has been taken over by Louise so to her a big welcome. If you would like to discuss rates please contact Lookout via the email address.

fsnet.co.uk

LOOKOUT! Is sponsored by CAMPIONS SOLICITORS

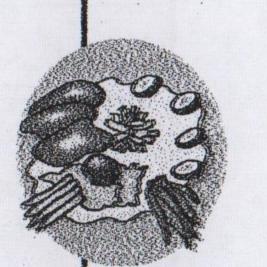
WOMEN'S SPECIAL EVENTS

International Food Day

At

NOTTINGHAM WOMEN'S CENTRE
October 9, 11am-3pm

Come and taste the Difference



30 Chaucer Street Nottingham NG1 5LP Telephone 0115 941 1475

WOMEN'S REGULAR EVENTS



Women's Café At George's Wine Bar



Want a relaxing evening out - why not try Nottingham's Women's Café. We take over the bar on the 2nd Tuesday of each month 7pm to 10pm

At George's Wine Bar

Broad Street

Nottingham

(opposite the Broadway cinema)

Future dates

14th September, 12th October, 9th November 2004

Eternity

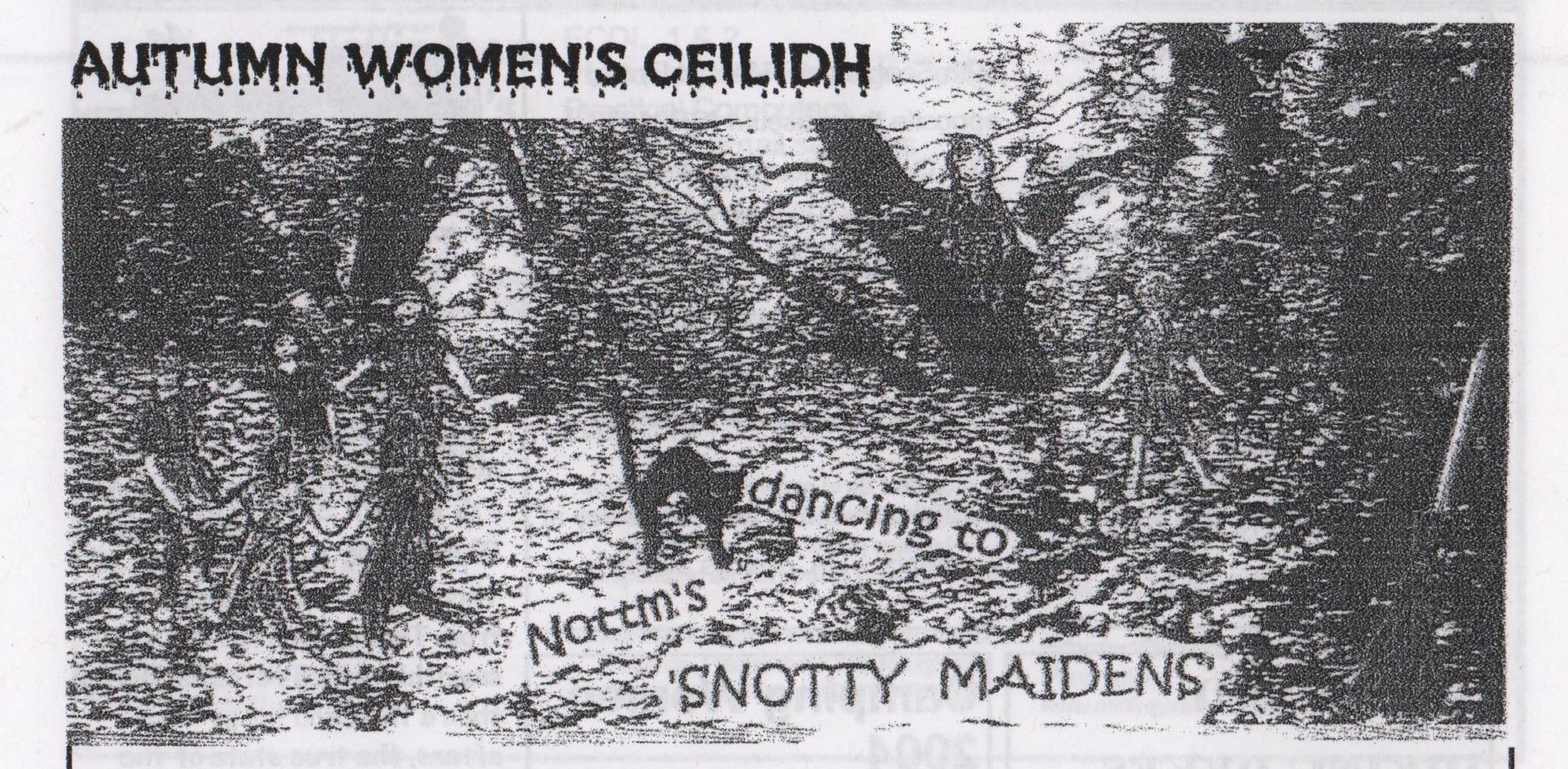
Last Saturday of every month

Contrary to popular myth fuelled by inaccurate rumour, we did not witness the last event in July. The full time manager is leaving but this is not going to herald the end of Eternity at

The Rotunda Café Bar Standard Hill Nottingham

So keep supporting this event and enjoy an entertaining evening with your friends.

Out & About



From 7:30 to 10:30 @ the Y.M.C.A. Shakespeare Street Nottingham

Saturday 23rd October 2004 £5 - £8 sliding scale

PLEASE BRING YOUR OWN REFRESHMENTS

HIDDEN TALENTS

Thursday 2nd September 2004

The Maze (entrance via The Forest Tavern on Mansfield Road)
Usually kicks-off at about 8:30 and kicks-out at about midnight
Tariff: £5 (waged,inherited wealth etc) / £3 concessions (lo-waged, students, JSA etc)

Another Hidden Talents is booked for 4th November 2004

Also at

The Maze on Saturday 20th November

The Very Good Rock n Roll Band

Walking Groups & other events

NOTTINGHAM HIKING DYKES

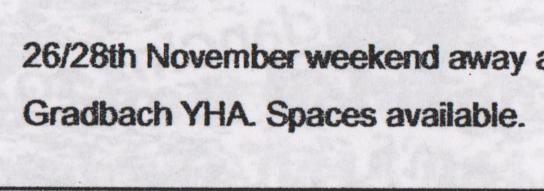
