

CAMPIONS SOLICITORS

Free advice on any Accident claim,
Family relationships and Child
Disputes, Debt Advice, Low Cost
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Free Legal Advice
Free phone 0500 666 603
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LOOKOUT!

Jun Jul Aug 2007

Issue 43

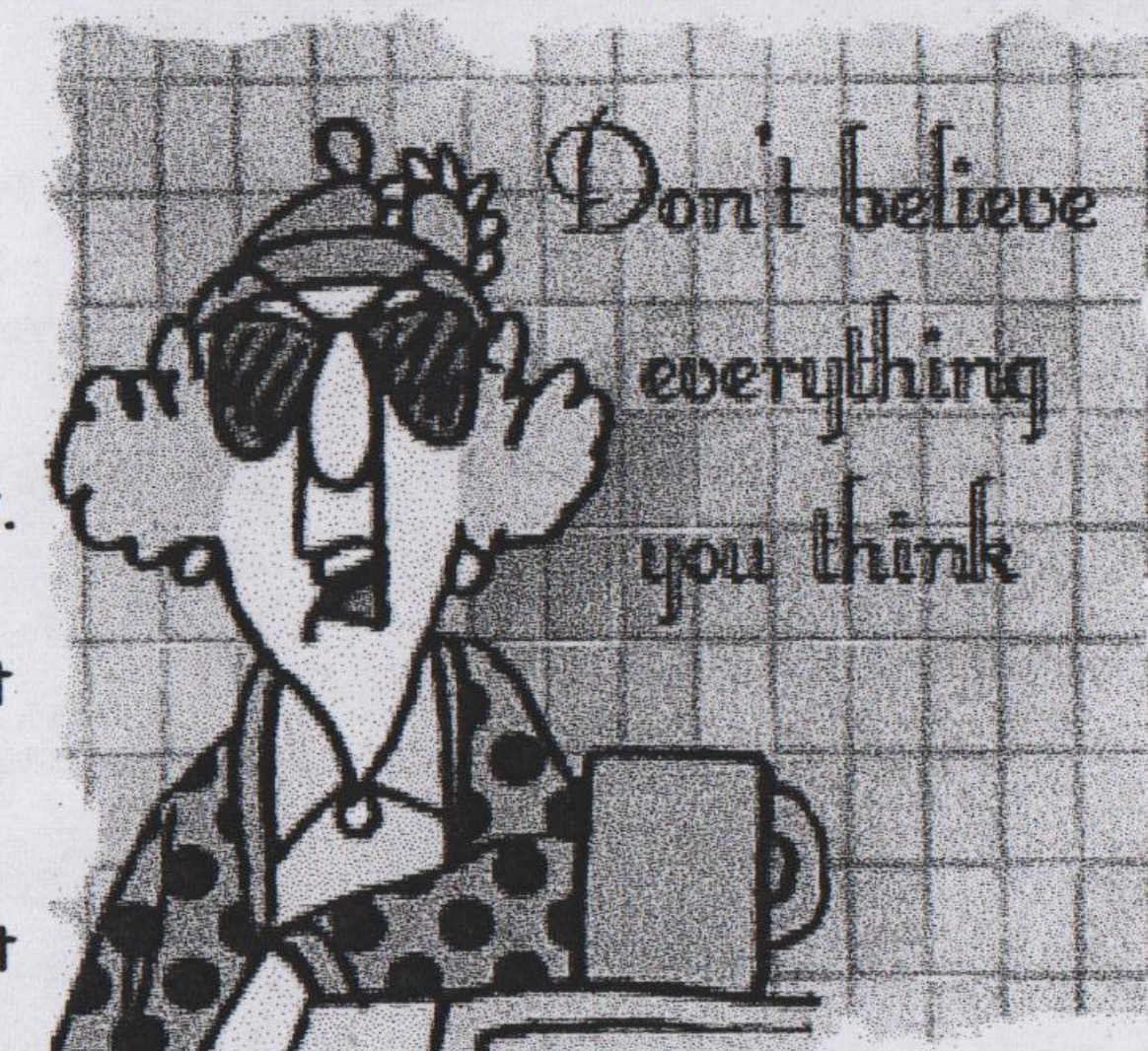
Editorial

Gud Moaning one & all — assuming your Postie has just popped Lookout through your letter box & you've instantaneously ripped open the envelope in gripped anticipation. Errrr, hello, what am I talking about? Anybody would think this is some meaningful contribution to the furtherance of the local gay community. O, if only! In your reality it might be 3am