This is a walking group for female born lesbians only. They walk every month, usually the third Sunday, over 6 to 8 miles every 3rd Sunday of the month starting 10:30. Update on

www.nottinghamhd.homestead. com or the Lesbian & Gay Switchboard 0115 934 8485

19th September - Meet at Eyam, opposite the museum (GR216767) 17th October Meet outside the Peacock Inn, Rowsley, for a 7 mile walk above Bakewell and then tea at Rowsley Mill tea room. (GR255658)

21st November check for details

26/28th November weekend away at Gradbach YHA. Spaces available.



SHEFFIELD HIKING DYKES

Sheffield Hiking Dykes is a walking group for lesbians and women questioning their heterosexuality. More information about the group can be obtained by contacting: Deena on 0114 268 6409 or Kate on 0114 221 8426 All walks start at 10.30 am unless otherwise stated. Please bring a packed lunch and drinks for the day. Some of the walks are rocky and rough underfoot and/or climb quite high onto exposed areas so wear suitable footwear and bring a water-

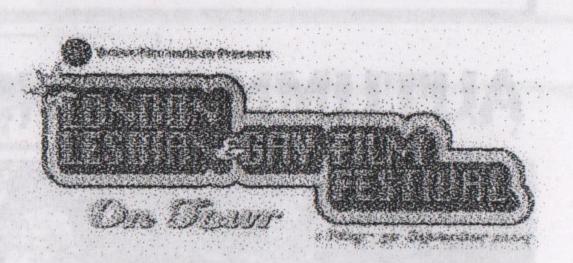
proof and something warm to put on.

Camping Women 2004

Campsites that have a minimum of running water, toilets and showers. Dogs allowed. Charges between £3 & £5 per night.

- 19 September 2004 Coniston Hall Farm, Coniston Lake District (GR304959)

For further details contact Hannah 0161 248 5355 Hannah@hml-roberts. freeserve.co.uk Christine 01246 435598 Christinegare@hotmail.com



If you missed out on the L&GFF at the Broadway in Nottingham there's still time to catch a showing of a selection of films from this year's Lesbian & Gay Film Festival on tour at the Metro, Green Lane, Derby from 7th to 30th September 2004.

Blue Gate Crossing

This exquisite teenage romance from Taiwan does not run smoothly, which reflects, better than a thousand happy-everafters, the true state of the adolescent psyche.

Mango Kiss

Light hearted lesbian romance. A young woman falls in love with her best friend. Top notch music, excellent acting, fine camera work as well.

Good Girls

5 lesbian short films. For times and dates phone the Metro 01332 340170 or check out the web site at www.derby.ac.uk/metro-cinema

Janis lan

Prolific singer/songwriter with a career spanning three decades

Thurs 30th September Newark Palace Theatre Main Box Office
01636 655755

Where's WAG gone?

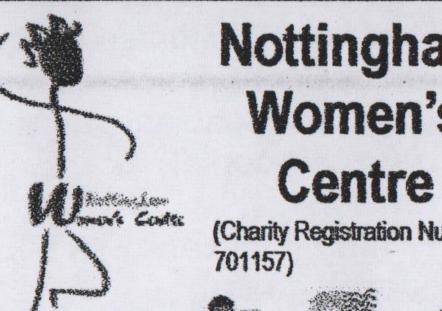
The lesbian social group that use to meet on 2nd Fri of the month at the women's centre appears to have folded. If any of the organisers have any more info can they let Lookout and the switchboard know.

Interesting web site

www.libertas.co.uk/links

Vagina Monoloques

13th - 18th September Royal Concert Hall Nottingham



Nottingham Women's

WOMEN'S CENTRE COURSES

(Charity Registration Number



TED Project A variety of courses including

Anger Management Assertiveness Confidence Building Hair & Beauty Yoga IT for Beginners English, Maths & IT

ECDL 1&2 Photoshop & Web Page Design **Practical Computers** Internet & email sessions English, Maths + IT To a set timetable Phone Sue or Nicola for details 0115 924 0041 Anette for IT courses 0115 947 5212

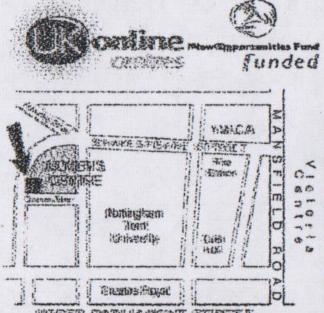
Wed 10-12 & 1-3:30

Drop in times:

Course fees will be free to all, but those not on a means tested benefit will be required to Tel: 0115 924 0041 or pay for exam fees where applicable (depending on the course from £5 to £25)

Some dates, times, courses may be subject to change. Please check with Reception 0115 941 1475 or call 0115 947 5212

Warmous Neybeards + mice, voice + enlargement software, large print, wheelchair access + adapted in partnership with



Free Careers Advice & Guidance **Free Business** Start Up Advice

30 Chaucer Street, Nottingham, NG1 5LP 0115 947 5212

Fax: 0115 947 6815 e-mail: tedproject@nottinghawomenscentre.com

Web site: www.nottinghamwomenscentre.com

SPORT

BADMINTON

This friendly, long running group meets twice weekly at Victoria Leisure Centre, nr Sneinton Market at the bottom of Hockley, Nottm. All skill levels are welcome and we are currently looking for new players to join us on Thursdays at 9pm and/or Saturdays at 9am Very reasonable fee only payable on day of play Contact Rachel on

0115 982 6952

WORKSPACES TO RENT for women starting up their own

Multi purpose, cheap rent, safe women only space, creche facilities, access to computers & other office resources. For more info & application Contact Sue Atkinson at the Women's Centre

30 Chaucer Street Nottingham NG1 5LP 0115 924 0041

SERVICES

business

REACH OUT for WOMEN — want to talk to someone? Need a break?

Try this Support Group Every Tuesday - 12 noon Creche for the kids Travel expenses paid

For further info ring 0115 977 0022 Pippa 0115 988 7276 Maxine Mobile 07764 822201

Review

Still rocking...Arnold was the surprising venue for the Guest Stars reunion tour in May. Older dykes may remember the band from the 80's. They were a unique womens jazz band that livened up many a benefit. Some original members are now performing with other groups including the Electric Landladies (of Libertas fame) and the Emma Peel Fan Club. Unfortunately publicity for the event was nonexistent so there was only a smattering of women at the Bonnington Theatres Jazz night.

The Guest Stars have issued a cd of their old songs available from www.amazon.com and are performing at the Lincoln Jazz Festival on 18th September

Contact detail 01522 873 894 www.newjazz5.co.uk www. blow the fuse.com