and you're reading your emails, having just jetted back from half way around the world. We can be so parochial sometimes. And if my village is anything to go by the post arrives at midday. I guess not everybody sees the world the way I do — hang about do I perceive a brush with existentialism just around the next paragraph unless I exercise that

old black magic of social brain washing that keeps myself in check. Being of a certain age, upbringing & overall persuasion I have struggled with the (non)ability to believe *anything* I think for all the years I can remember with nothing in between concrete enough to effect

significant change. Having spent my formative years in the Flower Power era I firmly believed that it could be possible for everyone to live in peaceful harmony with each other, respectful of individual nuances: yet how I now admire today's young women who are far more prepared to have an opinion and not feel constrained to express it.



Where are we going with this train of thought? Well, there are people out there who care enough that they put a huge amount of energy into providing suitable venues for the rest of us to get together and have a great time; catch up with friends old & new; pick up a new squeeze or just get falling down drunk.

There's all sorts going on in June & July as you will see from the various adverts in the following pages. All you have to do is turn up and give your wholehearted support. You know what they say - **use it or lose it.**



Come and spend
**Saturday 28th July
2007**
in the glorious
Arboretum Park
12 noon till 6pm

Booking forms for stalls at Nottingham Pride 2007 are now available!
For more information or for a Stalls Pack, please email:
stalls@nottinghampride.co.uk
or contact by phone on 07825 248882.

Pride are on the lookout for volunteers on the day and before, if you would like to help out send an e-mail to volunteers@nottinghampride.co.uk

Advertise your business on this website for more details
info@nottinghampride

LOOKOUT! Is sponsored by CAMPIONS SOLICITORS

WOMEN'S REGULAR EVENTS & SPECIAL ACTIVITIES

PURPLE.UK CELEBRATE SOLSTICE

Sunday 24th June 2007 3pm til 1am

Starring
Clare Summerskill
'the lesbian Victoria Wood'
Plus supporting acts, DJs
and Film Show

Oceana
Lower Parliament Street
Nottingham NG1 3BB

Dress Code - Fairies and Goblins
Retail therapy - Stalls naughty and nice!
Prizes for best costumes
Free Bucks Fizz for early birds

Tickets £12 Advance Tickets

£15 on the door

Info and tickets from enquiries@purple.uk.com

Or call 0779 1177576

www.purple.uk.com

For Women Only

pink!

a purple event

New Venue - China China

Champagne & Cocktail lounge
Chapel Bar, Nottingham NG1 6JQ

June - New Venue launch

July - Belly Dancing*

August - Uniforms Night

Sept - 'Back to school'*

Oct - Pole Dancing Show*

Nov - Drag King Night

£5 entry (* £6 added attraction nites)

Enquiries@purple.uk.com

All on 0779 117 7576. More at www.purple.uk.com



For Women Only

L A F S

Lesbians in Ashfield

Friendship & Support

Would you like to meet other women who are lesbian, bisexual or uncertain of their sexuality? Come along to this informal group run by lesbians, for a confidential chat, gain information/support, make new friends and have fun.

Meet last Wednesday of each month
7.00pm-9.00pm

At Ashfield Womens Centre,
Diamond Avenue, Kirkby in Ashfield

In a safe, accessible, women only space
To find out more details phone Cheryl or Alison on
01623 473010 (Mon-Fri 9.30am-1.30pm)
Or leave your name & number confidentially on
07849 798802 & Alison or Cheryl will phone back



Women's Cafe

Derby's

Women Only Night

Upstairs @ Shades,

Green Lane, Derby DE1 1RP

(Opposite the Mogul)

Saturday 16th June 2007

7pm - 1am

Good food available with a veggie option
Early evening background music to chat to
followed by music to dance to.

For further information please email
lookoutmag@hotmail.com

Non smoking in the main room but smoking allowed
near the bar

Sporty bits & pieces

Twelve Years of Badminton

The woman's badminton group celebrates its 12th birthday this year. For 12 years women have been meeting to get fit, meet other women and have a good time. We have always welcomed all standards of badminton from those who have never played to skilled players. We have some old badminton racquets that are available for women to use. We still play twice a week on a Thursday evening and Saturday morning, although the cost has risen over the years to £1.55 per person. We usually go to the pub on a Thursday evening after badminton and to a cafe on the Saturday morning.

The women involved are a friendly bunch and over the years people have made friends and even met their partners at badminton (although we won't mention the ones that have since split up!). We have also had a number of badminton social events from the annual Christmas meal to the fancy dress competition where Cheryl came as a shuttlecock. Especially memorable was the badminton awards in a room in the Admiral Duncan when everyone got an award from the serious 'best individual shot' to the more light hearted 'best dressed player'. Helen and Cheryl were the bouncers dressed up in tuxedos, and more than one woman went outside to come in the room for a second time for a 'frisking' down.

Although nearly all the women who play are lesbians the group is for women, so feel free to bring along a straight or bi friend.

So if you have ever thought you would like to get to know some new women or that you really should do some more exercise, why not come down and join us on Thursday or Saturday for a game. We usually meet at 9pm and 9am at Victoria Leisure Centre and you can just turn up. However, occasionally this is changed if the courts aren't available or everyone is away on holiday. So to be sure, give Cate a ring on 07757 326633. Hope to see you there.



Women's FA Cup Final

The date, 7th May, Bank Holiday Monday - the venue, City Ground, Nottingham.
The event was: The Women's FA Cup Final between Arsenal and Charlton.

For East Midlands Ladies football fans this was a dream come true, a major match being held at a local ground, and how spectacular it turned out to be.

A massive crowd of 24,529 smashed the previous record for the Women's FA Cup competition. No doubt there was some support for each team, but what I witnessed from my seat was a real appreciation of slick and skilful football. Whenever either team created a good move and showed why women's football has progressed from being merely kick and rush and kick again, into a game that many professional male footballers would be proud to put their name to, the crowd roared them on, regardless of their colours.

We had lots of drama, with a goal coming after only 2 minutes, a quick cross from the right & a bit of a goalmouth scramble saw the ball bobble into the Arsenal net. Only 5 minutes later, Arsenal managed to recover their composure and it was Kelly Smith who stepped up to the plate, to take a thunderous free-kick which flew into the Charlton net, for the equaliser.

We didn't have to wait long before the Gunners were ahead, from a cross on the left, Arsenal skipper Jayne Ludlow prodded the ball home from fairly close range, beating her marker.

Just before half time we were treated to the most tremendous shot of the game, the move flowed down the left again, with a cross being cut out by Charlton's Karen Hills but as the ball dropped to Jayne Ludlow, she hammered it, on the volley & was rewarded with the sight of the net bulging as the ball smashed into the top corner.

Don't be fooled into thinking that Charlton rolled over to Arsenal because they put up a great fight, and showed true FA Cup spirit throughout the game. But it was the veteran striker, Kelly Smith who finally put the finishing touches to Arsenal's brilliant season, as she fired in a right foot shot into the far corner, to put the game beyond battling Charlton.

What a fantastic occasion, which was thoroughly appreciated by a discerning audience, who cheered from start to finish. Book your tickets for the next final now - it must have been the cheapest Bank Holiday entertainment I've ever had, and very much worth it in every sense.

CDs that can make a difference

All profits from the sale of this CD will go towards producing the next one

If you believe what you read in the press Nottingham is home to all the sins that the western world has to offer. Gangs, guns, knives, drugs, prostitution, the list goes on. However, there is much much more to this city and rather than moan to no end in a bar we decided to do something about it.

Soundcheck Nottingham is a blistering romp through Nottingham's live music scene. Featuring 18 slices of fresh talent drawn by merit from four hours of submitted music.

The album kicks off with NME rated Earth The California Love Dream. Their track definitely comes with a parental guidance warning. Everyone has a dark side.

Other highlights include TV OD, who have a kinda eighties electro feel stroking the hangovers of the decade. Sharp, sexy, short. TV OD delivers. Nottingham heavyweights Old Basford. No CD would be complete without them. Food in the Fields pulls off the difficult trick of having a retro kind of sound whilst retaining a crisp contemporary edge. Battle of the Bands winners, Dirty Kanvus with a bass intro to die for. Another track with an addictive hook. The first time we heard Jacqueline Jones we were just waiting for it to thrash out and it did not disappoint. The track maintains a delicate balance between hard and soft beautifully. Thousands of Reflections with a sound you can curl up with. Rich textured sounds with sublime lilting vocals. This is a very strong track dealing with complex mature issues.

The album closes with a blinding track. Huw Costin's Leisure & Technology, of whom James Endeacott (NME Yearbook) said, "It's like the third Big Star album mixed with The Stone Roses. It's an album - I can't choose one track. It'll make you cry"

To find out more about this album, listen to samples or buy your own copy visit www.area4records.co.uk
Soundcheck Nottingham, Areafour Records www.area4records.co.uk Price £7.99 (inc P&P)

The proceeds will go to Hereditary Breast Cancer Helpline

After spending the last few years raising money for the Genisis Breast Cancer charity, Chesterfield rock band Ovacast teamed up with DJ Becky Measures to record their "No Big Deal" single in aid of the presenter's cancer helpline charity.

Becky (25) chose to have a double mastectomy in 2005, after learning that she carried a gene which gave her a 90% chance of developing breast cancer.

Ovacast were so inspired by her story they wrote a song specially for her to sing and the proceeds from the record will be used to fund the Hereditary Breast Cancer Helpline she runs with her mum, Wendy Weston. Wendy was one of the first women to have a preventative double mastectomy because of a family history of breast cancer.

Earlier this year, the single crashed into the official singles chart at number 67 - ahead of Justin Timberlake (68), The Killers (70) and Avril Lavigne (73).

And now the campaigners, including bosses at Junction 29 Truck Stop, hope that spreading the word about the record will help raise even more money. "If all the drivers tell just one person in every town they visit about the single, it will be a fantastic help getting the message across" said Becky.

The Hereditary Breast Cancer Helpline gets 10,000 calls a year, but faced closure when the NHS said it was cutting funding for the £40,000-a-year project from March.

Derbyshire Primary Care Trust threw the charity a lifeline by agreeing to foot the bill for the next 12 months — but more fund-raising is needed to ensure the charity's long-term future.

Check out these websites www.beckymeasures.com / www.myspace.com/beckymeasures / www.ovacast.co.uk / www.myspace.com/ovacast

News, articles, forthcoming events, sporting fixtures, clubs, groups and any miscellaneous items of interest for the next issue of Lookout to
lookoutmag@hotmail.com by August 7th please

Interested in women's history?



Is anyone interested in a Women and History group in Nottingham? We are looking to set up a group that will take a radical view of women's history and explore areas of women's lives. It would be open to all, whether you are just interested in the subject, a student, researcher, or academic. You may be passionate about the subject, you may want to compliment your existing areas of study / interest or you may want to do something totally different.

Initial ideas will include
Talks from local historians on aspects of women's history
Talks from academics on their research areas
Discussions on current themes/ debates
Book study and discussion
Visits to places of interest

We hope the group will be interactive and fun, and covering the whole diversity of women's history.

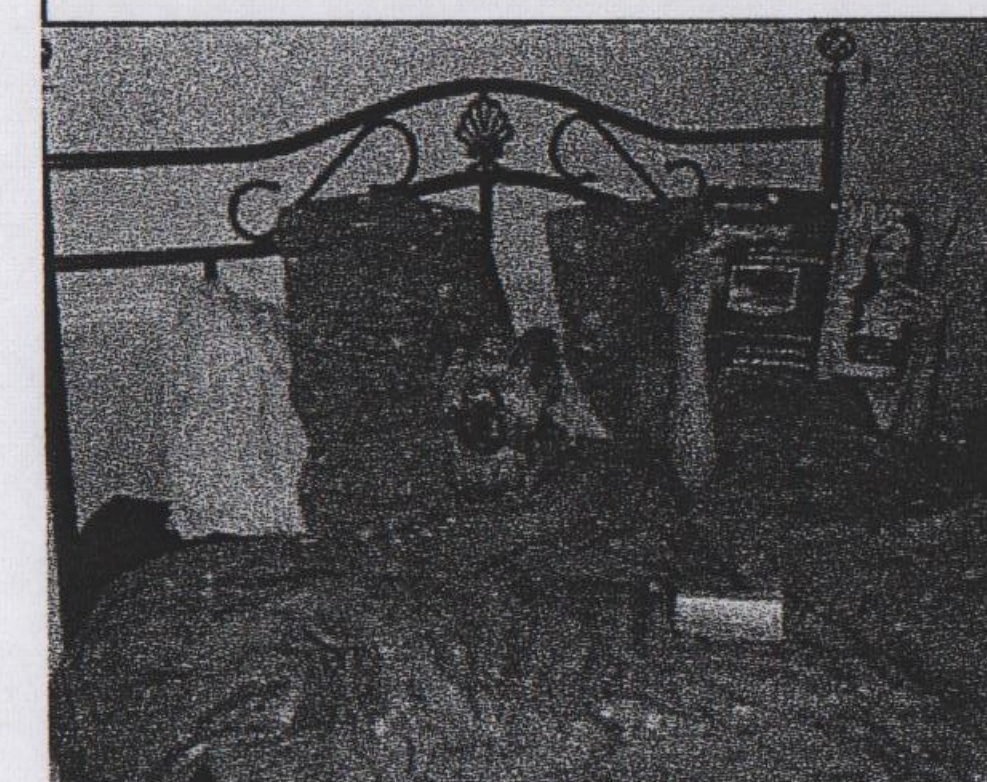
Does this sound of interest to you?

We have set up an initial planning meeting on 24th May 2007 – we welcome any thoughts/ ideas that you may have at this meeting.

We hope to set a programme of events started in September 2007

If you are interested in being involved in getting the group off the ground, or on the e mail list for when we get the programme underway please contact

Mo Cooper on mocooper@yahoo.co.uk, Tel 0115 969 3064



Reading lesbian books leads to a healthy social life!!

All donations from the recently launched book club at the Derby Walking Group is in aid of LOOKOUT contact magazine to help cover publication costs.

Due to recent additions, every type of book is now available to borrow (donation of 50p - £1), from modern lesbian romantic novels (Sarah Waters, Radclyffe etc) and erotica, to classics like The Well of Loneliness, Rubyfruit Jungle and Oranges Are Not The Only Fruit. Great books on feminism and politics too. With almost 200 titles, there has to be something for everyone. Each month a selection of the books is available at the Derby walk (first Sunday in the month) plus the full list for people to choose from if they prefer. The books will then be brought to the next walk.

Thanks to the readers in the Derby Walking Group, the first donation of £15 has been handed over to LOOKOUT.

SO KEEP ON READING!!!!
Derby Womens Walking Group 07786 803455

Walking Groups

(check out the webi for cool outdoor gear by post)

Lasses wot walk.com

NOTTINGHAM HIKING DYKES walk on the 3rd Sunday of the month.

17th June Meet in the car park above Milldale (near Alstonefield) GR136548 11am.

15th July Meet Grindleford cafe, Grindleford Station GR 251788. 6-8 miles 11am

19th August Beresford Dale, near Hartington. (GR117584). There will be a 7 or 8 mile walk (with a shorter version) and then afternoon tea at Mo's caravan 11am.

There will also be some mid week summer strolls. Details on the regular walks or by email.

Details of these and further walks from

Lesbian and Gay Switchboard 0115 9348485 or www.nottinghamhd.homestead.com



Derby Walking Women

Sunday 3rd June Youlgreave Meet outside the Farmyard Inn

@ 10:45 for 11:00 start—we hope to joined by women from the Manchester group.

(Walks are normally on the first Sunday of the month, each walk is organised by volunteer(s) and full details are given out the month before. The overall co-ordinators can be contacted on 07786 803455 or email lookoutmag@hotmail.com)

North Nottinghamshire Walking Group

This is a friendly group open to all Lesbian and Bi-Sexual Women living in or near North Notts.

Walks are held on the second Sunday of each month and are generally 4-8 miles long. The walk organiser suggests that all participants bring appropriate clothing, waterproofs & footwear, and refreshments for each walk.

Sunday 10th June Ollerton—Edwinstowe 5.5 miles. Meet at the tourist info centre by the main Ollerton roundabout A614/A616/A6075 GR651676 NG22 9DR

Sunday 8th July Rolleston 4.5 miles. Meet at the church, where there's on street parking nearby. GR742525

Sunday 12th August Farnsfield 4.5 miles. Meet at the Red Lion GR 646566 NG22 8EY Contact Julia 07961 847091 or Jenny 07950 84320 for further details. No long term walk programme, but you can email nnwalkers@yahoo.co.uk for the latest info.

The Peak Rufties

The Peak Rufties hiking dyke group aims to provide walks in the Peak District over a good distance, at a steady pace, and over more challenging terrain. We usually walk 10 miles or more, preferably away from well-trodden paths, seeking the less visited parts of the Peak District. Walks start promptly at 10.00am. For meeting points and more information, email: vivpointon@hotmail.com or jeanelle@degruchy.co.za and we'll put you on our contacts list.....sign up first to get details of walks planned for Sunday 26th May, 7th July, 4th Aug 2007.

SHEFFIELD HIKING DYKES

Sunday 27th May Over Haddon 8 miles. Meet Over H car park GR 203 664

Sunday 10th June Tideswell 8.5 miles. Meet at pay & display south of Tideswell on B6049 GR 154 743

The above details are as up to date as the info on the Sheffield Hiking website. A full & varied programme of walks throughout the year, for further details check out their website or phone Sheila (0114 2580211) or Deena (0114 2686409)



HELP

Nottingham Rape Crisis Centre

If you have been sexually assaulted and need help, information, or someone to talk to phone 0115 941 0440. Confidential, free and independent.

Run by women for women

Women's Drug Service

Free and confidential service for women who use, have used or are at risk of using drugs. Tel: 01623 785 444

Outburst! for lesbian, gay and bisexual young people up to 21. Meet at the Health Shop, Hockley, Nottingham every Friday 6pm-8pm. A space to meet other lesbian, gay and bisexual people.

Nottingham Police LGBT Consultation Group.

Meets every 3 months (usually at the Adams Building in the Lace Market). Representatives from local lesbian/bi groups are welcome. Details via Switchboard or the GAI Project.

Broken Rainbow Helpline 020 8539 9507 for lesbians experiencing abuse from their partner.

FLAME (Lesbians with ME support group). Social & support group for lesbians with ME/Chronic Fatigue Syndrome meets monthly. For more details contact Morag on 0115 916 2672 or email: morag-@ntlworld.com

Relate Nottinghamshire

The Relate counselling service is available to all adult couples experiencing problems in their central relationship, including gay and lesbian couples. Tel: 0115 950 7836.

Services include Family Counselling, Sex Therapy, Relationship Education and training courses

Nottingham LGBT Consultation Forum

(formerly Notts LGBT Community Voice) (and before that the LGB Forum)

meets every 3 months, and can be contacted via Switchboard (0115 934 8485), the GAI Project (0115 947 6868) or the City Council Action on Diversity Team (phone John Cowings on 0115 915 7244).

Health matters

Rachel is a registered osteopath with a practice in Leicester treating backs (phone 0116 2912807) and Belper (phone 01773 820220) at the Natural Health Centre treating back and neck problems, headaches, whiplash, sports injuries, sciatica, pretty much any aches and pains and stiffness of a musculo-skeletal nature. Covered by most insurance schemes.

Rachel is also offering women's yoga classes in Leicester on Tuesdays at

St.Anne's Church Hall, Letchworth Rd, Western Park LE3 7.30-9.00pm £5.00 per session.

Bring a mat/blanket to lie on.

Suitable for beginners, great for improving your physical and mental well-being, strength and flexibility.

Yoga postures, breathing and meditation.

Contact Rachel on 07877 320723

In addition to a class currently running in Belper

a mixed (that's women & men) yoga session is going to start in

Belper on Sunday nights

from 3rd June

7:30 till 9:00pm.

Contact Rachel on 07877 320723 for more details

Mutually beneficial opportunity from a different Rachel

FREE COUNSELLING - THAT WORKS!

Experienced, qualified counsellor (17 years, currently in NHS & H.E.) offering up to 4 free sessions to tackle phobias, anxiety, build confidence etc. The volunteer must be willing for 2 of the sessions to be filmed. The video will only be shown to examiners to enable the counsellor to gain a post-graduate practitioner qualification in The Human Givens Diploma. Log on to www.mindfields.org.uk or www.hgi.org.uk for further details if interested contact Rachel Winter 0115 982 6952

